



Arizona State Hospital

PHOENIX • ARIZONA

Annual Report

July 1, 1960 - June 30, 1961





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Cover and colored inserts from Arizona Highways Magazine.



Arizona State Hospital Board
Phoenix, Arizona

THELMA MCQUADE, CHAIRMAN
TUCSON, ARIZONA
JAMES McNULTY, VICE CHAIRMAN
BISBEE, ARIZONA
HENRY C. FULLER
PHOENIX, ARIZONA
DWIGHT G. HUDSON, D. D. S.
SCOTTSDALE, ARIZONA
W. A. COERVER
PRESCOTT, ARIZONA

R. A. CLELLAND
SECRETARY

The Honorable Paul J. Fannin
Governor of the State of Arizona
Phoenix, Arizona

Dear Governor Fannin:

It is with pride that we present the Annual Report of the Arizona State Hospital and thank you for your constant interest in our welfare.

As more and more concern is evidenced by the public in the Mental Health Field, the challenge is being met by State Hospital in its improvement and its maximum concern for speedy recovery of those needing the Hospital's resources. To the professional men and women who choose this field for their life work, we are indeed indebted. They are, and of necessity must be, a dedicated group. The State of Arizona should be eternally grateful for the magnificent progress made by Dr. Samuel Wick as Hospital Director, aided in every area by an exceptional Business Manager, Mr. Rod Clelland. Nor could we ever adequately express to the entire medical staff, the nursing staff, and all other departments of responsibility, our pride in their services.

With the tremendous increase in population in Arizona, the high costs of services and capital expenditures, it is a never-ending task to prepare adequately for the future. Much has been done and is being done to present to our legislature a true story of yearly need and we are grateful for their understanding of our problems.

The State of Arizona covers an area of 113,575 square miles, divided into fourteen large counties, which are dependent on the State Hospital (located in the geographic center of the State) for services. This works great hardships on patients and families who must travel so far for hospitalization and visits. The answer to this vital need is the establishment of Out-Patient Clinics and eventual Day Hospital service in strategic areas. The Hospital Board opened the way this year for the expansion of the Tucson Out-Patient Clinic which they hope will serve as a pattern for other sections of the State. This was made possible by combining the resources of the State Hospital, the Pima County Association for Mental Health, the University of Arizona program under a U.S. Public Health grant and a special line appropriation of \$25,000 from the State Legislature.

The Clinic in Tucson will open September 1, 1961, thanks to the generous gift of the Heller Foundation which secured the property for this specific purpose.

No sovereign State can ever be truly great unless it recognizes and accepts (along its path of progress) a growing responsibility to the social problems of its less fortunate citizens. More and more we must all come to accept the fact that we are in truth "Our Brother's Keeper."

Sincerely,

A handwritten signature in dark ink, reading "Thelma McQuade". The signature is fluid and cursive, with the first name "Thelma" starting with a large, stylized 'T' and the last name "McQuade" following in a similar cursive style.

Thelma McQuade
Chairman
Arizona State Hospital Board



Mrs. Thelma McQuade, Chairman
TUCSON, ARIZONA



James McNulty, Vice Chairman
BISBEE, ARIZONA



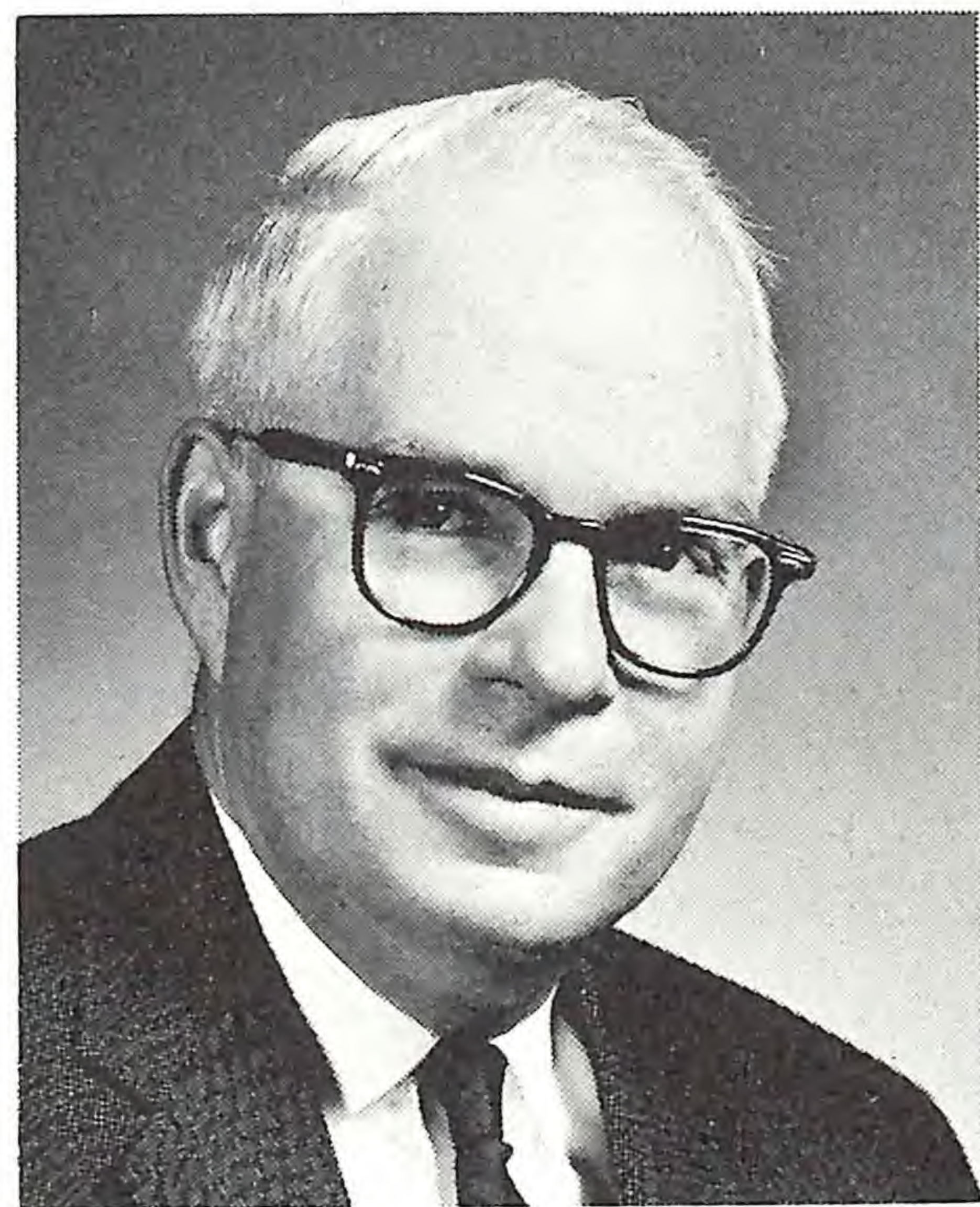
Henry C. Fuller, Member
PHOENIX, ARIZONA

arizona state

hospital board



Dwight G. Hudson, D.D.S., Member
SCOTTSDALE, ARIZONA

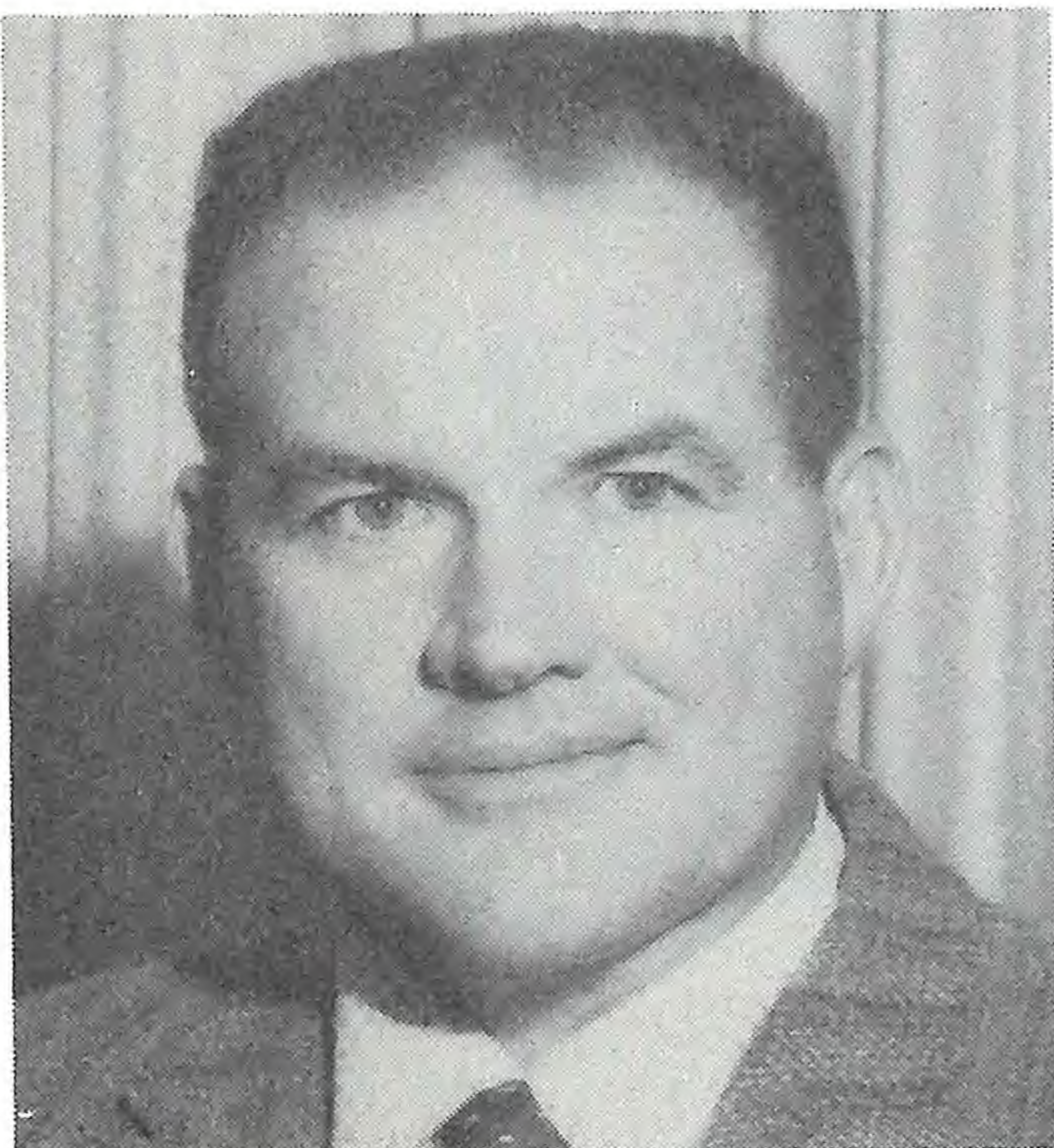


W. A. Coerver, Member
PRESCOTT, ARIZONA

administrative officers



Samuel Wick, M.D.
SUPERINTENDENT



R. A. Clelland
BUSINESS MANAGER



Mary E. Pittman, R.N.
DIRECTOR OF NURSING

Medical, Nursing and Therapeutic Staff

MEDICAL

Samuel Wick, M.D.	Director
Anne Marie Vogt, M.D.	Staff Physician
Dominic F. Zito, M.D.	Staff Physician
Rosolino LoCurto, M.D.	Staff Psychiatrist
Stanley A. Smith, M.D.	Chief, Medical-Surgical Services
Ludmilla W. LeMair, M.D.	Staff Psychiatrist
George Saravia, M.D.	Staff Psychiatrist
George Dorsey, M.D.	Staff Physician
Arnold Kendall, M.D.	Staff Physician
Douglass A. Haddock, M.D.	Staff Physician
Leo Rubinow, M.D.	(resigned 3-3-61) Staff Psychiatrist
Raymond Grossman, M.D.	(resigned 9-8-60) Staff Physician
Ira LaMont Casey, M.D.	(resigned 3-7-61) Staff Physician
Gordon Stonehouse, M.D.	(expired 5-30-61) Staff Physician

DENTAL

Robert A. Gwinner, II, D.D.S.	Dentist
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PSYCHOLOGY

Paul W. Brewer, Ph.D.	Clinical Psychology Director
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PHARMACY

Elias Schlossberg	Pharmacist
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NURSING

Mary E. Pittman, R.N.	Director of Nursing
Margaret C. Haggarty, R.N.	Asst. Director of Nursing, Nursing Education
Lois Pfefferbaum, R.N. (resigned 9-2-61)	Asst. Dir. Nursing, Nursing Education

SOCIAL SERVICE

Philip L. Gordon	Director
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CHAPLAIN

Rev. Paul W. Strickland

INDUSTRIAL THERAPY

Arlene Babcock	Industrial Therapist
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OCCUPATIONAL THERAPY

Lelah F. Adler, R.N.	Acting Director
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RECREATIONAL THERAPY

Shirley McEntee	Director
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MEDICAL RECORDS

Philipine Castellana	Librarian
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Consulting Staff

NEUROSURGERY

John R. Green, M.D.
Harry F. Steelman, M.D.
Hal W. Pittman, M.D.

NEUROLOGY

Betty G. Clement, M.D.

RADIOLOGY

Marcy L. Sussman, M.D.

GYNECOLOGY

Henry A. Siegal, M.D.

INTERNAL MEDICINE

Monroe H. Green, M.D.

PATHOLOGY

James D. Barger, M.D.

ORTHOPEDIC SURGERY

L. I. Tuveson, M.D.

GENERAL SURGERY

Rex O. Vaubel, M.D.

ANESTHESIOLOGY

Dana L. Harnagel, M.D.
John L. Ford, M.D.
R. J. M. Zeluff, M.D.
Alice Richards, R.N.

OUT-PATIENT PSYCHIATRY

Carl Breitner, M.D.
Maier I. Tuchler, M.D.

TUCSON OUT-PATIENT PSYCHIATRY

Warren S. Williams, M.D.

OPHTHALMOLOGY

Harry J. French, M.D.
Sheldon Zinn, M.D.

UROLOGY

Paul L. Singer, M.D.

TUBERCULOSIS

Bertram L. Snyder, M.D.

DERMATOLOGY

George K. Rogers, M.D.

PODIATRY

Dr. Samuel Mason
Dr. H. B. Seyfert

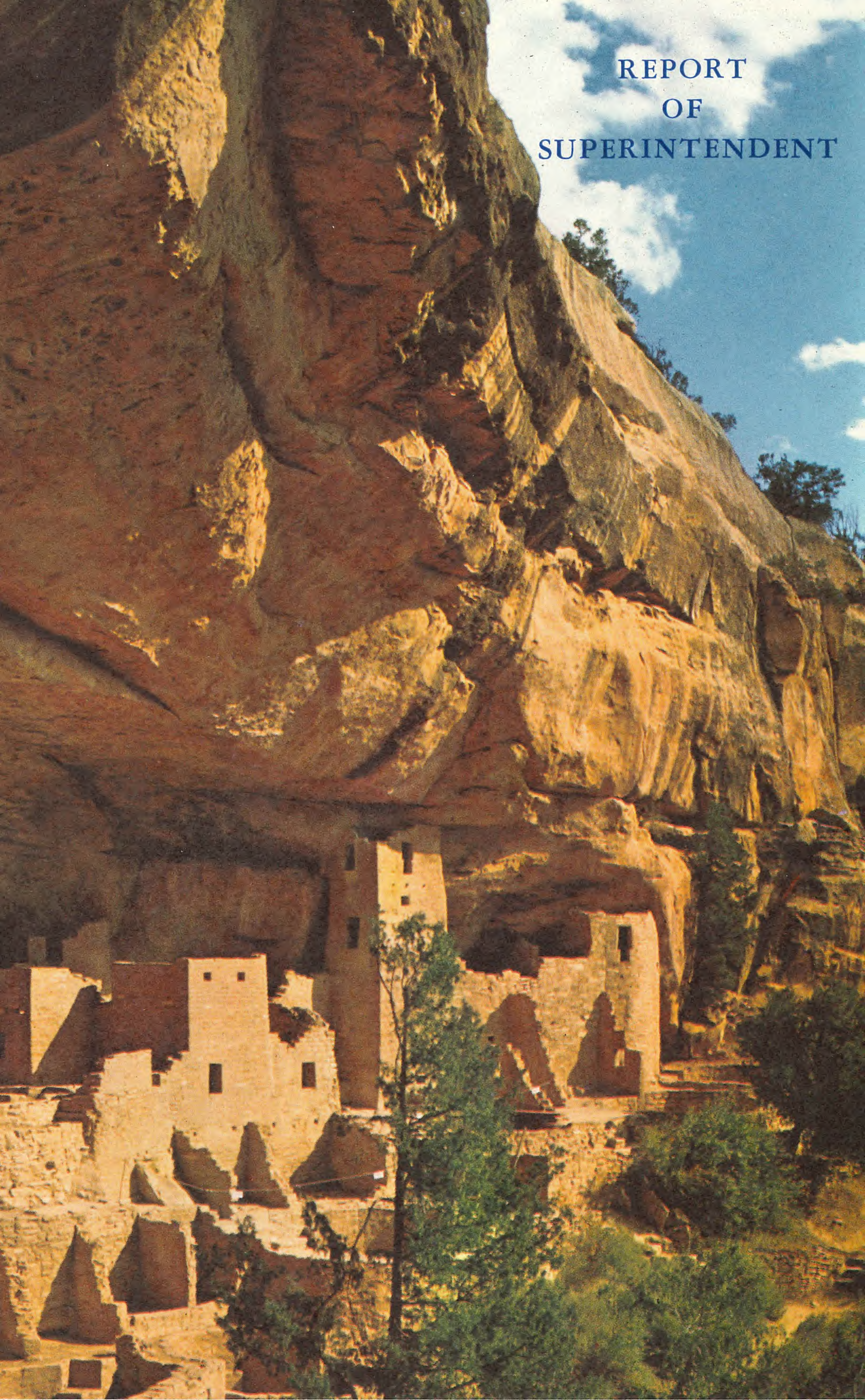


Governor Paul Fannin joins Hospital Superintendent Samuel Wick, M.D. and two former Hospital Board Chairmen on the occasion of the dedication of the Hospital's new Rehabilitation Center, Left to right — Mr. O. D. Miller, Governor Fannin, Dr. Wick and Mr. Sherman Hazeltine.



Outgoing Board Chairman, Walter Pulsipher, receives a plaque from his successor, Mrs. Thelma McQuade. The plaque expresses the appreciation of Board members for Mr. Pulsipher's work during his term on the Board.

REPORT
OF
SUPERINTENDENT





Report of Superintendent

ARIZONA STATE HOSPITAL BOARD

Mrs. Thelma McQuade, Chairman

I am submitting the Annual Report for the fiscal year 1960-61 with the anticipation of greater improvement and progress for the future even though the same problems have existed during this year. During the entire year our efforts have been directed toward providing our patients with the required treatment so that they could be discharged as soon as possible. The variety of treatment programs, the number of patients treated and the results are shown in the reports from the various departments.

POPULATION

The population of the hospital increased from 1,638 on July 1, 1960 to 1,664 on July 1, 1961. The total admissions increased to 1,776 compared to 1,534 during the previous year. There were 272 patients admitted on a voluntary basis which is approximately 20% of the first admissions and readmissions. This figure would indicate that more people are recognizing their need for treatment and are accepting the hospital as the place to receive this treatment. Of the total admissions there were 18% of the patients who were 65 years or older.

MEDICAL STAFF

During the year three staff members resigned and one deceased and three were employed. The position of Assistant Superintendent has been vacant for two years because the salary was grossly inadequate. The same problem exists regarding well-trained psychiatrists. All positions will require re-evaluation to determine a salary level which will attract psychiatrists to the Staff.

TREATMENT

All the approved treatments have been utilized to the extent that professional staff has been available. The outstanding deficiency has been in providing individual psychotherapy due to the lack of sufficient staff. This defect will be greater due to the increasing numbers of patients who are admitted and who could be helped by more individual therapy.

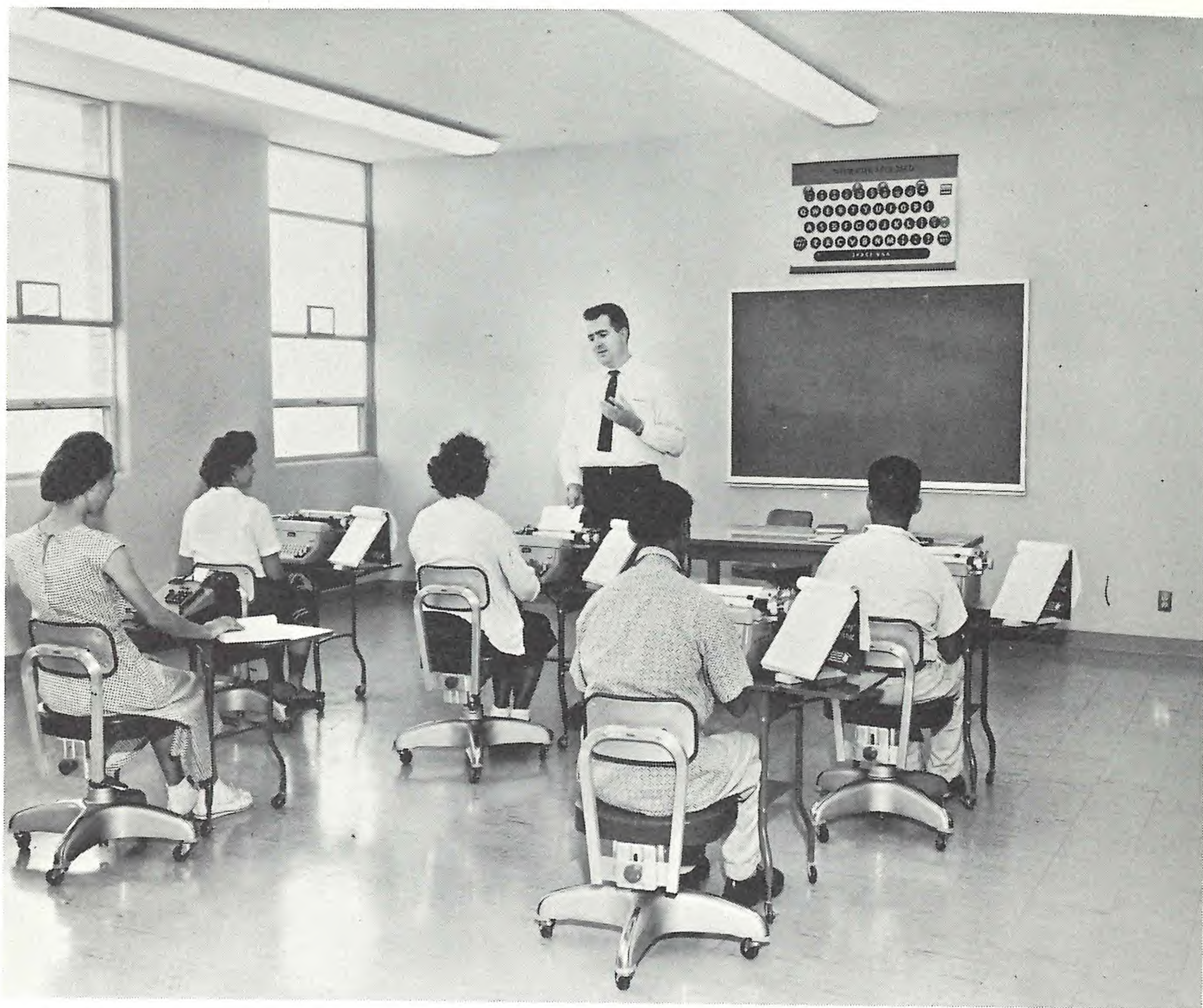
RESEARCH

The lack of trained personnel, facilities, and money prevents the hospital from establishing a research program. The staff presents a clinical evaluation of drugs and treatment methods which is helpful but not scientifically valid.

SPECIAL EDUCATION PROGRAM

The interest and concern of a family in our community for the problems of mental illness resulted in the Mental Health Foundation from which funds were provided to establish an educational program for the adolescents in the hospital. We are all indebted to these public-spirited citizens who recognize the need and

who provided the means to make this program a reality. The progress and the results are reported by the Special Education Instructor, but the value to the adolescents cannot be measured by statistics alone but must be evaluated by the personal contact and assistance that were given to them.



Special instructor with an early class in the new Rehabilitation Center, classroom.

OUT-PATIENT CLINICS

During the past year it has been necessary to increase the time allotted to the out-patient clinics which are conducted at the Arizona State Hospital.

The After Care Clinic is available three afternoons a week for the patients who are on Conditional Discharge or have received a complete discharge. Members of the staff are assigned to the clinic for these days.

The Mental Health Clinic is available one afternoon a week for persons referred from the community for psychiatric evaluation and treatment. Two psychiatric consultants from Phoenix provide the services for this clinic.

The Neurosurgical Clinic is available one morning a week for neurological disorders and convulsive disorders for diagnostic and treatment services; for both patients who had been hospitalized previously and for patients referred from various agencies or physicians. Three neurosurgical consultants from Phoenix provide the services for this clinic.

OUT-PATIENT PSYCHIATRIC AND NEUROSURGICAL
CONSULTATIONS:

	Hospital Patients	Out- Patients	Total
Neurosurgical Evaluations	41	69	110
Neurosurgical Re-examinations	15	317	332
Psychiatric Evaluations		131	131
Psychiatric Consultations of Out-Patients		384	384
Psychiatric Consultations of Conditionally Discharged Patients		1,768	1,768
Electroencephalograms	152	155	307
X-Rays	66	17	83
Surgical Procedures	17		17
Clinical Pathological Conferences (Patients)	48		48
Total	339	3,610	3,949

Indigent Out-Patients are referred to the Neurosurgical and Psychiatric Out-Patient Clinics by various agencies throughout the State such as Welfare Departments, Children's Clinics, Health Clinics, County Hospitals and Clinics, Juvenile Departments, Public School Doctors, Private Doctors.

The Tucson Out-Patient Clinic provides after-care services for the patients from Pima County who had been given a Conditional Discharge or a complete Discharge from the hospital. The report of the activities and contacts of this Clinic reveals the increase in the number of patients and their families who have been treated.



Consulting Psychiatrist and Social Worker discuss patient's record in the Tucson Clinic.

The Southern Arizona Mental Health Clinic will be established in Tucson during 1961 with the co-operation of the Arizona State Hospital, the University of Arizona, the Pima County Mental Health Association and the private psychiatrists in Tucson. Funds will be available from the following sources: Legislative appropriation, a Mental Health Project by the Public Health Service to the Department of Psychology of the University of Arizona, and the Pima County Mental Health Association. This Clinic will be the first adult mental health clinic in southern Arizona. The only other adult mental health clinic in Arizona is conducted by the Arizona State Hospital. Both clinics will be under the administrative direction of the Superintendent of the Arizona State Hospital.

PERSONNEL

There was an increase in the number of employees from 622 to 649 during the year. It was necessary to employ 298 people to fill the budgeted positions. The turn-over was reduced to a low of 43% but there were many employees who were employed for less than six months. The economic conditions in this area were less favorable and fewer jobs were available which in part accounted for the smaller turnover.

IT IS STILL DIFFICULT TO OBTAIN PROFESSIONAL STAFF DUE TO THE LOW SALARY SCALE.

At the end of the year, the Personnel Division moved into a new, air-conditioned building which provides adequate space and offices for its functions. The post office is located in these quarters.

BUILDING IMPROVEMENTS

During the year the following building projects were completed:

1. Building "A" was completely remodeled and occupied as an open ward for women who are participating in the Rehabilitation program. This is a two-



Open House — A-Building.

story building which has the dayrooms, activities, area for reading and writing, offices for nurses, social service and the physician on the first floor. The second floor has the sleeping dormitories, showers, lavatories, clothing room and linen storage area.

2. The rehabilitation addition was opened with facilities for all occupational activities, classrooms, pre-vocational activities and offices for the Rehabilitation Service. It includes a pleasant, light, air-conditioned patients' library.

3. The surgical facilities, including minor surgery, were enlarged and the central supply remodeled to provide adequate equipment and space.

4. A staff residence was completed.

5. The Coffee Shop (formerly the Canteen) provides adequate space with counter and booth service in a cheerful, light, air-conditioned building for patients, visitors and employees.

6. The Education and Personnel Building which houses the Nursing Education Department with offices and classrooms, the Medical Library and the Personnel offices with a waiting room and the Post Office was occupied.

7. The roof of the Power Plant is being replaced. A draft stack for the boiler is being added and adequate piping for the hot water from the boilers has been added.

The Legislature appropriated \$779,268.00 for the building needs of the Hospital to be used as follows:

1. Building "C" which will ultimately replace the present old inadequate Building "C." This building will be used for several purposes while changes in other buildings are being made.

2. General Services Building to house the offices of the Housekeeping Department, the Sewing Room, the Mattress Shop, and provide storage for furniture and other items.

3. Remodel the present Men's Receiving Ward to provide for a maximum security ward which will have adequate space and facilities to give these patients a better program in a therapeutic environment.

4. To make a topographical study.

NEEDED IMPROVEMENTS

Each year the long-range building program has been presented to the Legislature and each year a portion of the requests has been completed by appropriations. Gradually, the hospital structures have been remodeled or replaced so that a smaller list is being submitted for approval to the next Legislature.

The Hospital Farm was sold and the money was allocated to a Hospital Building Fund to be appropriated for needed structures at the hospital. A portion

of this Fund was appropriated during this fiscal year and the remainder is available for allocation for buildings by the Legislature.

The remaining building program includes the following:

1. Raze Building "D" and replace it with the Diagnostic and Treatment Building.
2. Facilities for the Southern Arizona Day Treatment Center in Tucson, Arizona.
3. Purchase the overhead electrical equipment.
4. Three additional staff residences.
5. Chapel.
6. Replace present dietary facilities.
7. Addition to Administration Building.
8. Remodel the Auditorium.
9. Remodel present cafeteria for warehouse space.

These improvements and additions will bring the hospital buildings up to the standard for space, sanitary facilities and equipment which are necessary to provide the therapeutic surroundings which are so important in treating the mentally ill.

It is well known that clean, pleasant, cheerful surroundings are valuable but it is essential to have an adequate staff of well-trained, devoted and interested personnel who utilize our present knowledge to provide the treatment programs which will help the patient. Mentally ill patients require people to help them toward the road to recovery. *Our most important deficiency* is the lack of sufficient professional and nursing personnel who can assist in the various therapies to reduce the time of hospitalization and provide the essential after-care to the increasing number of people who are admitted to the hospital because of psychiatric illness.

In order to match the improvement in buildings, it is necessary to recruit the professional staff by OFFERING SALARIES WHICH COMPARE TO OTHER WESTERN STATES and to add to the professional stimulation by increasing the EDUCATIONAL OPPORTUNITIES and by developing a RESEARCH PROGRAM. We can then be proud of the hospital as it will treat the mentally ill quickly and effectively; it will be an educational center; and it will offer the hope that research will produce greater knowledge and understanding of mental illnesses.

The devoted loyalty of our Volunteers is demonstrated by the increasing numbers who participate in the variety of programs and entertainments which they bring to the patients. They give many hours of their time and effort because of their interest and love toward their fellow man who needs the contact and friendship from the community. The Hospital could not function without the devotion and skill of all the employees as each one has a task and a responsibility toward the successful accomplishment of the therapeutic aim of the hospital. I thank each one for the assistance they have provided by their cooperation and loyalty.



Volunteer Worker, Mrs. Florence Heintz Woolsey, (left) and Mrs. Faith I. North, Executive Director of Maricopa Mental Health Association, show Dr. Wick the first of art works to be loaned to the hospital. The Association has arranged the loan to be made by the Phoenix Art Museum.

The family and relatives of patients express their feelings regarding the care and treatment within the hospital. There have been a number of complaints which are usually the result of the lack of sufficient personnel to give the patients individual attention. I am including a letter which expresses the attitude of a family and the spontaneous remarks of the attorney:

LAW OFFICES

PHILLIPS, JONES & PHILLIPS

FIRST NATIONAL BANK BUILDING

PHOENIX, ARIZONA

RALPH A. PHILLIPS
DAVID P. JONES
JOHN P. PHILLIPS



May 1, 1961

Dr. Samuel Wick
Superintendent
Arizona State Hospital
2500 E. Van Buren
Phoenix, Arizona

Dear Dr. Wick:

I am presently probating the estate of a deceased person who was prior to his death a patient at the Arizona State Hospital. His widow has informed me of the splendid care he received while in the hospital. She was constant in her visits and had the opportunity to observe your operation of this facility. You, your staff and all the employees are to be complimented.

Few people understand the problems that confront you; fewer have the occasion to observe the manner in which these problems are met.

In an area that so much needs patience, tenderness and tact, I am proud that I am a citizen of a state that can claim a State Hospital operated by persons possessed of these qualities. This widow's compliment has prompted me to salute all of you. The people working in our State Hospital may like to know their attention to intangibles is not going unnoticed.

Respectfully yours,

David P. Jones

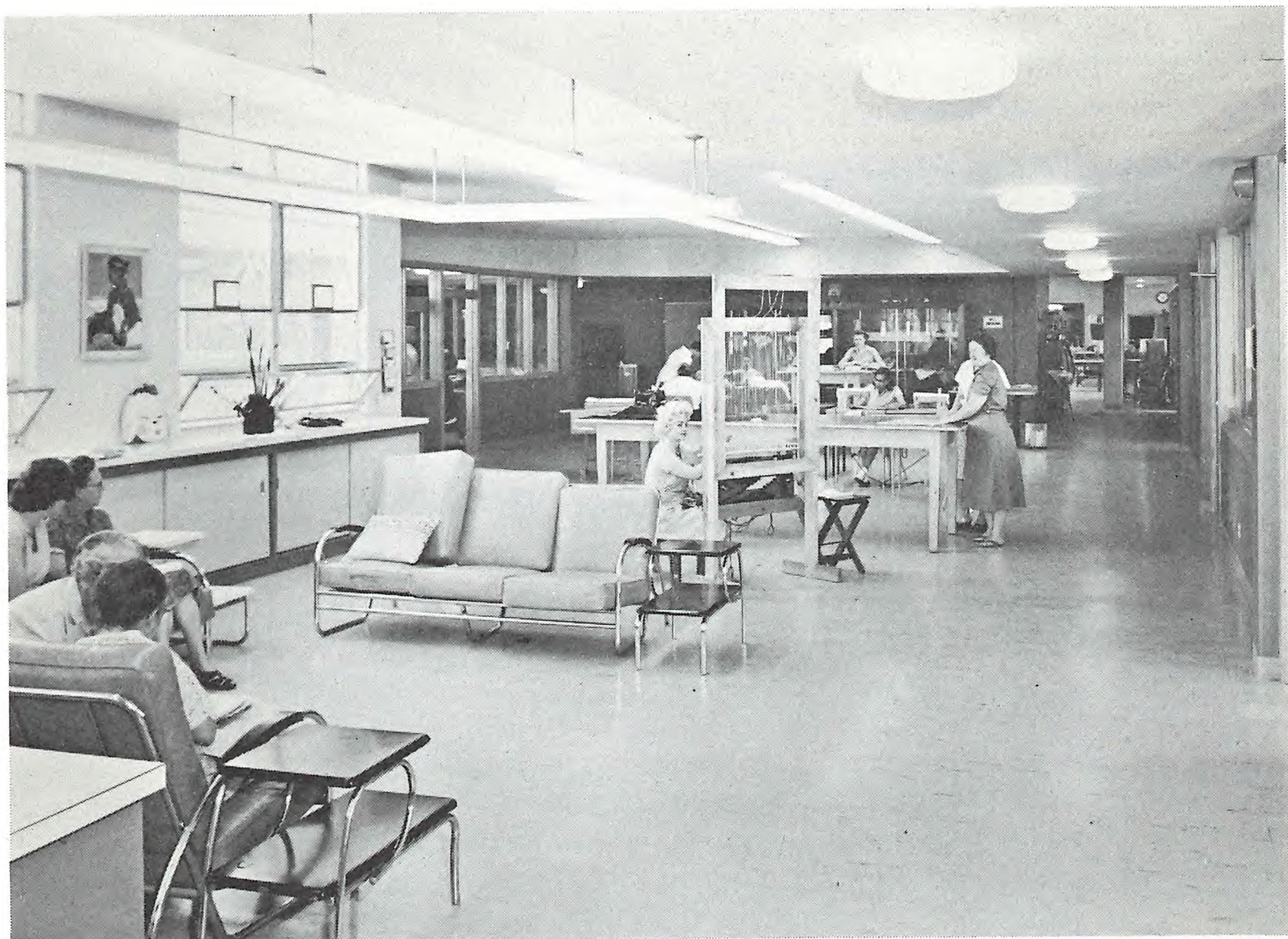
DPJ:GG

I express my sincere appreciation to the Hospital Board for their interest, their efforts and their advice which has been so valuable to the administration for the improvement of the hospital during the past year.

Respectfully submitted,

Samuel Wick

SAMUEL WICK, M.D.
Superintendent



A view of parts of the Occupational Therapy Department in the Hospital's new Rehabilitation Center.

Assistant Director's Report

Number of Staff Meetings held during year.....	172
Number of Patients seen at Staff Meetings.....	2,706
Surgery performed (not including NSU).....	49
Number of visits to Minor Surgery.....	708
Electro-Convulsive Therapy:	
232 males received 919 treatments	
677 females received 2,771 treatments	
Chiropody Clinic: Number of Patients seen.....	395
GYN Clinic: Number of Patients seen.....	1,041
Optical Clinic: Number of Patients seen	299
Out-Patient Clinic (Psychiatric Consultations):	
No. of interviews (ex-patients on C.D.)	1,768
Outside Referrals	515
Laboratory: Number of tests made.....	12,086
Physiotherapy: Number of treatments.....	23,670
X-rays taken	3,521
Number of deaths	163
Autopsies performed	51
Percentage of Autopsies	31.2%



The Consultant Podiatrist provides needed treatment to the patient.

Nursing Division

Throughout the past year Nursing has participated in the care and treatment of patients as their prime duty. This includes continued and increased use of "Remotivation" for patients, participation in self-government meetings of patients and participation, as directed, in Group Therapy.

During this second year of Charge Aide Meetings, each shift has worked on a common problem—that of Employees Performance Reviews. Their awareness of this tool in guiding, counseling, and evaluating employees has become more meaningful and useful to them.

Two other Conference Groups have met regularly during the year. These are: 1) Nursing Education Conference—comprised of those nurses on the teaching wards, Nursing Supervisors, and administrative members of both Nursing Education and Nursing Service. Their goal has been to devise, and put into effect written assignments for all personnel in Nursing; 2) Nursing Service Conference—comprised of all members of supervision, all registered nurses, including those in the Nursing Education Department. Their goal has been to revise a current form, adapting it to use in formulating a written Nursing Care Plan for every patient in the hospital. There has been progress, but it is extremely slow in this project because of the many other departments involved.

Two remodeled areas were occupied during the year. The revised A-Building houses in an open ward a number of women patients who are on a Rehabilitation program. This group is active in self-government. The other area occupied was Central Service, Minor Surgery (area where most medical clinics are held) and the major operating room. Central Service is responsible for all sterile supplies to the wards, plus other items that are used in the care of patients. The other two sub-areas speak for themselves.



New Sterile Supply Center.

In March, twenty-five employees were presented with pins in recognition of their training and conducting Remotivation meetings. These were given by Smith, Kline and French Foundation and presented to the employees by Dr. Wick along with a letter of commendation from him.

In the fall of the year, with the aid of Mr. John Keenan, office of Vocational Rehabilitation, a one day workshop was conducted on "The Role of the Aide in the Rehabilitation Process." The group leaders' discussions were most helpful to our employees (approximately forty attended) in their efforts in rehabilitation of our patients.

As a group, we in the Nursing Division, feel improvement in patient care has been accomplished, but recognize we could do much more with an adequate number of trained personnel. The "In-Service Training" could be of greater value for the employees in developing a better therapeutic community by adding to the supervision and leadership.

NURSING EDUCATION:



Office of the Director of Nursing Education.

The Educational Department has maintained the following nursing educational programs provided by the hospital:

1. Student Nurse Psychiatric Affiliation program. This program provided the basic fundamental and clinical experience needed by sixty-six student nurses from two diploma schools (St. Joseph's and Good Samaritan Hospitals). The program was again reviewed and approved, in February, 1961, by the National League for Nursing.

This course was also taken by three Graduate Nurses from other States and Countries who needed Psychiatric experience to qualify for Registration in Arizona.

2. Psychiatric-Mental Health Traineeship Program — is a pre-service program for non-professional nursing personnel. The purpose of this course is to provide the experience that will enable the Psychiatric Aide Trainee to acquire the attitudes, knowledge and abilities needed to give wholesome psychiatric nursing care to patients. Fifty individuals have completed this twelve-week course.
3. A thirty-two hour classroom In-Service program for Psychiatric Aides was given to help our employees develop a better understanding of patients and the best ways to meet their individual needs. Fifty-two Psychiatric Aides completed this course.

This course was made available to Non-Nursing personnel from other departments. Forty individuals completed this course.

A planned screening process is used in selecting persons for the Mental Health Trainees. This program has been able to supply basically trained employees to maintain good nursing care with fewer In-Service training programs. It is hoped that eventually the Trainees will supply all the Psychiatric Aides employed by the Hospital.

Our clinical facilities were used by Arizona State University, University of Arizona and Phoenix College Nursing Students to provide Psychiatric Nursing experience. These schools furnish instructors for their students and it is by a cooperative participation of Nursing Service and instructors that programs have been planned and executed.

The moving of the Educational Department and Medical Library into new adequate quarters should facilitate improvements in teaching programs and encourage continued study by personnel.



New Medical Library.

Improvements in the therapeutic environment, additional training programs, more employees trained in Remotivation, more open ward living for our patients are some of our goals for next year. Salaries commensurate with their duties and accomplishments to enable people to continue here in this career would enhance our level of nursing care.



An instructor demonstrating remotivation technique.

Social Service Department

From the date of admission and throughout the patient's hospitalization, the Social Service Department, through counselling and other services to both the patient and his family, attempts to alleviate familial, economic, and other social problems which may impede the patient's recovery and thereby delay the patient's discharge. The services of the health, welfare and employment agencies of the patient's local community are often utilized in making preparation for the patient's return to his home. After the patient leaves the Hospital, the Social Service Department provides counselling for both patient and family, and wherever indicated arranges for other community health and welfare agencies to assist the patient.

RECEIVING AND INTENSIVE TREATMENT SERVICES:

- 1703 Longitudinal life histories and interim adjustment reports (re-admissions and returns from conditional discharge) were secured; an increase of 15% over the previous year.
- 1075 Discharge plans were completed for the patient's return to his community. This number reflects the favorable response to short term hospitalization.

CONTINUED TREATMENT SERVICE:

- 265 Discharge plans were completed for patients who have been hospitalized for an extended period of time. Oftentimes long term patients lose contact with their family, friends and employers and are fearful of leaving the security of the Hospital. The Psychiatric Social Worker assists the patient in making this transition from the Hospital to the community.

GERIATRIC SERVICE:

- 165 Discharge plans were completed for patients over 65 years of age.
- 91 Patients of the above number were discharged as a result of a departmental project which was designed to assist those geriatric patients whose discharge had been uncertain because of complicated environmental factors, such as lack of financial resources, social, and health problems. Only seven of the 91 patients were returned and of this number three returns were due to inadequate community resources to provide for their physical health rather than the patient's mental condition. The graph below summarizes the years of patients' stay in the Hospital and the type of community placement:

GERIATRICS

Years of Hospitalization	0-1	1-4	5-14	15-24	25-34	35-44	45-54
PLACEMENT							
Nursing Home or Shelter Care	16	30	4	6	7	3	1
Family	9	9	2	1			
Friends	3						
TOTALS	28	39	6	7	7	3	1

OUT-PATIENT SERVICE:

The Social Service Department initiates the Out-Patient referral, prepares and sends discharge summaries and functions as the liaison between the Out-Patient Clinics, the family physicians and the local agencies assisting the patient.

Referral Summaries Prepared:

- 473 Arizona State Hospital Out-Patient Clinic, Phoenix
- 187 Arizona State Hospital Out-Patient Clinic, Tucson
- 9 Yuma Guidance Clinic
- 178 Private Physicians
- 125 Health and Welfare Agencies of local communities

When Conditional Discharges are to be terminated, the Social Service Department obtains the reports for medical review and carries out all necessary procedures.

326 Patients were given a complete discharge from conditional status.

INTERSTATE ACTIVITIES:

- 1118 Patients' residences were investigated.
- 255 Requests for residency verification were forwarded to other states.
- 134 Non-resident patients were discharged to return to their state of legal residence.
- 84 Patients were discharged and transferred to Veterans Administration facilities.
- 152 Transfer summaries were prepared to accompany patients.
- 11 Arizona residents were received from other states.

This department is responsible for the investigation of residence of all persons who are admitted to the Hospital. Interstate correspondence and requests for residency verification of mentally ill persons in other state hospitals are channelled through this department. This department also arranges for the transfer of patients to other state hospitals and Veterans Administration facilities.

UTILIZATION OF COMMUNITY RESOURCES IN DISCHARGE PLANNING:

- 125 Patients were discharged from the Hospital and received follow-up services from their local health and welfare agencies.
- 86 Patients prior to and after discharge received counselling and other services through the Division of Vocational Rehabilitation.
- 78 Patients received counselling and job placement through the Arizona State Employment Service.

The services of the other community health and welfare agencies are becoming of increasing importance to our discharge plans.

COMMUNITY RELATIONS:

The success of our geriatric program has been facilitated by the excellent cooperation given to the Social Service Department by the Maricopa Office of the

Department of Public Welfare. Forty-eight geriatric patients were able to leave the Hospital because they were accepted for Old Age Assistance. There has been an on-going program with the Division of Vocational Rehabilitation and the Arizona State Employment Service for several years with the number of patients receiving services from these departments showing a steady increase. A group of long term patients is being placed in sheltered workshops as a pilot study project. The cooperating agencies are endeavoring to help the patient re-establish himself as a self-sustaining person in the community.

Individual members of the department have been active participants in the Arizona State Welfare Conference and the North Central Chapter of the National Association of Social Workers. There was participation by the department in the planning of a three day workshop, "Mental Health Services in the Community," in Prescott. The Social Service Director has been an active member of the Phoenix Community Council and was selected to be chairman of the "Committee on Multiple Problem Families." During the past year two students from the Arizona State University were assigned to the Social Service Department for an observation course.

FUTURE PLANNING:

1. To provide consultation service to the health and welfare agencies in areas distant from Out-Patient facilities.
2. To provide orientation programs for other agencies as a phase of their in-service training program.
3. To develop and expand facilities in the community for care of the geriatric patient.
4. To increase the Social Service Staff of the Out-Patient Clinics to more adequately meet the needs of the growing number of patients on conditional discharge.
5. To increase the size of the Social Service Staff with skilled Psychiatric Social Workers, in order to provide more direct service to the needs of the individual patient, thereby facilitating an earlier discharge from the Hospital.



The Director of Social Service meets with his Psychiatric Social Workers.

Tucson Out-Patient Clinic

There has been a considerable increase in the activities and services rendered to patients and their relatives during the second complete year of operation of the Tucson Out-Patient Clinic. This increase can be attributed to two major factors: the community's increased awareness of the Clinic's existence and the rapid growth in population, resulting in more commitments and more discharges.

During this past fiscal year, a total of 344 patients were committed to the Arizona State Hospital from Pima County, primarily from the City of Tucson. A total of 304 Pima County patients were discharged during this same period of time, and 263, or approximately 77%, made use of the clinic facilities. Some of the others returned to their family physicians or private psychiatrists for further care, some left the state to establish residency elsewhere and a few do not receive follow-up care of any kind. Only 65 patients had to be returned for further hospitalization and a total of 80 were recommended for Complete Discharge.

Since attendance at the clinic, even by those patients who are on Conditional Discharge status, is conducted on a voluntary basis, it is significant to find such a large percentage taking advantage of the professional services available. It is indicative of the recognized need for such services and, in many cases, it manifests the absolute necessity for continuing the service if the patient is to remain outside the hospital. Of further significance is the fact that patients no longer on Conditional Discharge status, those who have received their Complete Discharge from the hospital, continue to request and use the clinic facilities. A total of 90 completely discharged patients were seen during the past year and 10 of them were patients who had been hospitalized prior to the establishment of the clinic. Through the facilities and preventive services of the clinic, these patients are being helped and further hospitalization is being avoided.

Except for the addition of a part-time psychologist trainee, made possible through a scholarship provided by the Pima County Mental Health Association, the Staff of the clinic has remained the same: one part-time psychiatrist (1 day per week), one full-time psychiatric social worker and a full-time secretary.

The following chart illustrates the number of interviews conducted by the professional staff with patients, relatives and others during the fiscal year.

NUMBER OF INTERVIEWS CONDUCTED BY PROFESSIONAL STAFF

	Patient (Cond. Disch.)	Patient (Comp. Disch.)	Released	Other
Psychiatrist	844	205	57	3
Psychiatric Social Worker	293	177	277	66
Psychologist (trainee)	112	14	46	—

In addition to these interviews conducted at the clinic, there has been a large number of home visits made by a group of student nurses from the University of Arizona School of Nursing, who have been under the supervision of their instructors and who meet with the psychiatric consultant of the clinic for weekly consultations. This program has been valuable to the patients and their families while, at the same time, it provides an excellent opportunity for the nurse to observe the psychiatric patient in his home environment.

Additional programs of this kind and more professional staff time will be needed within the near future as the clinic continues to expand.



State Office Building in Tucson, which houses the Tucson Out-Patient Clinic.

Psychology Department

The activities of the Psychology Department were greatly increased with the addition of two full-time training positions and one full-time staff position, although the latter one could not be filled. The pattern of activities followed the traditional functions of diagnosis, therapy, teaching, research, and consultation.

In the field of psychodiagnosis, there was little change in the total number of examinations administered — 478 — compared to previous years, although better methods were developed to meet the needs of the referring physician. Diagnosis examinations then became more sharply defined and clearer in purpose. Evaluations for Vocational Rehabilitation were continued.

There was a marked expansion of group therapy activities, with a total of 524 group therapy sessions, giving 75 patients monthly, on the average, an opportunity to participate. While therapy groups were mostly active on the acute intensive treatment service, one group for patients on the continued treatment service was initiated. Individual therapy was also increased to 65.

At the teaching area, substantial increase resulted in a total of 75 lectures and clinics. In addition, seven graduate psychology students from Arizona State University benefited by a partial internship training program. This year, for the first time, a student from the University of Arizona spent some time at the Hospital in a similar endeavor. The close co-operation with the Arizona State University was continued and one of their classes was offered on the State Hospital grounds again.

Consulting and research activities have taken up an increasingly larger proportion of the department's activities. They range from development and validation of employee selection methods to rating scale construction and research in the effectiveness of new medications.

The future program involves an expansion of the Group Therapy and other activities to the Continued Treatment wards. Equally urgently needed is a stronger emphasis on research activities. Research is required for a better understanding about basic questions of mental health and hospital procedures and to attract the bright young professional from the academic sphere to the Hospital grounds.

SPECIAL EDUCATIONAL PROGRAM

Our educational program has been in effect a little over nine months. During this time, a great deal of organization and administrative ideas have been explored. The original idea that the program would utilize the facilities of public instruction throughout the state has been fostered and much effort has been given to adjust and adapt our program in order that we may serve as many individuals as possible.

Upon establishment of this program, a great deal of time was spent by the instructor in familiarizing himself with the hospital's needs, facilities, organizational procedure and physical plant. Upon acceptance of the new Rehabilitation Building, in which the classroom is located, the thoughts and ideas that had been collected were put into use.

The juvenile patients of the hospital were of primary importance to our program and, therefore, those juveniles in the acute areas were given first preference in the program. At first only academic subjects were offered. However, as the program has progressed, typing and shorthand have been added to the program. With

the addition of the latter two, more adult patients could take part in our program and, as a result, we are serving a large number of adults, as later figures will indicate.

While setting up the actual program within the hospital, it was realized that certain steps must be taken to inform and to gain the acceptance of educators and educational systems throughout the state. This was done by letter and personal contact and it must be stated that some degree of success has been achieved. Several school districts have indicated that they would be willing to exchange educational information and assistance in order that a student of theirs, who may be a patient of ours, would not necessarily be hindered by his length of residence in the hospital. As time goes on, it is hoped that even further cooperation can be obtained through the State Department of Public Instruction since a state director of special education has recently been appointed. It should be stated that, with the cooperation of the State Department of Public Instruction, we have been able to administer the general educational development test which enabled a former patient to obtain a certificate of high school equivalency. This, I feel, is a tremendous step ahead and at the present time we are working towards obtaining a similar situation in regard to elementary certificates.

The following figures will indicate the number and types of people served by the program since last October. It is interesting to note that from October 1, 1960 to July 1, 1961, approximately 92 juveniles 19 years of age and under have been or are in residence at the hospital. Of these 92, approximately 40 have been or are in one or more phases of the educational program. We have had 16 individual shorthand students and 39 individual typing students, for a total of 55 individual students. These include both adults and juveniles.

The number of juveniles in the hospital and the number of adults in the hospital being served by the program by months are as follows:

Month	Juveniles in Hospital	Juveniles in Program	Adults in Program	Total in Program
October	36	18	0	18
November	39	18	0	18
December - January	38	16	0	16
February	40	16	16	32
March	38	22	21	43
April	35	16	20	36
May	38	13	18	31
June	40	13	12	25

It should be noted that the number of juveniles engaged in the program is not necessarily consistent with the number of juveniles in the hospital. This is, of course, due to the degree of involvement of the juvenile with the length of stay and type of treatment being given.

We have seen in the past few months a tremendous growth in our educational program. Many of the initial organizational problems have been solved. However, it is with certainty that we realize many more are ahead of us in the future. The fact that we have been able to graduate one student and serve a number of others is, I think, a tribute to all the staff and personnel of the hospital, for without the cooperation of all concerned, even our limited progress would not have been possible.

It is hoped that in the very near future the educational program will be able to expand even further and assist more people in all areas of the hospital.

Chaplain's Report

The role of the Chaplain is to "coordinate the religious activities at the Hospital and minister to the spiritual needs of the patients." The number of patients participating with benefit in these activities has increased as more opportunities have been provided. Patients are informed about the services available, and are encouraged to participate in those consistent with their own background: Protestant, Catholic, Latter Day Saints (Mormon) or Jewish.

1. Administrative Responsibility

The Hospital seeks to provide a community of health-producing resources. Therefore, policies regarding the religious program have been established to interpret how religious activities contribute to this purpose. The Chaplain is in charge of this ancillary service, and is responsible to the Hospital Director.

2. Worship

Worship services are provided regularly for the above mentioned groups in the Hospital Auditorium. Special activities are provided on individual wards, especially the closed wards. Local church groups often sponsor special social events. The Chaplain cannot take the place of one's own clergyman. Therefore, clergymen of all faiths are welcome to visit their members.



Worship Services conducted by the Chaplain in the Hospital Auditorium. Such activities deserve better housing, expected when a Chapel has been built.

3. Pastoral Care and Counseling

The Chaplain frequently visits those patients who are newly admitted, physically ill, critically ill, and others as pastoral care is indicated. Often individual patients are seen by the Chaplain at the request of the Medical Staff, other personnel, the local pastor or the family, or at the patient's request. This contact may be a specific part of the program of therapy supervised by the Medical Staff, though often it is a listening and supportive ministry. Also an article is written each month for the Sun Valley News in an effort to interpret healthy religion to patients, to personnel, and to the community at large.

4. Personnel Relations

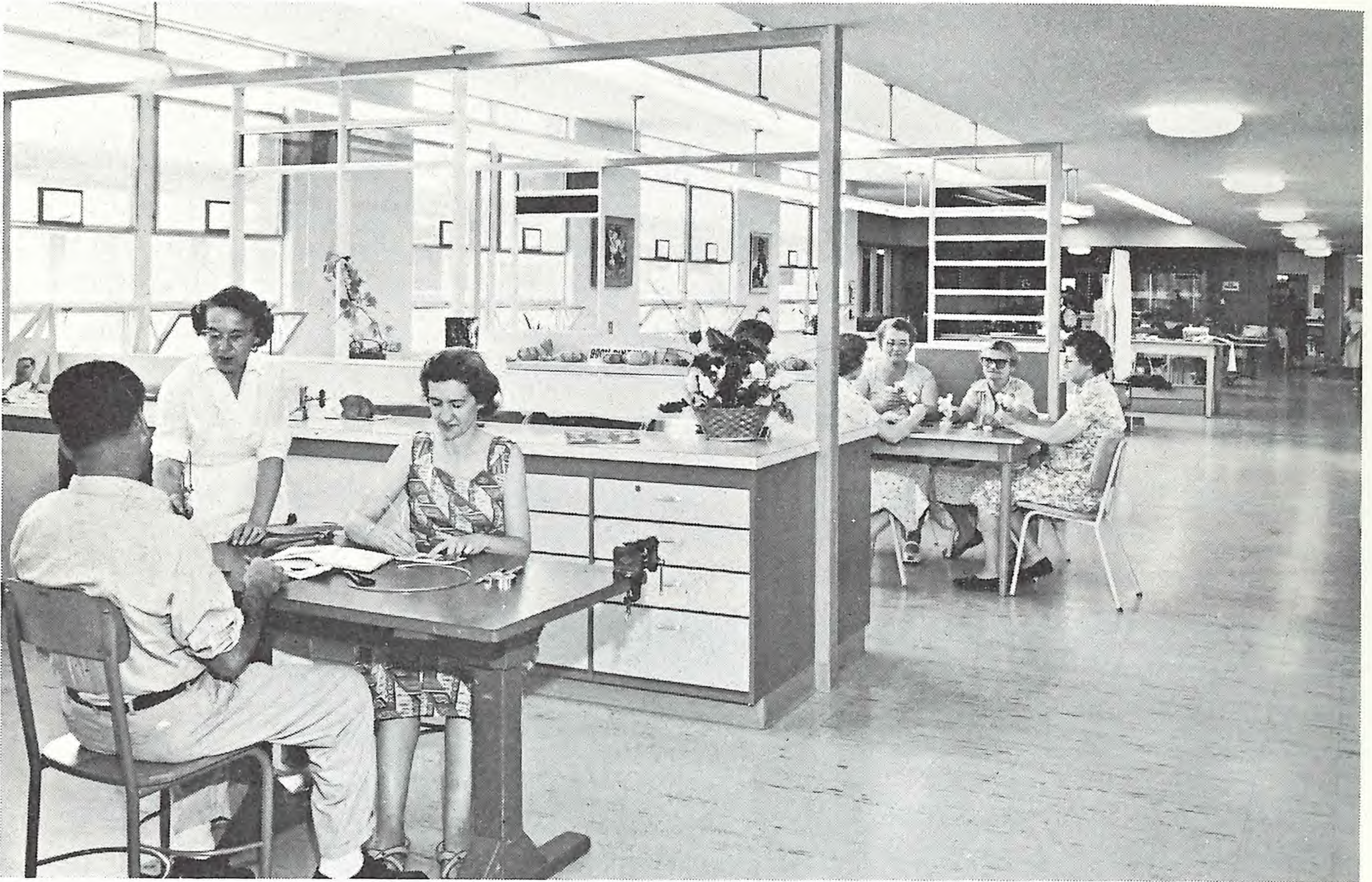
The Chaplain participates in Medical Staff Conferences; shares in the teaching program with trainees, psychiatric aides, and student nurses; and is involved in a spirit of teamwork with all departments of the hospital. He works especially closely with the Social Service Department. Occasionally, personnel seek counsel from him, especially in his capacity as Advisor to the Hospital Employees Association.

5. Community Relations

A one-day Orientation Clinic for the Clergymen of the state was provided this past year. The place of the church in the rehabilitation of patients was emphasized. The Chaplain spoke to numerous church and civic groups in a public relations capacity, frequently by arrangement with the local and state Mental Health Associations. These groups often came to the Hospital, not just for a tour or for learning; but to provide programs of visitation with individuals, or recreation with a ward. The Chaplain has also been an active participant with the Phoenix Pastoral Counseling Service, the Maricopa Academy of Religion and Mental Health, and Phoenix YMCA, and the Council of Churches fall leadership school regarding the church's responsibility to the Exceptional Person. He sometimes supplies in the pulpit for local pastors, using this as an opportunity to interpret the services provided by the state for those needing the program of the Hospital.

Occupational Therapy

The big event of this year for Occupational Therapy was the move into the new Rehabilitation Building. This was accomplished in October, 1960. The goal is to increase pre-job training so that patients will improve their skills before leaving the hospital for full-time employment.



A great variety of therapies is provided in the Occupational Therapy portion of the new Rehabilitation Center.

With two full-time therapists for ward programs, we have added two more wards covered by therapists who bring the program to patients unable to attend the clinic. The two therapists, with the assistance of our volunteers, are now utilizing this therapy on a total of thirteen wards.

Two new activities have been added to the clinic, plastics and bookbinding. Laminated plastic jewelry is an interesting and creative media with relatively small expense involved. Bookbinding will be utilized for book repairing for the Libraries and pre-vocational training.

The greatest area of expansion has been in mimeographing and printing. With the addition of new machinery, production has been greatly increased. The off-set duplicator can print at the rate of 9000 sheets per hour. Letterheads, office forms, bulletins, labels, reports and booklets are but a few of the many jobs that can be produced with professional quality. Many of the forms that were being printed by outside sources are now printed in the department with equal quality to commercial printing; also, with the convenience of having the job done when needed without waiting.



Art Room.

With this machine, the varityper, large paper cutter, folder, drill press and electric stapler, we now produce all the printing to meet the hospital needs with speed and efficiency. The area is used for rehabilitation and pre-job training.

One area that needs to be developed is photography. This can be used as a therapeutic medium and pre-job training. An additional therapist technician with training in this field will be needed.

STATISTICAL REPORT

	MEN		WOMEN		WARDS	
	Yearly	Monthly Average	Yearly	Monthly Average	Yearly	Monthly Average
Total Number of Prescriptions..	439	36.5	781	65	536	44.5
Total Number of Treatments....	6,905	575.4	11,165	930.4	5,940	494.1
New Prescriptions	387	32.2	684	57	332	27.6
Promotion to I.T. Full time.....	152	12.6	161	13.4	36	3
Dispositions	185	15.4	373	31	37	3
Transferred	31	2.5	101	8.4	167	13.9
No Progress	17	1.4	29	2.4	44	3.6

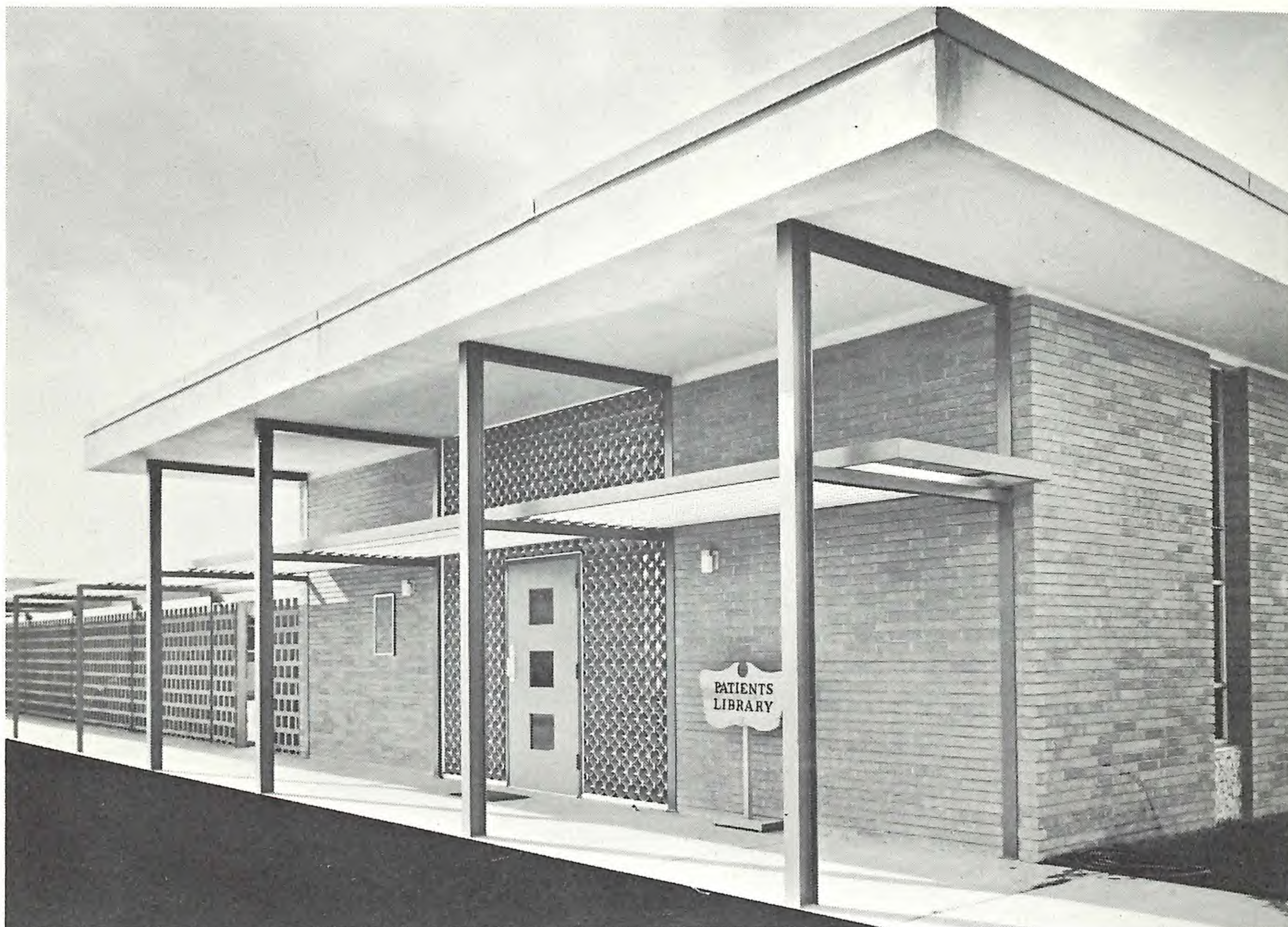
COMBINED TOTAL OF SHOPS AND WARDS

Total Number of Prescriptions yearly.....	1,756
Total Number of Treatments yearly.....	24,101

PRINTING AND MIMEOGRAPH SECTIONS

Total Number of Forms.....	664,000
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THE PATIENTS' LIBRARY



Entrance to the patients' new Library.

The Patients' Library is housed in the eastern wing of the recently-completed Rehabilitation Center.

Over 1,000 fiction books are on the shelves for Patients' use. Among selections available are such old favorites as: Twain, Kipling, Jack London, Zane Grey, and yes, Shakespeare; modern authors; Cronin, Aldrich, Hill, Norris and Hemingway have their place here also.

For the reader who enjoys the healing power of poetry, the library offers an adequate collection of both Classic and Modern poems. Those patients of little formal schooling and persons holding University Degrees, can obtain equal enjoyment by visiting the library.

That our patients may keep up-to-date in these rapidly changing times, the library receives the local morning newspaper, and a wide selection of magazines. Encyclopedias, World Atlas, Webster's unabridged dictionary, Roget's Thesaurus, Book of Familiar Quotations, World Almanac, well-illustrated books on Science, Aviation, Electronics, and other reference books, furnish information for the inquisitive reader.

The Librarian and the Library aid in the Educational program which is available for the adolescent patient. The Librarian is planning a program so that a variety of books may be taken to those patients who are unable to visit the Library.

Perhaps one of the outstanding contributions of the Patients' Library, is the pleasant atmosphere of peace and quiet so conducive to study, reading, and meditation.

Industrial Therapy

The program of Industrial Therapy has continued to expand during the past year. The number of patients engaged in Industrial Therapy shows an increase, the number of patients discharged from the hospital who were engaged in industry increased from 1087 to 1242, and the total number of placements made in industry increased from an average 323 to 350 per month. Ward personnel has continued to assist in activating many patients who heretofore had never participated in Industrial Therapy. This successful approach by many of the ward personnel gives evidence of a greater awareness to the therapeutic needs of the patients in regard to Industrial Therapy. Closer communications through Ward Meetings as well as other methods of communication between Occupational Therapy and Industrial Therapy, Social Service, and all other departments in the hospital, have resulted in still a better evaluation of patients in order to assist them from industry to outside placements and return to the community. The addition to the hospital of an Educational Director has been a great asset and benefit to many of the young people who are able to progress in an academic situation and to continue without losing touch with formal classroom work. The Educational program has also been of great benefit in integrating the Industrial program with the Educational in a broad program constructed for the future welfare of the patient in the community. A Librarian has been added to the hospital staff and, with the new Library, gives the patients a greater opportunity for study and cultural development. An additional employee has been added to the Beauty Shop which has been of great assistance to the department of Industrial Therapy since it is now possible for patients to engage in an assignment in the Beauty Shop for a full 5-day week, whereas before they were able to work only three days in that department.

The new rehabilitation buildings have afforded greater advantages and facilities for a closely integrated program of rehabilitation and offers closer communica-



The Industrial Therapist introducing patient to Department Head.

tions between the departments engaged in rehabilitative services. More effective work with individual patients has been accomplished through the enlargement of Recreational and Occupational Therapy, Library and Educational Classroom work.

The program of Industrial Therapy has continued to prove its value therapeutically and economically. More could be accomplished with the following expansion.

(1) An additional Therapist working in the department is needed more than ever before. There has been an increase in the number of patients each year. The following figures show the increase in Hospital population in the last year. Admissions for the previous year were 1534; admissions for the fiscal year were 1776.

(2) It is necessary to expand present industrial positions to accommodate the greater number of patients now participating. This expansion is especially needed in Engineering, where more personnel would assist in increasing the number of assignments, teaching, training, and individual supervision. Facilities offered by the Library, as it is presently set up, could also expand, enabling patients assigned to the Library for possible pre-vocational evaluation and greater cultural development, to retain their interests and skills in the area of higher learning, with more aesthetic qualities than other industrial assignments offer. The expansion of the Library facilities to the wards would provide books to patients who are unable to leave closed wards, keeping them interested and motivated; through which progress in their industrial programs could well occur.

(3) There is a need for photography and pre-vocational training areas leading to job placement in the area of Phoenix, such as specified training in sewing, engineering, laundry, and other industrial type positions.

Vocational Rehabilitation has participated in our Hospital Rehabilitation program more actively during the past year. Total number of patients placed in training under the auspices of Vocational Rehabilitation increased from 29 to 36, and the total number placed in job placements sponsored by Vocational Rehabilitation (the placements being made by the Arizona State Employment Service), increased from 70 to 76. The team approach and coordination of the Department of Vocational Rehabilitation and the Arizona State Employment Service has promoted more efficient methods of handling patients, eligible for job placements, and has been responsible for better planning which resulted in more suitable placements and more selective screening of patients. Much of this has been done through greater expansion of the Ward Meetings at which the Social Worker, Ward Physician and Industrial Therapist have been present.

	Total For Year	Average Per Month
(1) Average hospital census for the year.....	1654	
(2) Percentage of patients in Industrial Therapy.....	67	
(3) Number of patients discharged	1242	104
(4) Average monthly case load.....		268
(5) Total number of new assignments.....	1487	127
(6) Total number of re-assignments.....	2681	223
Total placements made (5 & 6).....	4168	350

REFERRALS FROM INDUSTRIAL THERAPY TO
STATE DEPARTMENT OF VOCATIONAL REHABILITATION

Total number of referrals.....	233
Total number in training.....	36
Total number placed in jobs.....	76
Total number in planned development.....	38

Vocational Rehabilitation

Excellent progress has been made during this fiscal year in the working relationship between the Division of Vocational Rehabilitation, the Arizona State Hospital and Arizona State Employment Service in their team effort to rehabilitate mental patients who have vocational problems.

By establishing a regular schedule and devoting more time to the hospital project an increased interest in Vocational Rehabilitation services has been developed by the hospital staff. The counselor meets with the Arizona State Employment Service representative, the Industrial Therapist and the Psychiatric Social Worker to discuss employment problems of patients leaving the hospital. Arrangements are made to register them for employment and to provide special services in job placement. The results of efforts made for employer acceptance of the mental patient have been very gratifying. Many employers have gone further than could be expected in their efforts to assist the patient in his readjustment. The number of patients placed on jobs during the year by Arizona State Employment Service has shown a remarkable increase.

The program appears to be gaining momentum at a satisfactory rate of speed and efforts have been made continuously to improve its quality. The Vocational Rehabilitation plan is designed to give the help that is needed to assist the patient in his readjustment to a vocational life in the community. This service, with its follow-up feature, should contribute much to the patient's successful adjustment and should reduce the chance of regression on the part of the patient which would make necessary his return to the hospital.

Greater care should be exercised in the selection of patients to be referred for Vocational Rehabilitation services. This would result in a great saving of the time devoted by Team members to marginal or questionable rehabilitation prospects. The quality of the program would be greatly improved, and the Vocational Rehabilitation Counselor could devote more of his time to patients in his active



Group discussing the further training of a patient when ready for discharge.

caseload, especially those who are actively engaged in a training program. Alcoholics must be active in Alcoholics Anonymous and should have demonstrated their will power by six months' abstinence from alcoholic beverages. Sociopaths are acceptable only in rare instances. Low mental ability, combined with mental illness, makes a very poor prospect for vocational training or job placement. Psychoneurotic patients who have required hospitalization are usually too unstable to benefit from a rehabilitation plan. Those who have experienced a psychotic break and have responded well to hospital treatment ordinarily make the best prospective vocational rehabilitation clients. They usually benefit most from the services offered.

STATISTICAL REPORT

Number of referrals	233
Number accepted	95
Placed in training	36
Placed on jobs	17
In active status	17
Rehabilitated	16
Returned to Hospital	6
Non-Hospital cases	6
Unemployed	1
Moved out of State	4
Number ready for employment	1
Rejected	111
Pending	44
Placed by Arizona State Employment Service	59

Recreational Therapy

Recreation takes its place along with health, education, work and religion as one of the five essentials in every individual's personality and every community's social well being. Therefore, it has an important place in the treatment of the mentally ill: Its primary purpose is re-creation and its first requirement, therefore, is that it be creative, spontaneous, and free. The department is set up with an emphasis on informality to aid in the socialization for the patients.

Seven years ago the department consisted of a small one-room affair on the recreation field, which housed all of the equipment as well as personnel and patients assigned. Today we have an air-conditioned recreation lounge and ample space to provide more activities for patients.



Patients and Recreational Staff at an afternoon dance program.

One room is set up for gymnastics. Classes are held in the mornings and afternoons daily. Equipment consists of stall bars, side horse, parallel bars, weight-lifting bar bells, and various muscle builders. The classes continue for three weeks and then a new group is started. Eight to twelve patients participate in each course.

The main room in the lounge has sufficient space so that patients may play shuffleboard, table tennis, dance, play table games or just relax. Another room is set aside for music appreciation.

The recreation band has continued to grow in popularity. Jam sessions are held three times a week in the lounge with forty to sixty patients participating. Twice a week the band plays on four of the geriatric wards.

Our summer program started with the annual picnics held for patients assigned to Industrial Therapy. They were taken on all day outings to Butcher Jones Beach, Oak Flats Recreation area in Superior and Indian Gardens in Oak Creek Canyon. Every Monday afternoon throughout June, July and August, twenty-four selected patients were taken out on afternoon swim sessions. Every Tuesday evening 200-250 patients come to the recreation field to participate in activities.



Play day on the Recreational Field.

Once a week a small group of patients is taken into Phoenix on a shopping tour. This group has the responsibility for buying items for all the patients on their ward.

Twice a week patients receive golf instructions. The hospital now has a nine-hole putting green with sand trap and pitching area.

Through a continued grant selected patients are still receiving two hours of dance instruction on a weekly basis from professional instructors.

This year 600 patients had the privilege of attending the State Fair. Transportation is provided by city busses. They leave the grounds early in the morning and return in the afternoon after a full day's outing on the midway performances; and last but not least — plenty of goodies to eat.

VOLUNTEER SERVICES:

At present the department consists of the Director, three therapists, and three recreational aides. With an average patient load of 1,650 at all times, it is impossible for us to reach all of the patients. Hence we are proud to state that our volunteer ranks are still growing. With better knowledge of mental illness it has



Red Cross Volunteer Grey Ladies with Dr. Wick in the new Rehabilitation Center.

been easier for the department to orientate the groups. A therapist is with each group for at least three activities. After that time most volunteers are able to carry on a ward program without assistance.

This year we have interested several organizations in holding educational classes. They have set up classes in hair styling, proper use of make up, the cost of clothing and what to wear on different occasions. Professional people in each field are hired by the volunteer groups to demonstrate. These classes are held mainly on the Intensive Treatment ward and have been well accepted by the patients.

Throughout the Yuletide season many civic and service organizations provide parties and programs for the various areas of the hospital. The Veterans' organizations, church groups, sororities, and others, to name a few, generously contribute of their time and effort to insure a festive holiday for all. We were able to cover twenty-nine out of thirty-one wards which was a total of 1,598 patients. Other groups presented entertainment in the auditorium. We can never express enough thanks and gratitude to all of our loyal volunteers. Without them we would be unable to provide a well-balanced program. Members of the staff know that you

receive gratification by helping these people who, under the present circumstances, are unable to help themselves. It is hoped that the Christmas Spirit will prevail throughout the whole year.



Hospital Chaplain and Superintendent receive a donation for patient welfare from a representative of B'nai Brith.

PUBLIC RELATIONS:

Personnel in the department has lectured to many organizations throughout the State on "Volunteers in Mental Hospitals."

The department was represented at the Southwest District Convention of the American Association for Health, Physical Education and Recreation.

Two employees had the privilege of sitting on a panel for "Hospital Recreation" held in Yuma at the eleventh annual convention of the Arizona Recreation Association. The opportunity arose at this time to enlighten many groups throughout the State of Arizona and California on the recreation program here at the Hospital.

FUTURE PLANS:

It is the hope of this department that in the near future enough funds can be appropriated to build a swimming pool large enough to accommodate the average load of patients. Swimming is an excellent treatment for many mental illnesses. With proper facilities and supervision, it would be considered a therapeutic addition to our present programs.





Medical Records Report

	MALE	FEMALE	TOTAL
In Hospital 7-1-60.....	821	817	1,638
On Conditional Discharge.....	170	391	561
On Unauthorized Absence.....	19	9	28
TOTAL ON BOOKS.....	1,010	1,217	2,227
ADMISSIONS			
First Admissions			
Commitments	340	292	632
Voluntary	74	100	174
Observations	14	15	29
Medical Certifications	148	135	283
(Including Emergency M.C.)			
Readmissions			
Commitments	71	72	143
Voluntary	30	68	98
Observations	2	1	3
Medical Certifications	15	28	43
(Including Emergency M.C.)			
Returned from Conditional Discharge.....	98	200	298
Returned from Unauthorized Absence.....	43	30	73
TOTAL ADMISSIONS	835	941	1,776
Total Patients Treated.....	1,656	1,758	3,414
SEPARATIONS			
Complete Discharges	339	334	733
Conditional Discharges	258	490	748
Unauthorized Absences	64	43	107
Deaths	93	69	162
TOTAL DISCHARGES	814	936	1,750
Discharged while on Conditional Discharge.....	105	221	326
Discharged while on Unauthorized Absence.....	15	8	23
Deaths on Conditional Discharge and U.A.....	7	6	13
TOTAL	127	235	362
TOTAL SEPARATIONS	941	1,171	2,112
In Hospital 6-30-61.....	842	822	1,664
On Conditional Discharge	221	454	675
On Unauthorized Absence	22	14	36
TOTAL ON BOOKS.....	1,085	1,290	2,375

TOTAL NUMBER OF PATIENTS ADMITTED TO ARIZONA STATE HOSPITAL DURING THE PAST TEN YEARS

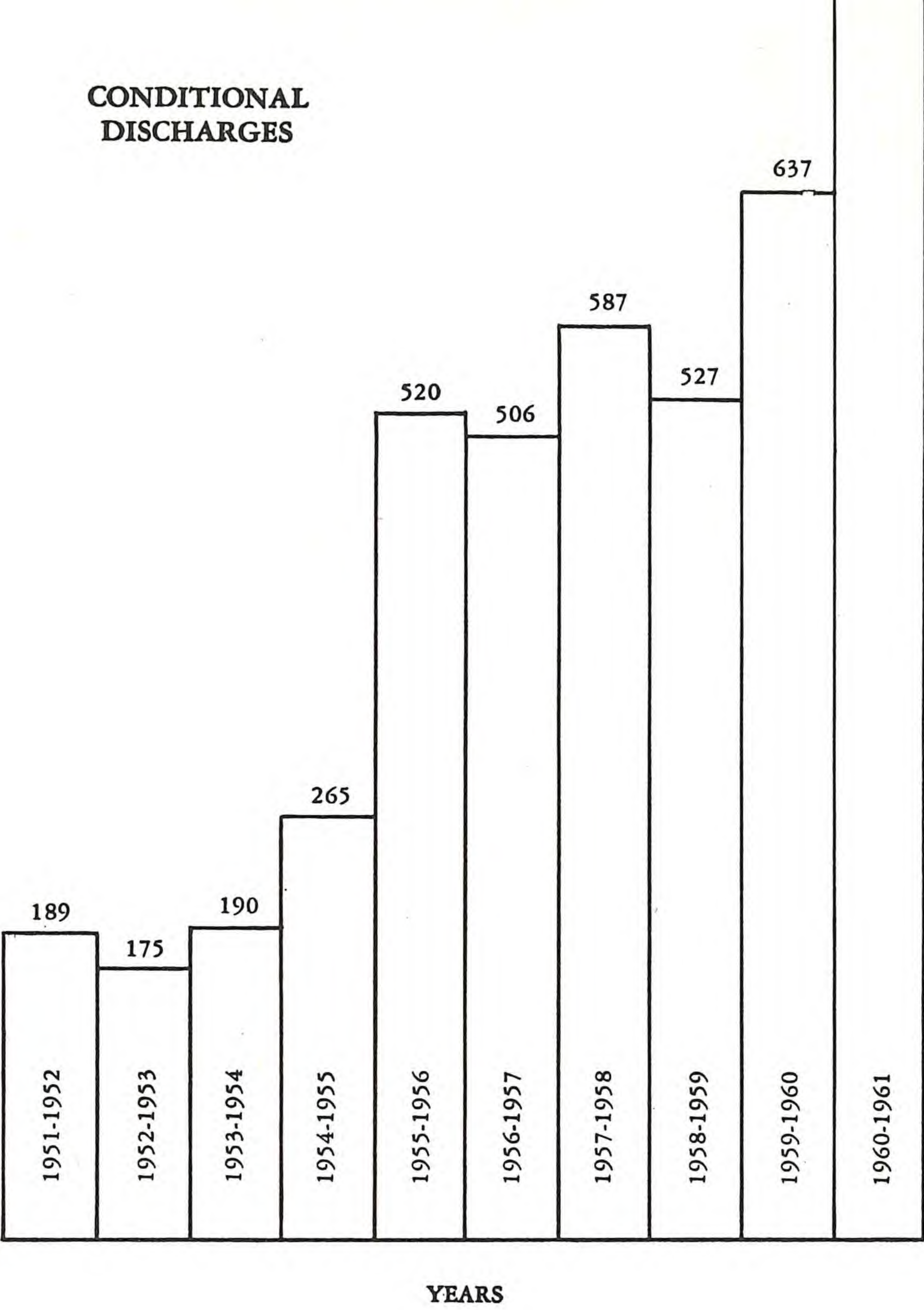
	MALE	FEMALE	TOTAL
1951	391	335	726
1952	474	355	829
1953	396	299	695
1954	503	442	945
1955	544	518	1,062
1956	496	524	1,020
1957	631	585	1,216
1958	620	703	1,323
1959	749	785	1,534
1960	835	941	1,776
TOTALS	5,639	5,487	11,126

Mental Diagnosis

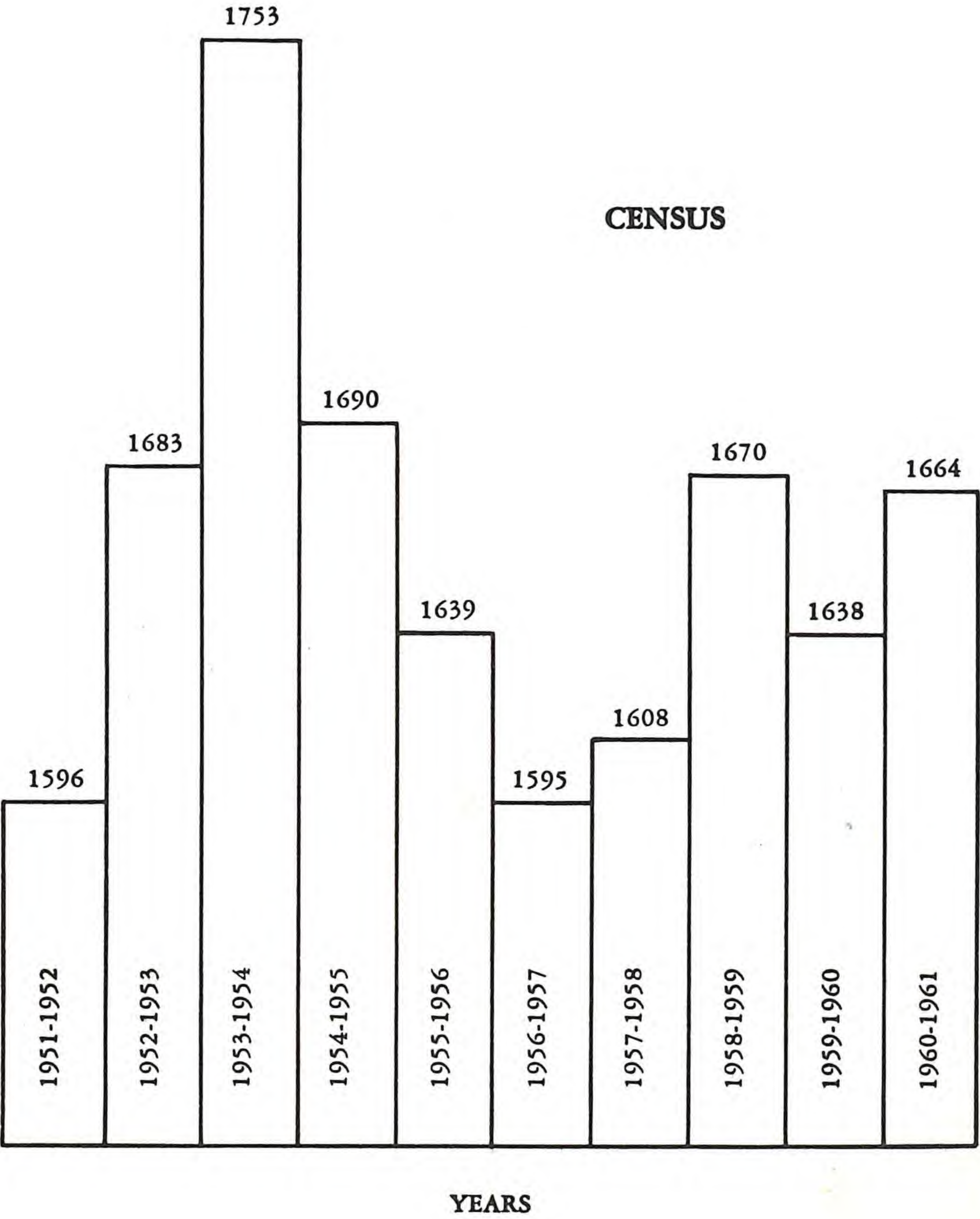
	FIRST ADMISSIONS		
	MALE	FEMALE	TOTAL
ACUTE BRAIN SYNDROMES			
Associated with Alcohol.....	32	12	44
Associated with Drug or Poison Intoxication.....	3	4	7
Associated with Convulsive Disorder.....	0	0	0
Other Acute Brain Syndromes.....	6	5	11
CHRONIC BRAIN SYNDROMES			
Diseases, Conditions due to Prenatal Influences.....	0	0	0
Meningoencephalitic Syphilis	3	0	3
Other Central Nervous System Syphilis.....	0	1	1
Epidemic Encephalitis	1	0	1
Other Intracranial Infections	0	1	1
Alcohol Intoxication	14	6	20
Drug or Poison Intoxication.....	1	0	1
Birth Trauma	1	0	1
Other Trauma	5	0	5
Cerebral Arteriosclerosis	100	55	155
Other Circulatory Disturbances	4	0	4
Convulsive Disorder	20	12	32
Senile Brain Disease	16	13	29
Other Disturbances of Metabolism, Growth, Nutrition.....	2	3	5
Intracranial Neoplasm	0	0	0
Diseases of Unknown or Uncertain Cause.....	1	2	3
Chronic Brain Syndrome of Uncertain Cause.....	6	6	12
PSYCHOTIC DISORDERS			
Involutional Psychotic Reaction.....	8	24	32
Manic Depressive Reaction.....	12	13	25
Psychotic Depressive Reaction.....	2	2	4
Schizophrenic Reaction	157	155	312
Paranoid Reaction	15	24	39
Other Psychotic Reactions	0	2	2
Psychophysiologic Autonomic & Visceral Disorders.....	0	0	0
Psychoneurotic Reactions	50	112	162
Personality Pattern Disturbance.....	9	1	10
Personality Trait Disturbance	56	54	110
Antisocial Reaction	11	0	11
Dyssocial Reaction	0	0	0
Sexual Deviation	1	0	1
Alcoholism, Addiction	1	0	1
Drug Addiction	1	1	2
Special Symptom Reaction	0	0	0
Transient Situational Personality	1	5	6
Mental Deficiency	15	10	25
Without Mental Illness	4	3	7
Mental Illness Undiagnosed	18	16	34
TOTAL	576	542	1,118

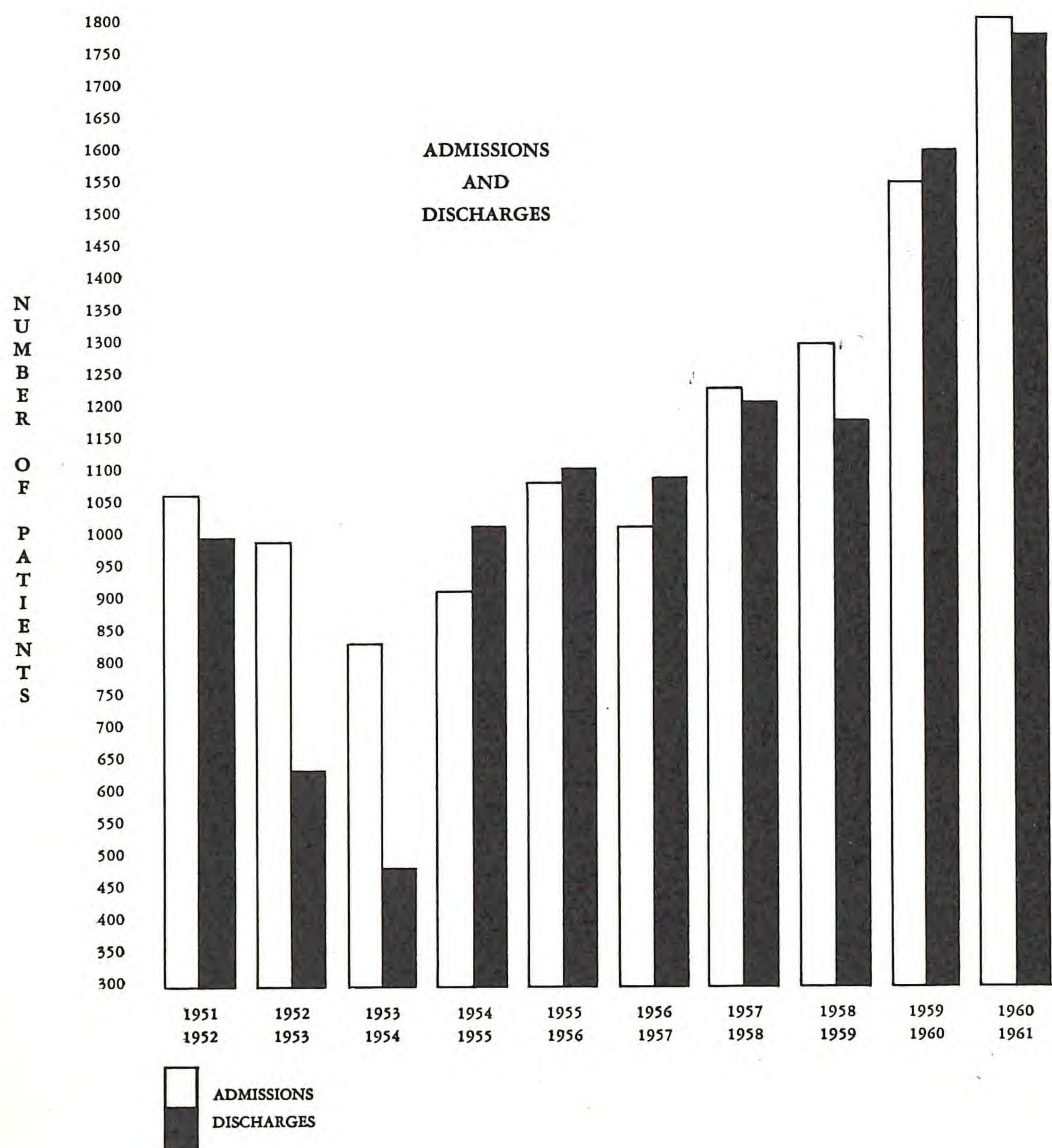
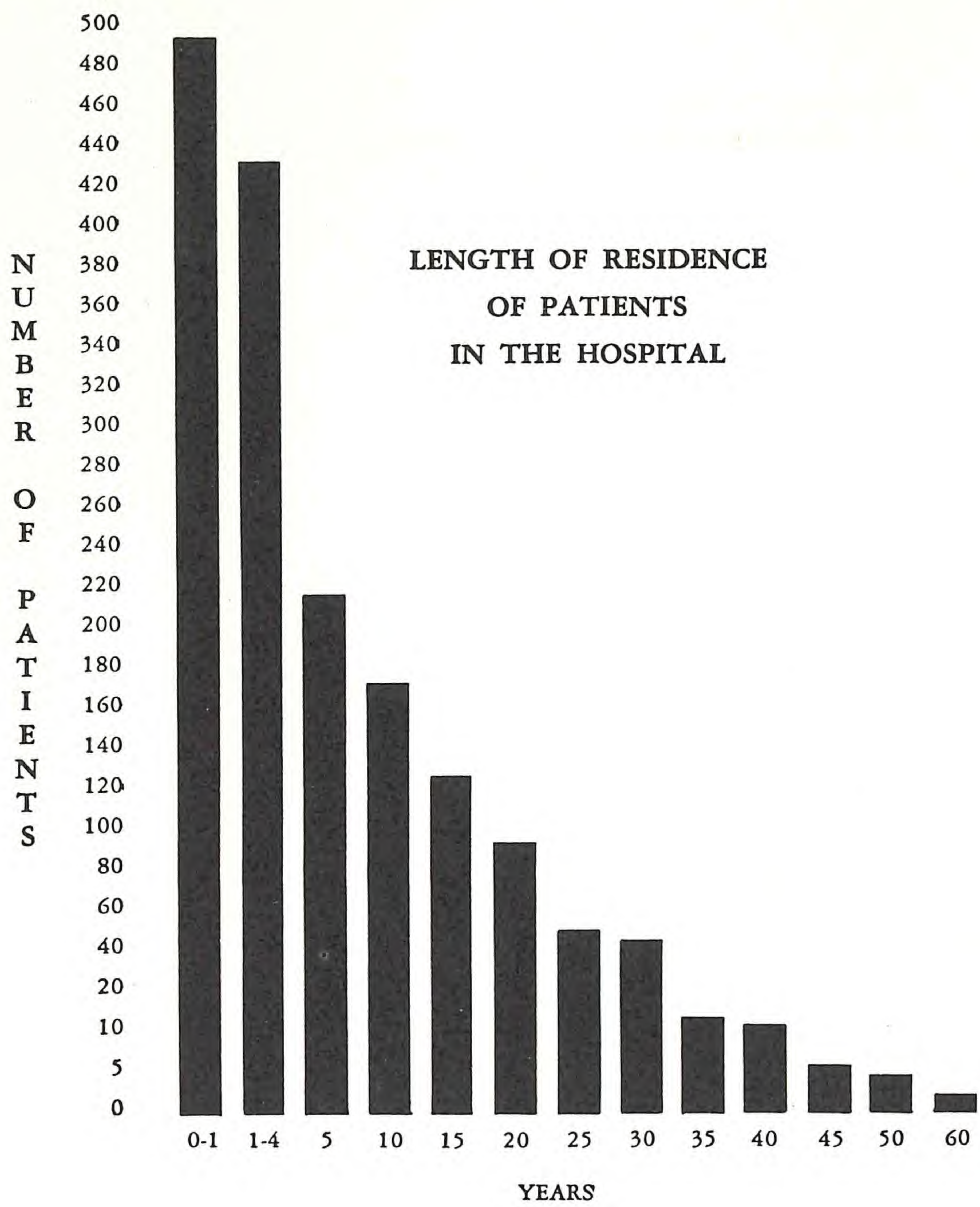
READMISSIONS			DISCHARGES			DEATHS		
MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL
5	3	8	39	13	52	0	1	1
0	2	2	5	5	10	0	0	0
0	0	0	0	0	0	0	0	0
2	1	3	5	6	11	1	0	1
1	0	1	2	1	3	0	0	0
2	0	2	5	1	6	1	2	3
0	0	0	0	2	2	1	1	2
1	0	0	2	2	4	1	0	1
1	0	1	1	1	2	0	0	0
11	5	16	27	12	39	2	0	2
0	0	0	1	0	1	0	0	0
2	0	2	5	0	5	1	0	1
4	2	6	10	0	10	0	0	0
9	11	20	48	45	93	54	42	96
0	3	3	2	2	4	2	0	2
18	13	31	36	23	59	5	1	6
1	1	2	6	9	15	10	11	21
0	0	0	0	2	2	1	2	3
0	0	0	0	0	0	0	0	0
2	2	4	2	3	5	1	1	2
2	5	7	3	7	10	3	1	4
7	23	30	9	44	53	2	1	3
16	22	38	28	41	69	0	0	0
0	3	3	2	2	4	0	0	0
113	201	314	287	347	634	4	2	6
7	5	12	15	26	41	1	0	1
0	1	1	0	2	2	0	0	0
0	0	0	0	0	0	0	0	0
9	46	55	52	154	206	2	0	2
2	4	6	15	7	22	1	0	1
14	25	39	68	74	142	0	1	1
3	1	4	12	1	13	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	1	0	1	0	0	0
1	3	4	2	3	5	0	0	0
0	2	2	0	3	3	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	1	4	5	0	0	0
20	8	28	25	22	47	0	2	2
1	1	2	5	3	8	0	1	1
5	6	11	0	0	0	0	0	0
259	399	658	721	867	1,588	93	69	164

CONDITIONAL
DISCHARGES



CENSUS





Movement of Patient Population by Counties

COUNTY	RECEIVED	RETURNED FROM COND. DISCH. OR UNAUTH. ABSENCE	COND. DISCH. AND UNAUTH. ABSENCE	DISCHARGED	EXPIRED
Apache	7	2	7	3	1
Cochise	31	4	16	25	4
Coconino	31	4	11	18	3
Gila	28	8	16	19	2
Graham	17	2	8	9	2
Greenlee	9	0	4	6	4
Maricopa	760	210	453	409	61
Mohave	7	2	6	2	2
Navajo	9	3	1	5	1
Pima	333	100	257	129	58
Pinal	76	16	34	51	4
Santa Cruz	8	2	5	6	2
Yavapai	32	9	20	13	10
Yuma	57	9	17	38	8
TOTALS	1,405	371	855	733	162

Pharmacy Department

Requisitions filled	6,966
Out-Patient prescriptions filled.....	4,919
Items supplied	51,237
Value of unopened drug stock on 6-30-61.....	\$29,848.72
Cost of drugs per day per patient	\$0.15
Manufactured:	
Liquids	805 gallons
Ointments	107 pounds
Powders	112 pounds

OTHER ACTIVITIES:

The hospital after-care program and the opening of the Out-Patient Clinics in Tucson and Yuma have resulted in a sizeable increase in the mailing of prescriptions to many cities of our state.

A new system was instituted of filling prescriptions for out-patients, dispensing only enough drugs to last until patient's next appointment instead of in round figures, such as 100. This prevents the accumulation of dangerous and costly drugs by our patients.

Additional service was provided, starting August 29, 1960, when the Pharmacy arranged to pick up and deliver all the ward drug baskets and emergency or special orders.

Dental Department

Examinations	1,466	Plate repairs	37
New Patients	1,175	Impressions	20
Treatments:		Reline	8
Post-operative	66	Extractions	360
Pyorrhea	126	Fillings	195
Penicillin	4	Amalgam	130
Fractured jaw	2	Porcelain	46
Biopsy	2	Cement	11
Prosthesis:		Temporary	8
Dentures		Dental Prophylaxis	119
Upper and lower	6	X-Rays	50
Upper	1	Follow-up treatments and	
Adjustments	71	Examinations	1,100

Sun Valley News

The past year has seen many improvements in the over-all activities which are centered in the office of the Sun Valley News and The Apropos papers.

Prior to moving into the new Rehabilitation Building, these papers were compiled in a tiny corner in the Men's O.T. Department, where traffic filed by throughout the entire day. Interruptions were endless and the noise from the surrounding work shops made concentration difficult, adding hours to the work necessary. The area was also inaccessible to many of the patients; consequently the collection of their news articles was haphazard and often late in reaching its destination.

The new office has eliminated all these handicaps and affords a much better communication with the patients as well as visitors. A time-consuming part of the day's work is the number of patients who come into the office, seeking advice on their articles, or perhaps just to talk or maybe discuss a problem . . . each one is given individual and painstaking answers.

The patients' Press Club has become quite active in the past months. Meetings are held twice a month in the pleasant Conference Room, adjacent to the office, and one cannot help but note the sense of pride each member evinces for the club, the work they are doing in keeping the club active and what they have already accomplished.

From a membership of approximately six or seven patients, a little more than a year ago, the roll has enlarged so that now the club boasts of a membership of 18 to 22 persons. Here in the quiet peaceful atmosphere of the Conference Room, business is discussed, elections are held and the monthly social event, with its special guests, is planned. One must not neglect to mention nor to express one's appreciation to the volunteer workers, who have aided and helped in so many phases of the work and the success of the Press Club.

The Apropos paper is now being printed in the Hospital's modern Printing and Mimeograph Department, thus affording those patients interested in "printing" the opportunity, not only for therapy but for on-the-job training as well.

SUN VALLEY NEWS
Editor: Eli Schlossberg
Managing Editor: J. Lucile Worthington
Assistant Editor:.....H. F. Townsend

Distribution:
Occupational Therapy Department
Circulation: 3,000

Published by
Arizona State Hospital
2500 E. Van Buren Street, Phoenix, Ariz.
Director:.....Samuel Wick, M.D.
Director of Nurses: Mary E. Pittman, R.N.
Business Manager: R. A. Clelland

All material should be in by the 1st of the month.

THE APROPOS PRESS CLUB STAFF
President Myrtle Eldredge
Vice-President Josephine Morales
Secretary Lorna Waago
Roving Reporter Jack Reeves
Reporters Wallace Hathaway, Marie Mecham,
Ellen Bigelow, Myrtle Eldredge.
Printers Marshall G., Joe F.
Distribution O.T.
Advisor J.L. Worthington
Sponsors Mary Cooper, Lois Bump,
Mr. Mendelssohn, Gray Ladies & Men.

Apropos Press Club Meetings are held the 1st and 3rd Fridays of Each Month at 1:30 in the Press Club Room in the Rehabilitation Building.
THE APROPOS is published monthly by the Patients' Press Club of Arizona State Hospital, Phoenix, Arizona.

Physical Therapy Department

	P.T. EAST	P.T. "B" WEST	ON WARD TREATMENTS	TOTAL
Sed. Tubs	563	2,840		3,403
Needle Spray	593	275		868
Sed. Packs		170		170
Pain Douche		167		167
Whirlpool	1,187	287	90	1,564
Dry Pack				0
Soaks	361	432	4	797
Massage	735	209	62	1,006
Oil Rinse	368	2,641	88	3,097
Alco. Rubs	1,233	3,167	36	4,436
Infra Red	230	183	93	506
Ultra Violet	85	169	41	295
Ultra Sonic	246		105	351
Micro Therm	209	60		269
Exercise	932	104	211	1,247
Arm Wheel	273			273
Parallel Bar	139			139
Bicycle	229		102	331
Gait Training	355	53	116	524
Med. Treatment	301	1,758		2,059
Dressings	210	781		991
Contrast Baths	4			4
Hydro Exercise	472		33	505
Crutch Training	97		60	157
Walker Training	167		63	230
Shampoos		72	8	80
Half Bath		4		4
Electro Stimulation	56			56
Muscle Testing			8	8
Sitz Bath	36	28		64
TOTALS	9,081	13,400	1,120	23,601

Beauty Shop Report

Shampoos	4,982	Braids	161
Permanents	259	Haircuts	3,511
Finger Waves	4,938	Oil Treatments	966
Manicures	1,578	Brow Arches	503
Facials	179	Hair Dressings	4,996
Rinses	4,998		

Laboratory Report

URINALYSIS 2,472

HEMATOLOGY

Hgb, RBC, WBC 2,328
Hematocrit 552
Differential Leukocyte Count.... 844
Sedimentation Rate 96
C-Reactive Protein 1
Platelet Count 24
Reticulocyte Count 1
Bleeding Time 11
Coagulation Time 12
Blood Typing (Group and Rh) 52
Cross Matching 78
Sickle Cell Test 2
Erythrocyte Fragility Test 2

CHEMISTRIES

Blood Sugar 722
Glucose Tolerance 9
Urea Nitrogen 106
Non Protein Nitrogen 89
Uric Acid 3
Prothrombin Time 22
Icterus Index 41
Direct Vandenberg 13
Indirect Vandenberg 13
Serum Total Protein 15
Serum Albumin 15
Serum Globulin 15
Transaminase 13
Cephalin Flocculation 17
Thymol Turbidity 15
Protein Bound Iodine 49
Bromsulphalein 4
Acid Phosphatase 4
Alkaline Phosphatase 4
Serum Chloride 2
CO2 Combining Power 1
Blood Ph 1
Serum Amylase 2
Serum Cholesterol 11

Serum Calcium 4

Serum Sodium 4

Serum Potassium 6

BLOOD SEROLOGIES 2,064

SPINAL FLUID TESTS

Total Protein 110
Globulin 110
Cell Count 111
V.D.R.L. 110
Colloidal Gold 108
Sugar 8
Chloride 1

BACTERIOLOGY

Cultures 326
Antibiotic Sensitivities 80
Gram's Stains 124
Acid-Fast Stain for Tuberculosis 78
Milk Coliform Counts 142
Milk Bacterial Plate Counts..... 142
Phosphatase Pasteurization Test 64
Samples Milk Collected 64
Agglutination Tests 6

PARASITOLOGY

Feces Examination 16
Hanging Drop for Trichomonas 17

SPECIAL TESTS

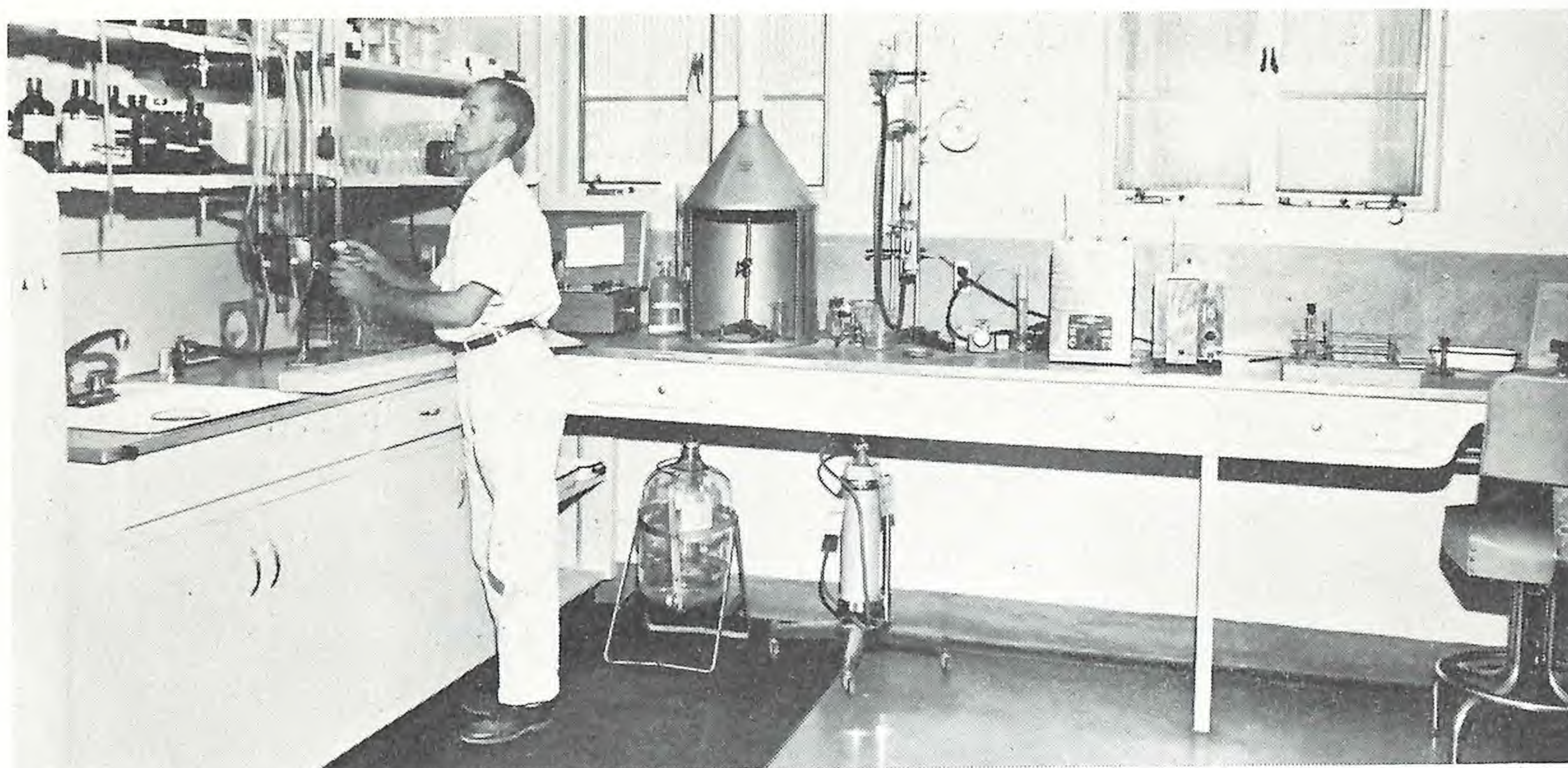
Frog Test for Pregnancy 13
Gastric Lavages 21

PAPANICALAOU SMEARS 579

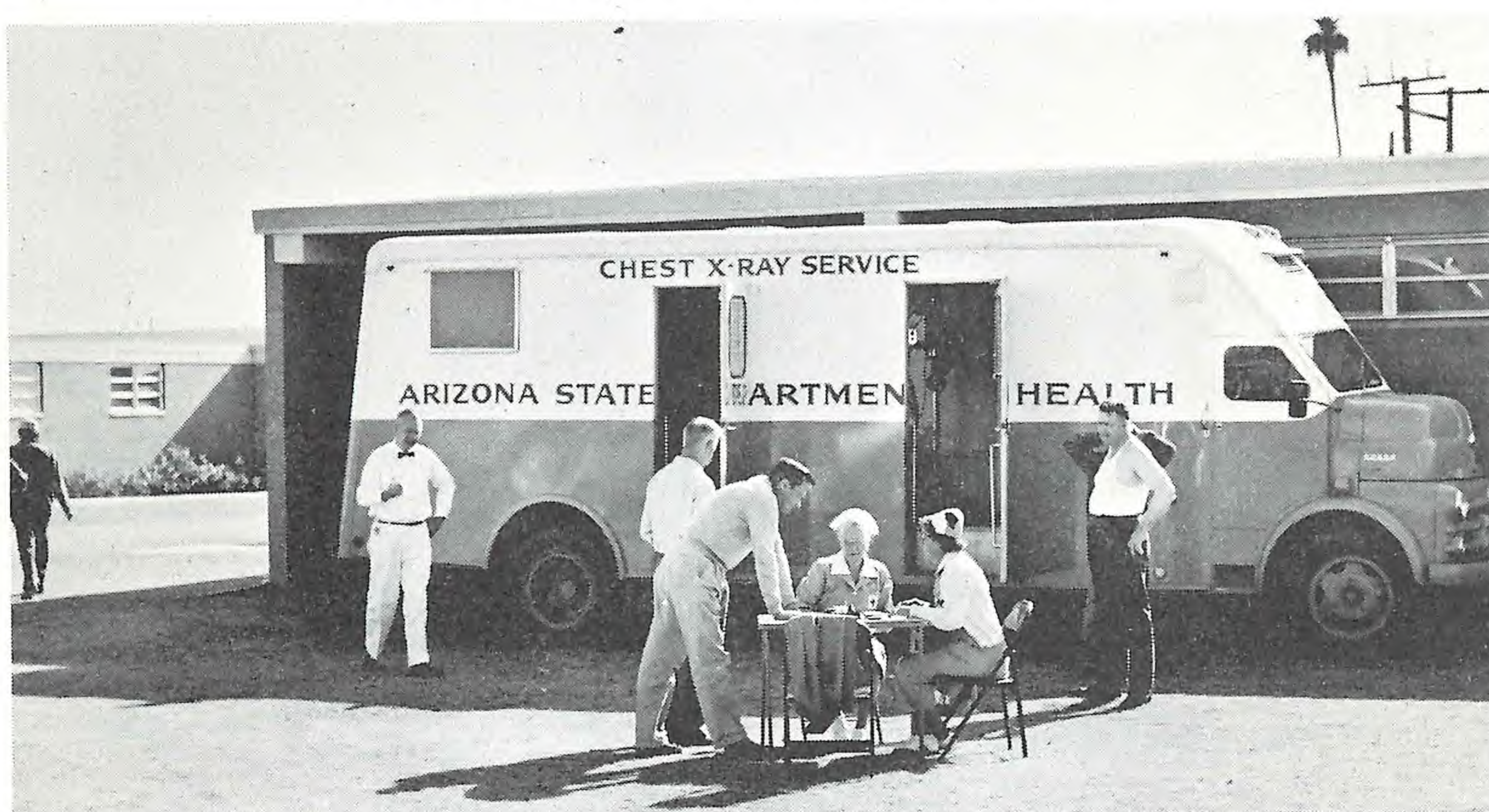
BIOPSIES 44

AUTOPSIES 49

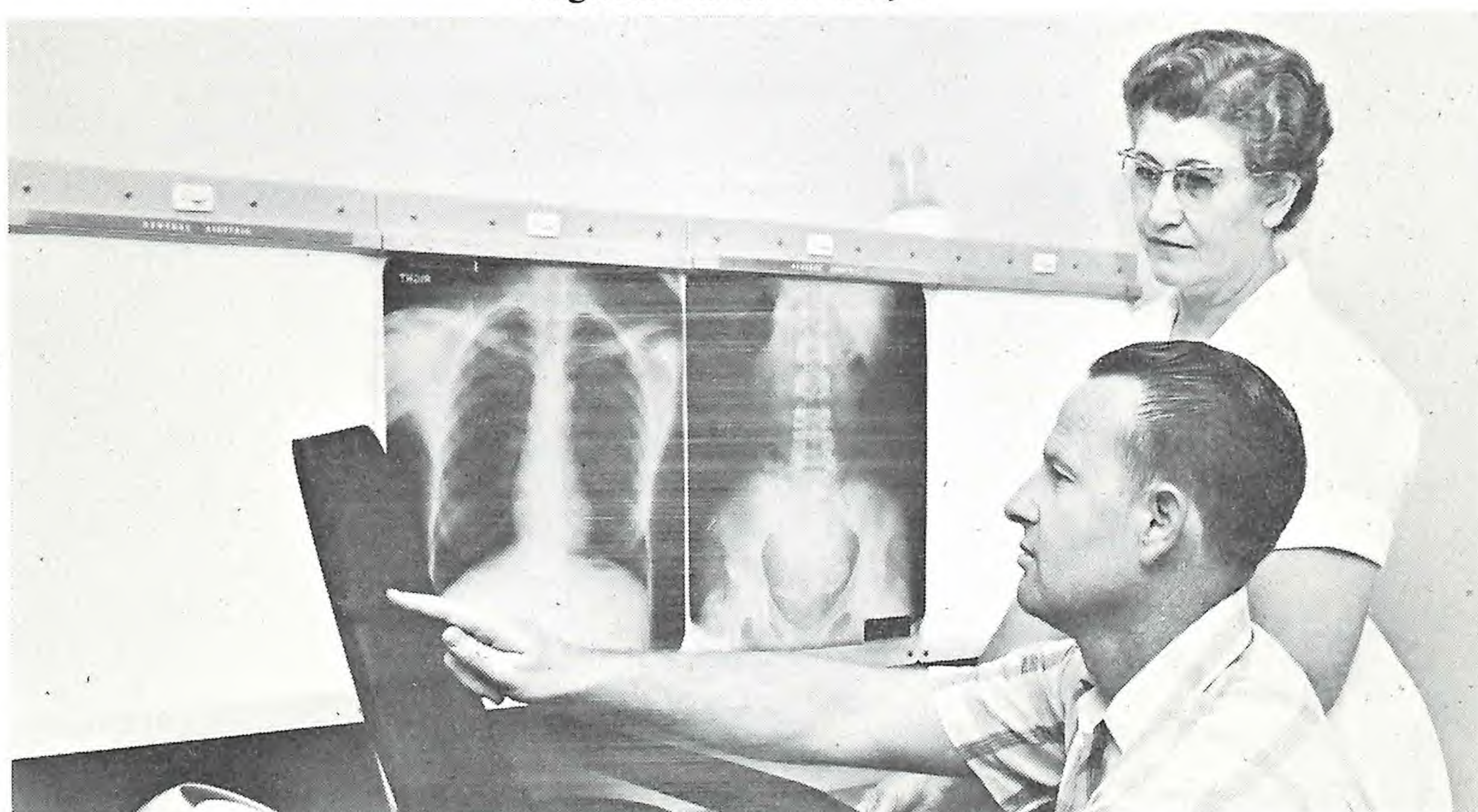
TOTAL PROCEDURES 12,077



A Corner of the Diagnostic Laboratory



Through the courtesy of the Arizona State Department of Health, patients receive regular chest X-Rays.



Medical staff members and consultant specialists have complete X-ray facilities to make good diagnosis possible.

X-Ray Department

CHESTS

Patient	1,550	
Employee	390	
Total		1,940

EXTREMITIES

Finger	9	
Hand	28	
Wrist	27	
Forearm	1	
Elbow	37	
Humerus	10	
Toes	4	
Foot	38	
Ankle	22	
Tib. & Fib.	22	
Knee	29	
Femur	5	
Total		232

SPINE

Cervical	14	
Dorsal	46	
Cervico-Dorsal	3	
Lumbar	21	
Dorso-Lumbar	6	
Sacrum	3	
Coccyx	2	
Total		95

FLUOROSCOPIC

G. I. Series	3	
Ba. Enema	3	
Esophagus		
Chest	1	
Total		7

I.V. Pyelogram	9	
Abdomen	41	
K. U. B.	6	
Gall Bladder	1	
Total		57
Shoulder	19	
Clavicle	4	

Scapula	0	
Pelvis	64	
Hips	47	
Ribs	21	
Skull	101	
Pneumoencephalogram	13	
Arteriogram	3	
Ventriculogram	0	
Total		272
E.K.G.—Total		88

MISCELLANEOUS

Cardiac Study	1	
Hip Pinning	14	
Sinus	2	
Temporo-Mandibular Joints	3	
Mandible	11	
Sternum	2	
Os Calcis	4	
Facial Bones	2	
Total		39
Total examinations		2,730

FILM USED

14 x 17.....	2,307	
7 x 17.....	37	
10 x 12.....	890	
8 x 10.....	276	
Total		3,510

FRACTURES

D. Spine	19	
Hand	8	
Finger	4	
Humerus	3	
Mandible	3	
Pelvis	1	
Wrist	4	
Femur	1	
C. Spine	2	
Hip	27	
Tib. & Fib.	1	
Ribs	10	
Elbow	6	
Ankle	9	
Os Calcis	1	
Toe	3	
Facial Bones	1	
Clavicle	1	
Knee	2	
Total		106

REPORT OF
BUSINESS MANAGER





Report of the Business Manager

Arizona State Hospital Board

Mrs. Thelma McQuade, Chairman

At the end of the fiscal year, we found a record had been established, which reflects the growing size of Arizona; we treated a total of 3414 in-patients. Moreover, we treated many patients in Phoenix and Tucson on an out-patient basis.

Another record — we spent \$5.11 per patient per day!

This cost, considered extravagant fifteen years ago, not only demonstrates the rise in commodity prices and increased salaries, it also makes manifest the cost of intensive and effective therapies. If such therapies are worthwhile, they will shorten patient stay, elevate the patients' potential for remaining outside the hospital and tend to offset the huge increase in the number committed.

Our cost "per patient treated" was \$902.86 — the lowest cost in fifteen years!

This remarkable statistic could lead to the conclusion the more you spend on each patient each day, the sooner he leaves the hospital and the less you will spend in the long run. Such an absurdity has some truth in it. The skill in discovering the extent of that truth is in careful application of the extra expenditures in areas that will produce results.

Such extra expenditures are still indicated in the following areas:

1. Adequate personnel, well paid.
2. A program of research into the causes of mental illness.
3. Expansion of out-patient and day-care facilities in the patients' own communities.
4. The quick completion of the building program at the original hospital.

In retrospect, the Business Division accomplishments were:

1. Permuted Purchasing and Warehouse functions for better materials management.
2. Completed studies to convert inventory, accounting and statistical data compilation to a punched-card system.
3. Revised all salary budgets.

4. Completed contracts on our new Personnel and Education building, a new Coffee Shop and major revision to our Central Power Plant.

Our Purchasing Manager was elected President of the Arizona Association of Purchasing Agents. Our Executive Housekeeper was re-elected as President of the Arizona Chapter of National Executive Housekeepers. With permission of the Board, I was elected to govern Region VI of the American Society of Mental Hospital Business Administrators. Department heads in the division have been encouraged to identify themselves with the organization representing their skill or profession.

Departmental reports hereafter show a commendable level of accomplishment by Business Division personnel.

Respectfully submitted,

A handwritten signature in cursive script, reading "R. A. Clelland". The signature is written in dark ink and is positioned above the printed name and title.

R. A. Clelland

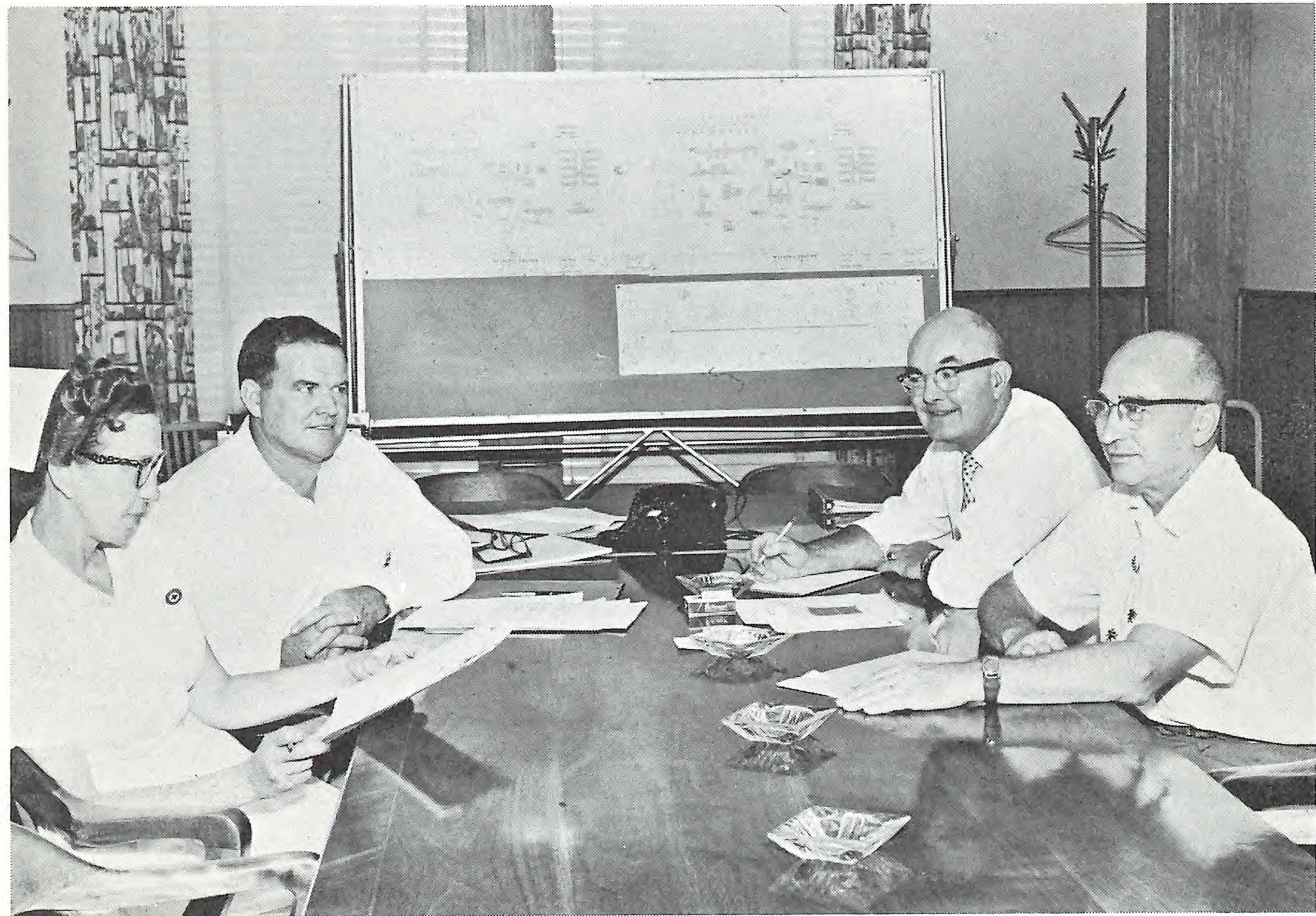
Business Manager

Business Division Staff

R. A. Clelland.....	Business Manager
W. K. Dick.....	Purchasing Manager
Helen W. Rice.....	Office Manager
Phillip R. Brown.....	Chief Engineer
Pearl Rogers.....	Executive Housekeeper
Louise Edwards.....	Chief Dietitian
Walter Orr	Farm Manager
J. B. Richards.....	Assistant Purchasing Manager

Standing Committees

- Procedures Committee
- Safety Committee
- Coordinating (Employees') Committee
- Salvage Committee
- Forms Control Committee
- Purchasing Standards Committee
- Nursing Procedure Committee
- Disaster Relief Planning Committee
- Pharmacy and Thereapeutics Committee
- Annual Report Editorial Committee



The Procedures Committee drafts Hospital procedures and reduces to writing Board-approved policies.

Purchasing Manager's Report

The Purchasing Department

Midway in the fiscal year, the Purchasing Department and Supplies Department were combined. At the same time the Purchasing function was moved into the Storeroom area. This resulted in better control over the physical inventory and accomplished closer liaison and work simplification with and by the two functions.

Long-range planning in the department includes a full-time standardization and value analysis program while at the same time keeping a view of the department's objective, namely:

1. To maintain a continuity of supply.
2. To do so with a minimum investment.
3. To avoid duplication, waste and obsolescence.
4. Maintain standards of quality.
5. Procure at the lowest ultimate cost.

Statistical Information

Purchase Orders processed	4,632
Miscellaneous Encumbrance Requests	115
Travel Orders	82
Change Orders	308
Time Discounts	\$2,115.00
Trade Discounts	\$6,300.00

Purchases From State Surplus Property Agency

Constant contact with this agency provides the opportunity for the procurement of items either not available elsewhere or impossible for other reasons to purchase in the open market. Such purchases exceeded \$1,000.00 during the year.



Purchasing offices are now in the Warehouse building. Purchasing and Storeroom have been combined into one department.

INVENTORIES OF SUPPLIES AT CONCLUSION OF FISCAL YEAR

Pharmacy —

Unopened Drugs in Pharmacy Warehouse.....\$ 29,848.72

ENGINEERING SERVICES —

Supplies and Parts in Storage..... 34,281.00

Warehouse —

General Supplies 48,362.08

Beauty Supplies 517.20

Office Supplies 4,092.70

Food Supplies 45,053.58

Central Service 6,437.79

Clothing Supplies 26,671.43

Hospital-made Clothing 4,609.51

(This is the estimated value of clothing made in the Sewing Room and returned to the Warehouse stock, previously inventoried as yard goods, thread, etc.)

Total \$199,874.01

Report of Salvage Sales:

Auction Sale, October 28, 1960..... \$24,328.65

(Farm Livestock and some Equipment)

Auction Sale, April 19, 1961..... \$1,026.75

Advertising \$ 4.31

Auctioneer 51.34

\$55.65

\$ 971.10

Sale of Grease and Bones..... 194.91

Sale of Rags..... 274.48

Sale of Tins and Cardboard 405.00

\$ 874.39

Deposited in General Fund.....26,174.14

Office Manager's Report

Efforts to simplify and coordinate the various functions of the department have continued throughout the year. With the added space made available to us when the Purchasing Department moved to new quarters, we were able to provide adequate work areas for all personnel, relieving the former crowded condition. An additional unit of personnel handles the "overflow" work for the several sections in the business office.

Credit and Collections:

The relatively small increase of \$5,000.00 this year over last would indicate that we have reached a "plateau" in collections. However, collections of hospitalization insurance benefits increased about \$1,000.00 a month. The Insurance Claims Processor necessarily devotes the major part of her time to the hospitalization insurance program and it was necessary to add one unit of personnel to handle Social Security applications, which have increased because of broader coverage provided to insured individuals under the amended Social Security law.

Total collections of \$381,202.09 were received from the following sources:

Percentage of Total Source		Amount
47.03	Court Ordered and Agreed Payments.....	\$179,290.55
1.32	County Payments for Hold Order Patients.....	5,047.85
1.93	County Payments for Minor Patients.....	7,359.46
11.10	Social Security Benefit Payments.....	42,311.22
.85	Railroad Retirement Benefit Payments.....	3,244.17
7.75	Hospitalization Insurance Benefit Payments.....	29,543.87
1.80	U. S. Veterans Administration Benefit Payments.....	6,827.10
24.60	Federal Government for Indian Wards.....	93,754.20
3.16	Payments on Delinquent Accounts.....	12,075.58
.46	S.C.N.P. Veterans	1,748.09

History of Collections:

1960-1961	\$381,202.09
1959-1960	376,146.15
1958-1959	349,265.94
1957-1958	301,702.16

Cost of Patient Maintenance:

Average Daily Patient Load.....	1654
Cost Per Patient Day.....	\$5.11

Chapel Fund:

Balance on Deposit, July 1, 1960.....	\$2,733.50
Interest earned through June 30, 1961.....	134.51
Contributed during Fiscal Year.....	242.15
Total on Deposit as of June 30, 1961.....	\$3,110.16

Expenditure Report

Governmental Code	Appropriations and Other Income	Expended	Unused Balance	Reverted to General Fund	Fwd. to 1961-1962
1-3-11-000-0100					
Personal Services....	\$2,025,556.00	\$2,021,656.80	\$ 3,899.20	\$ 3,899.20	-0-
1-3-11-000-0200					
Current Expend.	400,000.00	393,254.17	6,745.83	6,745.83	-0-
1-3-11-000-0201					
Food	300,000.00	283,483.13	16,516.87	16,516.87	-0-
1-3-11-000-0300					
Subscrip. & Dues..	650.00	650.00	-0-	-0-	-0-
1-3-11-000-0401					
Travel - State	2,300.00	1,975.31	324.69	324.69	-0-
1-3-11-000-0402					
Travel - Out of State	345.00	309.20	35.80	35.80	-0-
1-3-11-000-0404					
Return of Patients	4,600.00	4,468.68	131.32	131.32	-0-
1-3-11-000-0800					
Special Operating*..	381,202.09	349,281.83	31,920.26	31,920.26	-0-
1-3-11-000-0900					
Cur. Fixed Chrgs..	4,460.00	3,674.31	785.69	785.69	-0-
1-3-11-000-1000					
Professional Fees ..	3,500.00	3,450.13	49.87	49.87	-0-
1-3-11-000-1100					
Care of Patients — Outside Services....	20,000.00	19,980.00	20.00	20.00	-0-
1-3-11-000-1200					
Discharge Money..	200.00	193.00	7.00	7.00	-0-
1-3-11-000-1300					
Revolving Acct.....	2,500.00	-0-	2,500.00	2,500.00	-0-
1-3-11-000-0501					
Capital Outlay— Equipment	10,270.00	10,266.21	3.79	3.79	-0-
1-3-11-000-0503					
Capital Outlay— Topography Study..	10,000.00	7,600.00	2,400.00	-0-	2,400.00

EXPENDITURE REPORT — Continued

Governmental Code	Appropriations and Other Income	Expended	Unused Balance	Reverted to General Fund	Fwd. to 1961-1962
1-3-11-000-0504 Capital Outlay— Buildings & Improvements	23,500.00	5,570.11	17,929.89	-0-	17,929.89
1-3-11-000-0505 Capital Outlay— Const. & Equip. "C" Building	498,000.00	-0-	498,000.00	-0-	498,000.00
1-3-11-000-0506 Capital Outlay Revision & Equipment RE	59,625.00	-0-	59,625.00	-0-	59,625.00
1-3-11-000-0508 Capital Outlay Const. & Equip. Gen. Services Bldg.	211,643.00	-0-	211,643.00	-0-	211,643.00
1-3-11-000-0517 Capital Outlay Rehab.-Surgery & Ward "A"	251,764.81	251,738.96	25.85	25.85	-0-
1-3-11-000-0518 Capital Outlay Const. & Equip.	440,332.38	337,424.37	102,908.01	-0-	102,908.01
2-3-11-000-0700 Endow. Earnings	134,807.77	97,091.89	37,715.88	-0-	37,715.88
1-3-11-000-1500 Building Fund**	825,732.00	-0-	825,732.00	-0-	825,732.00
<hr/>					
Total Available for Expenditure	\$5,610,988.05				
		<hr/>			
Total Expended....	\$3,792,068.10				
			<hr/>		
Balance June 30, 1961	\$1,818,919.95				
				<hr/>	
REVERT TO GENERAL FUND—				\$62,966.17	
					<hr/>
Balance Forward					\$1,755,953.78

*Maintenance Collections

**Non Expendable

Classification of Expenditures

Object Code		Amount
110	Personal Services	\$2,021,656.80
211	Postage	3,922.83
212	Telephone & Telegraph	18,734.43
215	Heat, Light, Power & Water Service	140,197.90
220	Travel - State	2,484.61
230	Travel - Out of State	17,106.10
240	Professional Fees	48,433.99
260	Maintenance of Buildings & Grounds	60,920.01
270	Care of Patients — Outside Services	71,162.86
280	Trainees	35,494.76
290	Other Contractual Services	12,784.52
310	Office Supplies	20,941.62
321	Food	283,483.13
350	Vehicle Supplies	10,516.91
370	Maintenance & Construction	60,248.10
390	Other Supplies, Materials & Parts.....	266,215.72
411	Rent — Office Equipment	1,337.58
412	Rent — Other Equipment	431.85
417	Rent — Other	2,779.03
421	Bonds — Officials & Employees	342.06
430	Subscriptions & Organizations	2,553.23
450	Discharge Money	303.00
931	Refund of Maintenance	325.52
610	Equipment	104,904.51
620	Buildings & Improvements	604,787.03
Total		\$3,792,068.10

Budget for Year 1961 - 1962

Appropriations and Other Income	Current Expenditures	Capital Outlay	Personal Services
Personal Services			\$2,335,239.00
Tucson Clinic			25,000.00
Current Expenditures — Other	\$ 475,000.00		
Food	400,000.00		
Subscriptions & Organization Dues.....	2,650.00		
Travel — State	2,300.00		
Travel — Out of State	4,200.00		
Travel — Out of State, Return of Patients..	9,400.00		
Current Fixed Charges	4,500.00		
Professional Fees	34,000.00		
Discharge Money — Institutional Inmates..	200.00		

BUDGET FOR YEAR 1961-62 — Continued

Revolving Account	2,500.00		
Capital Outlay		\$	75,000.00
Capital Outlay — Study Topography			2,400.00
Capital Outlay — Buildings & Improve....			17,929.89
Capital Outlay — Revision & Equipment Male Security Ward Bldg.			59,625.00
Capital Outlay — Construction & Equipment, Ward Building "C"			498,000.00
Capital Outlay — Construction & Equipment General Services Building			211,643.00
Capital Outlay — Construction & Equipment			102,908.01
Endowment Earnings			82,715.88
Special Operating	375,000.00		
Totals	<u>\$1,309,750.00</u>	<u>\$1,050,221.78</u>	<u>\$2,360,239.00</u>
Total Budget for Year 1961-1962.....			\$4,720,210.78

Patients' Trust Fund

Balance in Fund July 1, 1960.....	\$53,775.80
Received	131,987.07
	<u>\$185,762.87</u>
Disbursed	130,336.19
	<u>\$ 55,426.68</u>
Checks Cancelled	50.00
Balance in Fund June 30, 1961	<u>\$ 55,376.68</u>



Privately-owned clothing is cared for in Ward dressing rooms in the new buildings.

Transfer of Non Resident Patients to Other States

Alabama	1	New Jersey	1
Arkansas	2	New Mexico	4
California	24	New York	3
Colorado	5	Ohio	5
Georgia	1	Oklahoma	1
Illinois	3	Oregon	3
Iowa	1	South Dakota	1
Louisiana	1	Texas	9
Massachusetts	1	Utah	1
Michigan	1	Washington	2
Missouri	1	Wisconsin	2
Nevada	1	Wyoming	49
New Hampshire	1	Total	124

Transported by State Car: 54

Total Number of Miles Traveled	33,907	
Car Depreciation	\$ 460.00	
Servicing of Car in Hospital Garage	232.00	
Gas, Oil and Car Expense Enroute	1,259.04	
Lodging	940.97	
Meals	987.21	
Salaries (2 Employees)	2,083.84	
Medication	76.00	
		<hr/>
		\$6,039.06

Transported by Chartered Plane to VA Hospitals in California,
Utah and Wyoming: 53

Plane Charter	\$8,070.00	
Salary	79.55	
		<hr/>
		\$8,149.55

Transported by Bus: 17

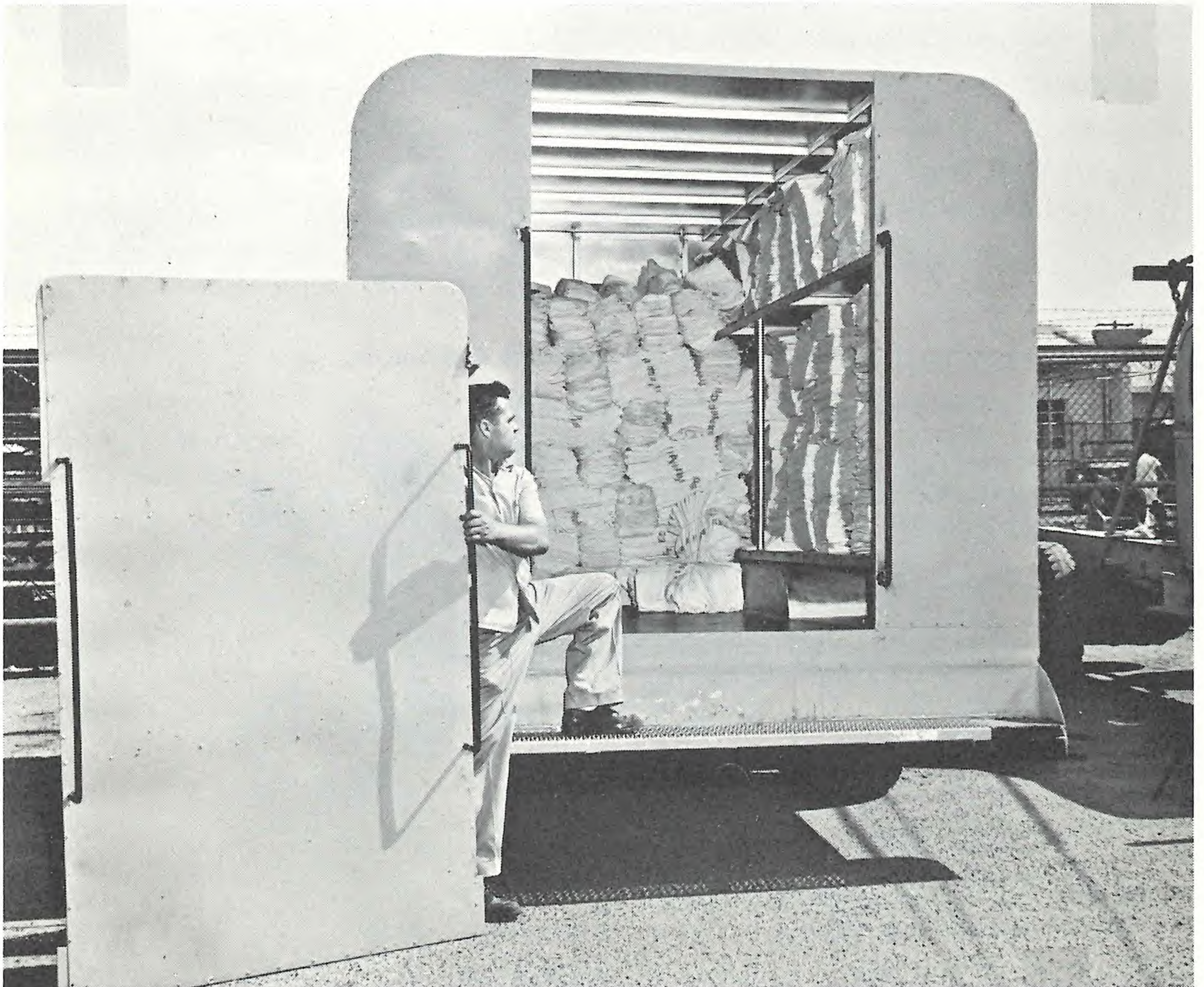
Common Carrier Tickets	\$ 404.00	
		<hr/>
		\$ 404.00

Total Cost	\$14,592.61
Average per Patient Cost	\$ 117.68

Engineering Services

It is impossible to tell in a few seconds' reading time the many major accomplishments by the Engineering Services Department, nor its myriad duties and responsibilities. A hospital is a complex unit; its equipment is subject to rigorous demands, operating around-the-clock, every day. Maintenance problems of the physical plant, its equipment and matters closely related to maintenance provide many opportunities for accomplishments. Engineering Services take pride in playing important supporting roles in the care and treatment of the mentally ill.

Good maintenance is inherent to good business and especially important to the operation of our hospital. The Department feels complimented when frequently the public comments that (to them) our grounds and buildings look more like a college campus than a hospital.



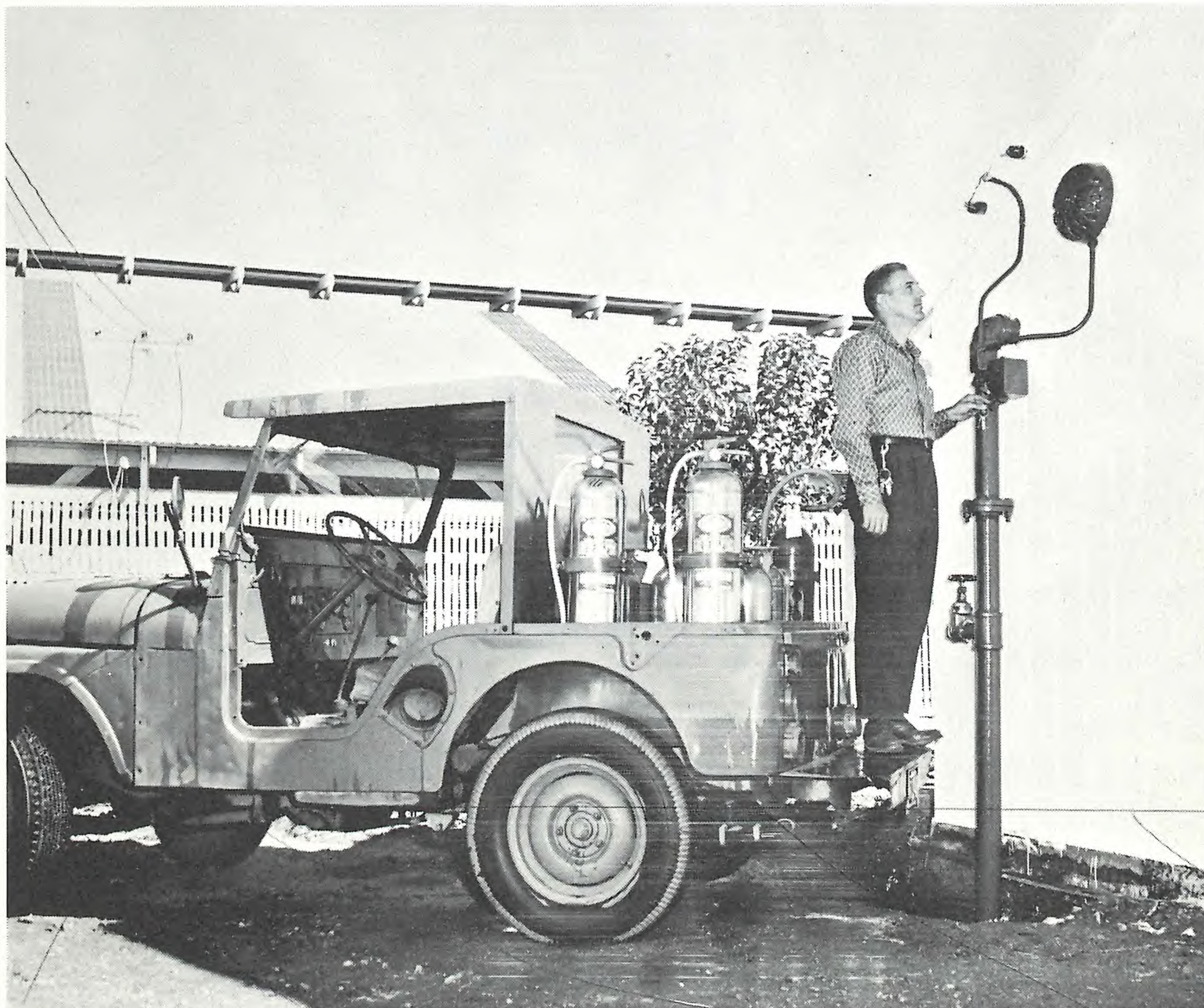
Linen delivery truck manufactured in the welding section of the Engineering Services Department.

Fire Marshal's Report

Again, our fire experience has been good and we feel this was by design rather than happenstance. Smoking, as is the case nationally with hospitals, was the major cause of fire incidents. Fire safety training is perpetual and mandatory for all employees.

Fifty-two fire drills of a general nature are our goal each year. Additionally, ward exercises involving hypothetical fire emergencies are conducted by Nursing Supervision. These have done much to train patients and put them at ease should a major fire incident occur. All Hospital fire equipment is maintained in fire-ready condition at all times; this is supported by a proper record system.

Liaison is maintained with the City of Phoenix Fire Department, Arizona Fire Rating Bureau and Civil Defense. Hospital Disaster Relief Plans are nearing completion. Our constant concern for accident prevention is expressed by having a Safety Committee and several employees having attended U. S. Department of Labor Safety Training Courses this year.



The Fire Marshal inspects the fire alarm system in the Hospital's poultry area.

General Services

This department includes Housekeeping, Laundry, Sewing Room and Mattress Shop sections. Unusual tasks for the year included tumbling mats for Recreational Therapy and the manufacturing of 100 beds for a remodeled women's ward.



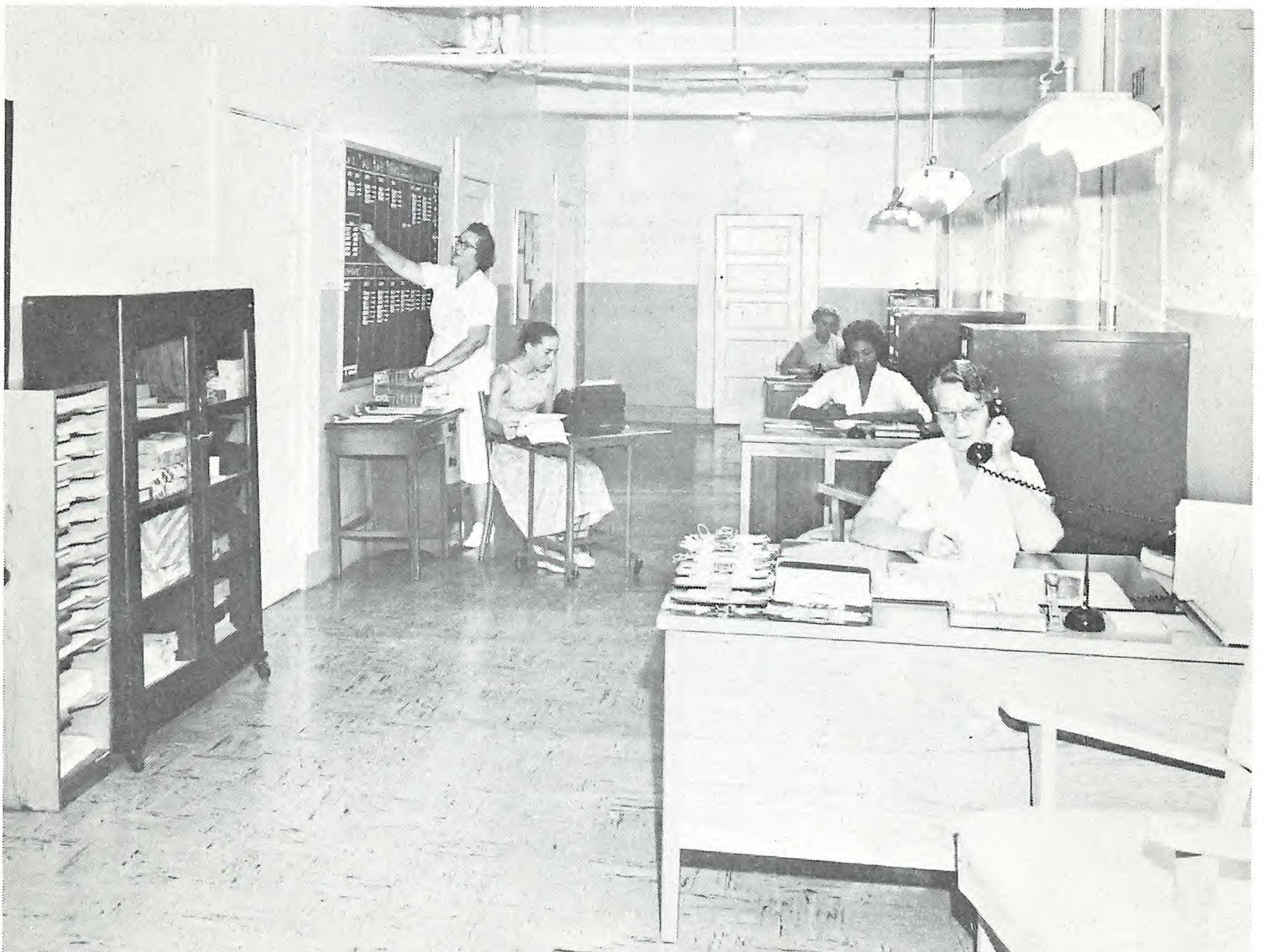
The above picture shows five styles of dresses manufactured in the Sewing Room. These give a fair selection of dresses and make easier the task of personal fitting.

As more intense treatment and discharge of patients reduce the number available for Industrial assignments, more technological equipment is required in our industries. This year we added folding and conditioning units of large capacity.

Training in the proper use and methods of housekeeping was given to approximately 75 Nursing Service employees and to all Trainees in Nursing. To relieve Nursing Service employees in some areas, we extended our Housekeeping Service to five more wards.

Regular inspection tours were established for the Executive Housekeeper to Wards, Offices and Departments.

The General Services Department vacated offices in Cottage No. 4 (now razed) to the area pictured.



Temporary offices for General Services are now in the basement of Building-D, while a new General Services Building is to be erected during fiscal 1961-1962.

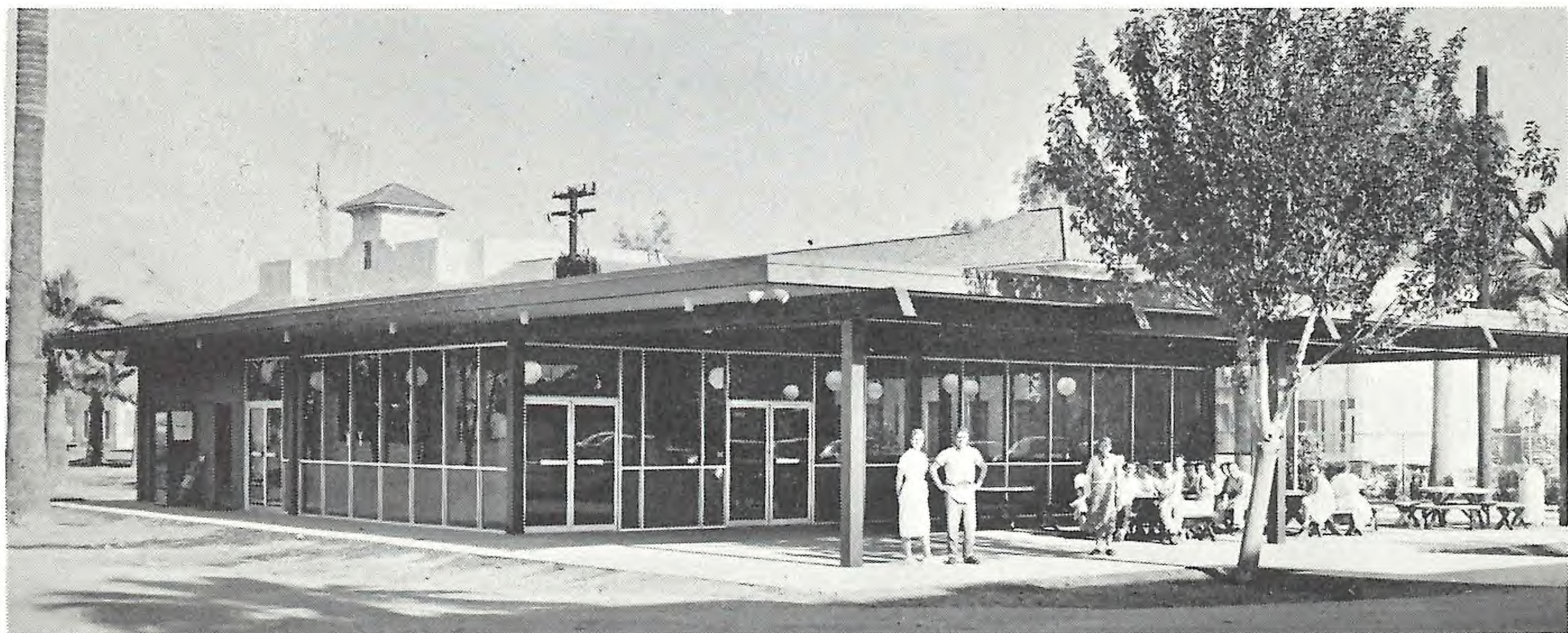
Sewing Room Production

Aprons	523	
Aprons, Support	504	
Bags, Clothing	336	
Bags, Laundry	401	
Bags, Laundry, Employee.....	74	
Bedspreads	261	
Bibs, Feeding	144	
Blouses	612	
Coats, Sleeping	396	
Curtains	37	
Covers, Bedpan	12	
Diapers	696	
Drapes	142	Pr.
Dresses	4,851	
Gowns, Seersucker	1,022	
Gowns, Flannel	432	
Gowns, Tie Back Seersucker..	1,384	
Gowns, Tie Back, Flannel.....	900	
Holders, Pot	60	
Ironing Board Covers	26	
Mittens, Medical	26	Pr.
Napkins	319	
Pajama, Tops	768	
Pajama, Bottoms	624	
Pads, Table	2	
Pastry Cloth	4	
Pillow Covers	4	
Pillow Cases	912	
Restraint, Soft	144	
Sheets, Single	73	
Sheets, Protective	226	
Shirts, Long Sleeve	4	
Shorts, Bermuda	124	
Skirts	60	
Slips	1,713	
Tablecloths	36	
Towels, Bath	1,129	
Towels, Hand	2,286	
Towels, Tea	704	
Tray Covers	192	
Uniforms	3	
Total	22,166	

Re-Designed		
Drapery Panel	57	Pr.
Aprons	60	
Pants, Men's	8	Pr.
Shirts	24	
Total	149	

Surgical		
Holders, Instrument	200	
Wrappers, Surgical	500	
Sheets, Drape	6	
Sand Bags	1	
Total	707	

Special Items Manufactured		
Covers, Furniture	17	
Clothes Pin Bag	2	
Sheets, Crib	3	
Maternity Dresses	2	
Maternity Slips	9	
Maternity Panties	9	
Shirts, Boys'	4	
Pants, Boys'	2	
Cart Covers	3	Sets
Total	51	



The new Coffee Shop.

Dietary Department

The Milk Processing Plant for the hospital was closed this year with the sale of the State farm. New milk-handling arrangements had to be worked out, considering both sanitation regulations and storage facilities. Several possibilities were considered. However, the most practical, considering all the problems connected with milk-handling in this particular operation, was to put into use the somewhat common six-gallon, plastic-lined, disposable carton. This, we are now using throughout the hospital.

Much time and effort have been put into assisting the Purchasing Department to arrive at approved food products lists. This involves sampling hundreds of food items in order to assure that we are buying the best foods for a particular use, with both quality and economy in mind.

Greater emphasis has been placed on Dietary holiday recognition. This was accomplished through menu planning, tray favors and area decorations.

The opening of our new Coffee Shop was the highlight of the year. As of May, our patients and paid personnel have had the opportunity to enjoy a cheerful, modern, refrigerated structure where they may purchase light meals, sweets and sundries, as well as socialize with one another. Many new items have been added to the regular stock. Several new units of personnel have also been added. The new Coffee Shop is intended as a growing and expanding operation.



Typical noon-day meal in one of the new Dietary areas.

1. ANALYSIS OF MEALS SERVED

A. Patients' Meals and Nourishments	1,854,378	
Employees	138,854	
Student Nurses and Trainees	6,927	
*Guests	5,789	
	<hr/>	
Total Meals Served by Dietary Service	2,005,948	
Average Cost Per Meal		\$.1682

B. Raw Food Cost:

Foods Delivered from Storeroom and Farm	323,989.44
Bread Delivered on Contract	13,562.71

 Total Cost \$337,552.15

1. Total Cost of Food for Supplementary Feeding on Wards.....	2,388.03
Total Resident Employees' Subsistence Provided	27,322.74

 *This includes prospective employees and volunteer workers.

Value of Food Purchased, Produced and Donated

PURCHASED PROVISIONS:

Meat, Fish and Dairy Products.....	\$146,249.93	
Fresh Produce	12,876.32	
Groceries and Staples	122,301.08	
	<hr/>	\$281,427.33

FARM PRODUCTION:

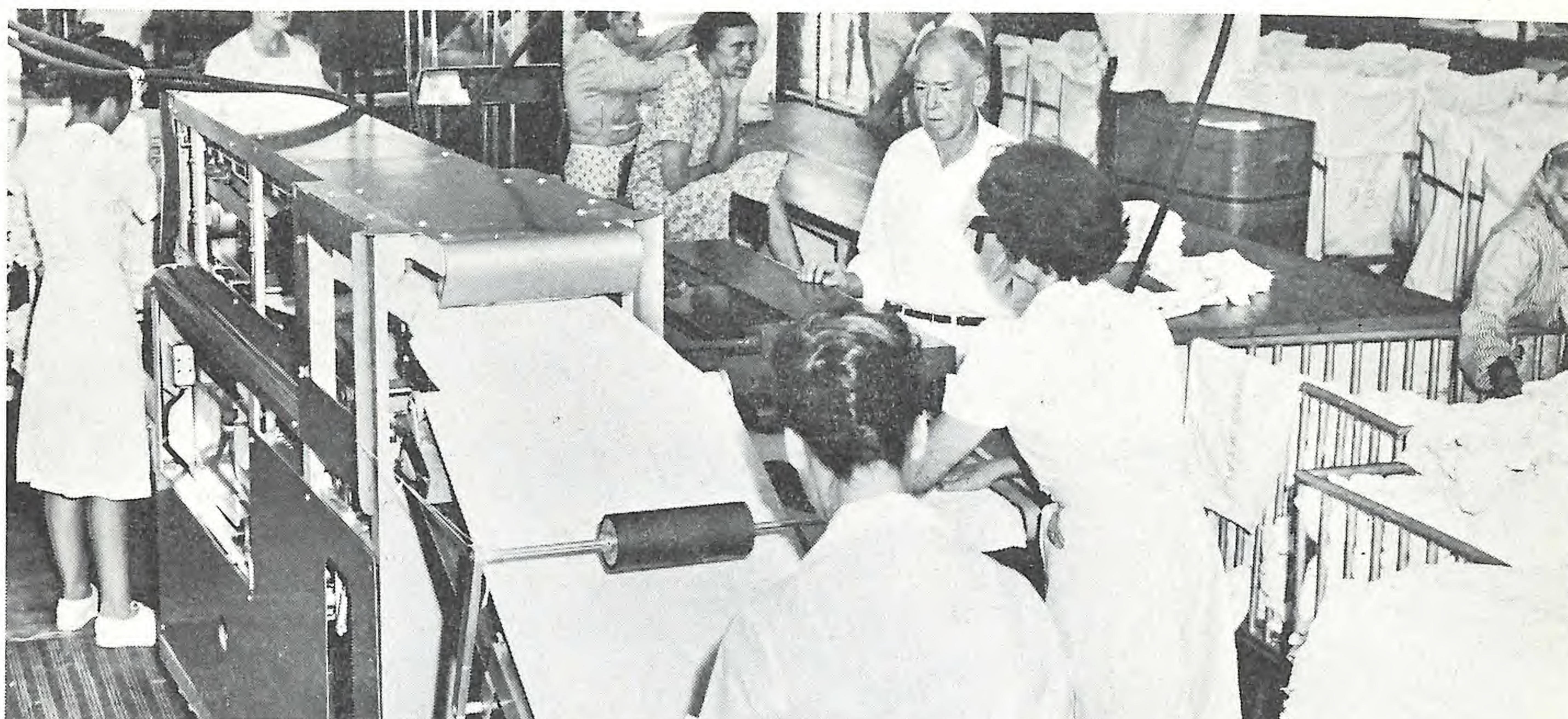
Meat and Dairy Products	32,334.98	
Poultry Products	28,855.99	
Fresh Produce	16,338.73	
	<hr/>	\$ 77,529.70

GOVERNMENT SURPLUS PRODUCTS:

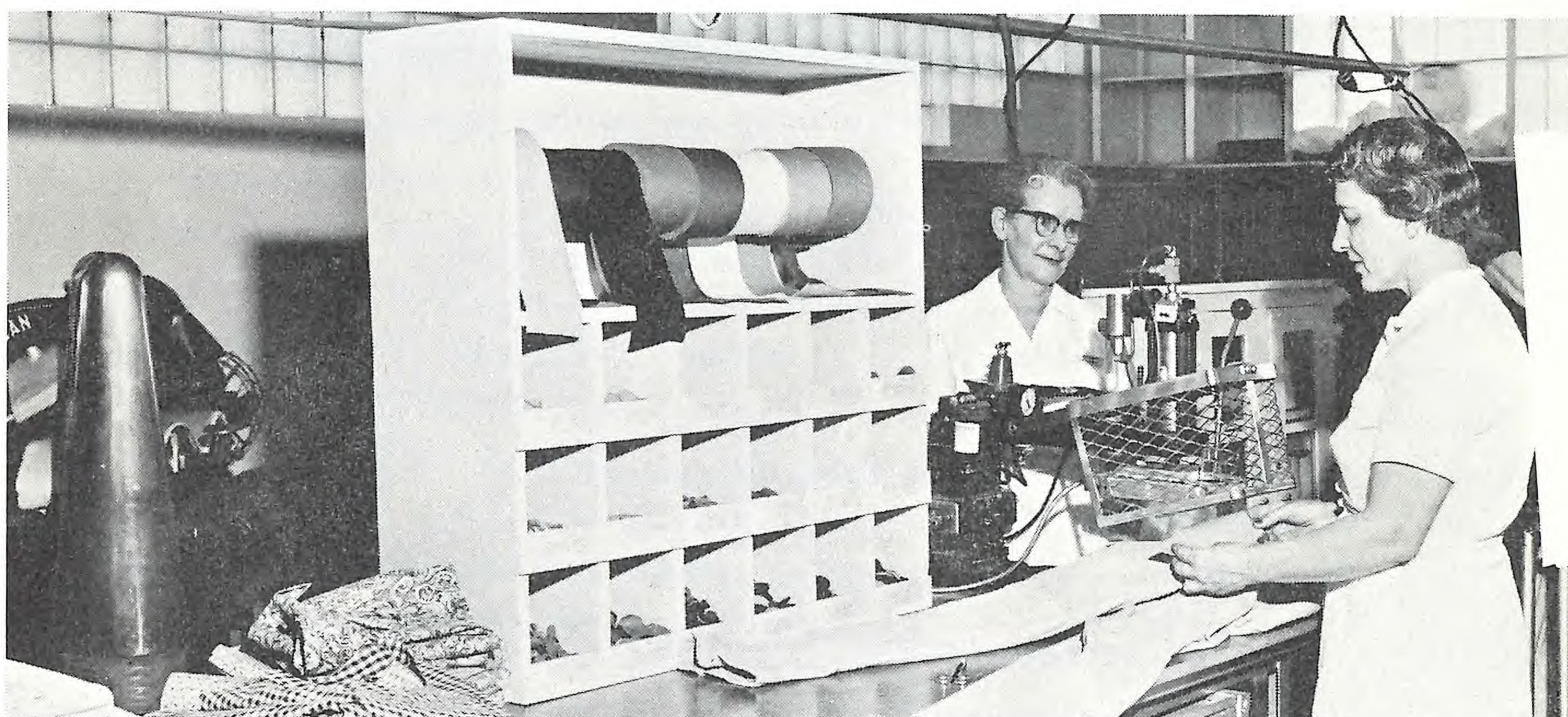
Butter	566 cases	
Rice	50 sacks	
Dry Milk	277 cases	
Poultry Meat	107 cases	
Bread Flour	200 sacks	
Flour	837 sacks	
Dry Eggs	180 cases	
Lamb	144 cases	
Lamb, carcasses	25	
Wholesale Value		\$ 38,799.88
Total Handling Cost		2,055.80
		<hr/>
		\$ 36,744.08
Total Value		<hr/>
		\$395,701.11

Patients' Entertainment Fund

A.	Cash Receipts	\$59,890.83	
	Credit for May Industrial Cards	1,006.00	
	Total Receipts	\$60,896.83	
	Receipts Itemized:		
	Coffee Shop Sales	\$26,743.25	
	Coffee Shop Cards purchased by Individuals	20,229.10	
	Industrial Cards Purchased by State	10,777.00	
	Vending Machine Sales	1,906.30	
	Refunds from Vendors	42.63	
	Refunds from Industrial Commission	13.55	
	Reimbursement for Discharge Money	110.00	
	Donations	69.00	
		\$59,890.83	
	Credit for May Industrial Cards	1,006.00	
	Total Receipts	\$60,896.83	
B.	Expenditures	\$75,972.54	
	Expenditures Itemized:		Direct Expense
	Merchandise Purchased	\$49,797.57	\$49,797.57
	Coffee Shop Cards Refunded	1,302.13	1,302.13
	Salaries	6,920.13	6,920.13
	Federal Withholding Tax	843.20	843.20
	Industrial Commission	75.51	75.51
	Surety Bonds	75.00	75.00
	Rental on Vending Machines	198.00	198.00
	Miscellaneous Expenses	177.61	177.61
	Purchases for Patient Entertainment and Equipment (Listed, Item F)	\$16,583.39	
	Total Expenditures	\$75,972.54	
	Total Direct Expense		\$59,389.15
C.	Beginning Inventory	\$ 2,122.28	
	Closing Inventory	2,188.16	
	Inventory Gain	65.88	
D.	Profit or Loss:		
	Receipts	\$60,896.83	
	Inventory Gain	65.88	
		\$60,962.71	
	Direct Expense	\$59,389.15	
	ACTUAL NET PROFIT	\$ 1,573.56	



New automatic folding machine in Laundry



Operating the new "instant patcher."



New conveyor delivers wet wash to the new tumbler conditioner.

E. Bank Balance June 30, 1960	\$16,198.78
Deposits	+ 59,890.83
Unused Fair Advance	+ 190.00
Return of Loans for Hospital use	+ 2,647.93
Corrections	+ 7.60
	<hr/>
	\$78,935.14
Checks Written	— 78,744.29
Check Books Purchased	— 6.04
Corrections	— 7.30
	<hr/>
Bank Balance July 1, 1961	177.51
Loans Outstanding June 30, 1961	1,082.70
Loan for Change	21.00
Cash on Hand	149.43
	<hr/>
Actual Fund Balance June 30, 1961	\$ 1,430.64

F. Purchases for Patient Entertainment and Equipment:

Church Hymnals	\$ 132.21
Patients to State Fair	760.00
Donation to Social Service for Discharge Money	270.00
Patient Watch Repair	71.00
Patient Garden and Poultry Workers	193.00
Patient Radio Repair	7.88
Dry Cleaning for Patient	1.50
Bird Seed	8.00
Projector 16 MM for Recreation	583.23
Equipment for Coffee Shop	14,556.57
	<hr/>
Total	\$16,583.39

Farm Production and Operating Report

Production

Total Garden Produce	328,871 lbs.		\$16,338.73
Dairy Products:			
Milk, Whole	43,279 gal.	\$21,270.28	
Beef, Butchered	33,921 lbs.	11,064.70	
		<hr/>	
Total Dairy Products			\$32,334.98
Poultry Products:			
Eggs.	66,270 doz.	23,288.55	
Turkeys	18,617 lbs.	4,940.64	
Chickens	4,644 lbs.	626.80	
Total Poultry Products			\$28,855.99
Total Food Delivered to Dietary Service			77,529.70



Inspecting production in the new poultry cage house.

Production, Harvested for Consumption by our Livestock:

Alfalfa Hay	257 tons	9,252.00
Milk fed to calves	4,561 gal.	2,244.26
Milk fed to poultry	269 gal.	132.24
		<hr/>
		\$11,628.50

Operating Expenses (Three Months' Farm Operation)

Contractual Services:

Electricity	372.86
Care of Animals	295.66
Maintenance of Grounds	25.00

\$ 693.52

Supplies, Materials and Parts:

Dairy Feed	\$11,710.22
Poultry Supplies	42.87
Agricultural	1,280.06
Irrigation Water	396.25
Poultry Feed	16,055.22
	<hr/>

\$29,484.62

Personal Services — Farm Salaries 23,199.01

Total Operating Expense \$53,377.15

Total Value of Farm Products \$77,529.70

Total Cost of Operation 53,377.15

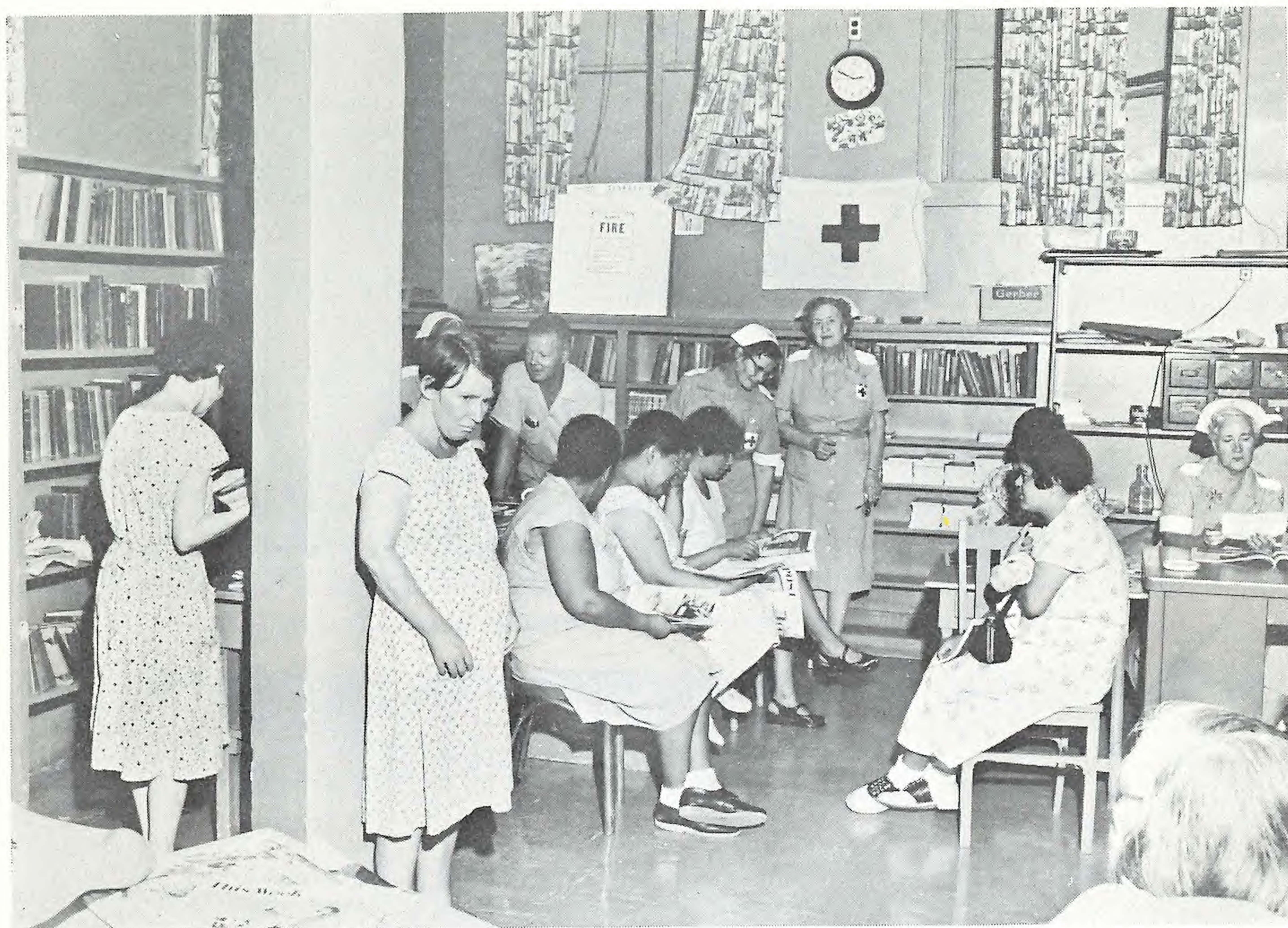
Net Profit \$24,152.55

In October of 1960, the Arizona State Hospital Farm was turned over to representatives of Brigham Young University. This report reflects operation of the Farm for only a portion of the fiscal year. There continues a vegetable and poultry operation on the hospital grounds.

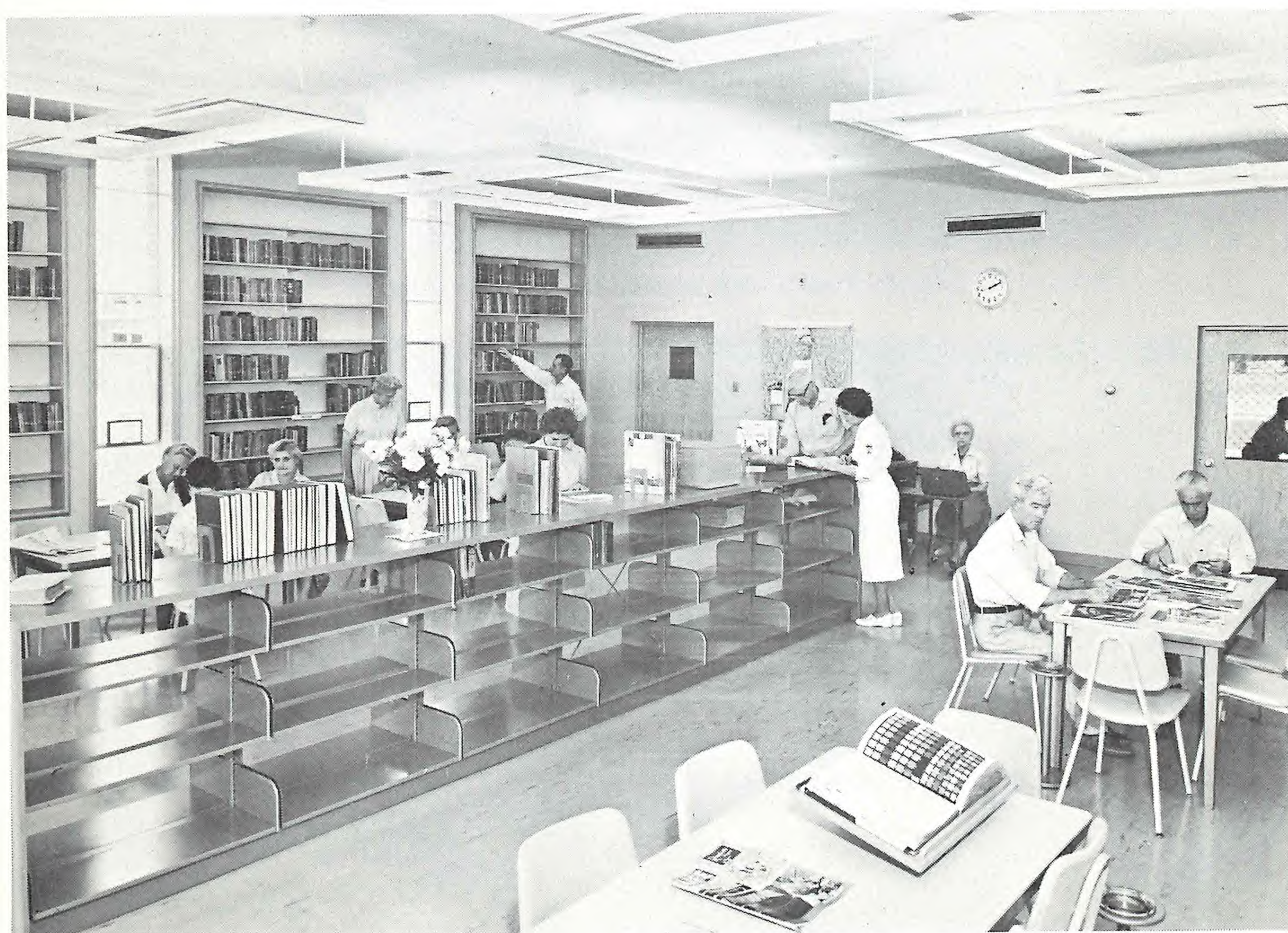
“BEFORE AND AFTER”







Patients' Library as it used to be.



New patients' library ready for additional reading material.



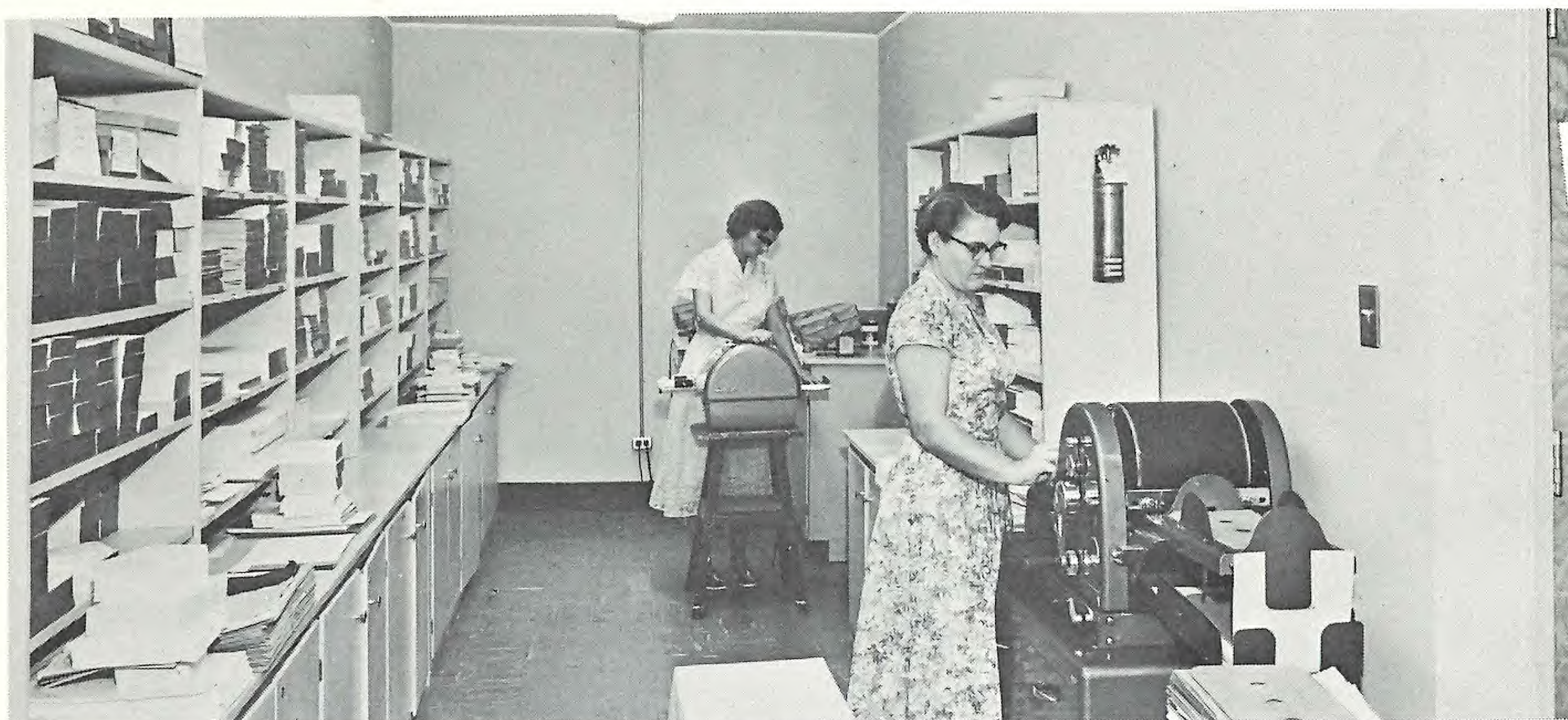
Patients and employees serving customers at the old Canteen.



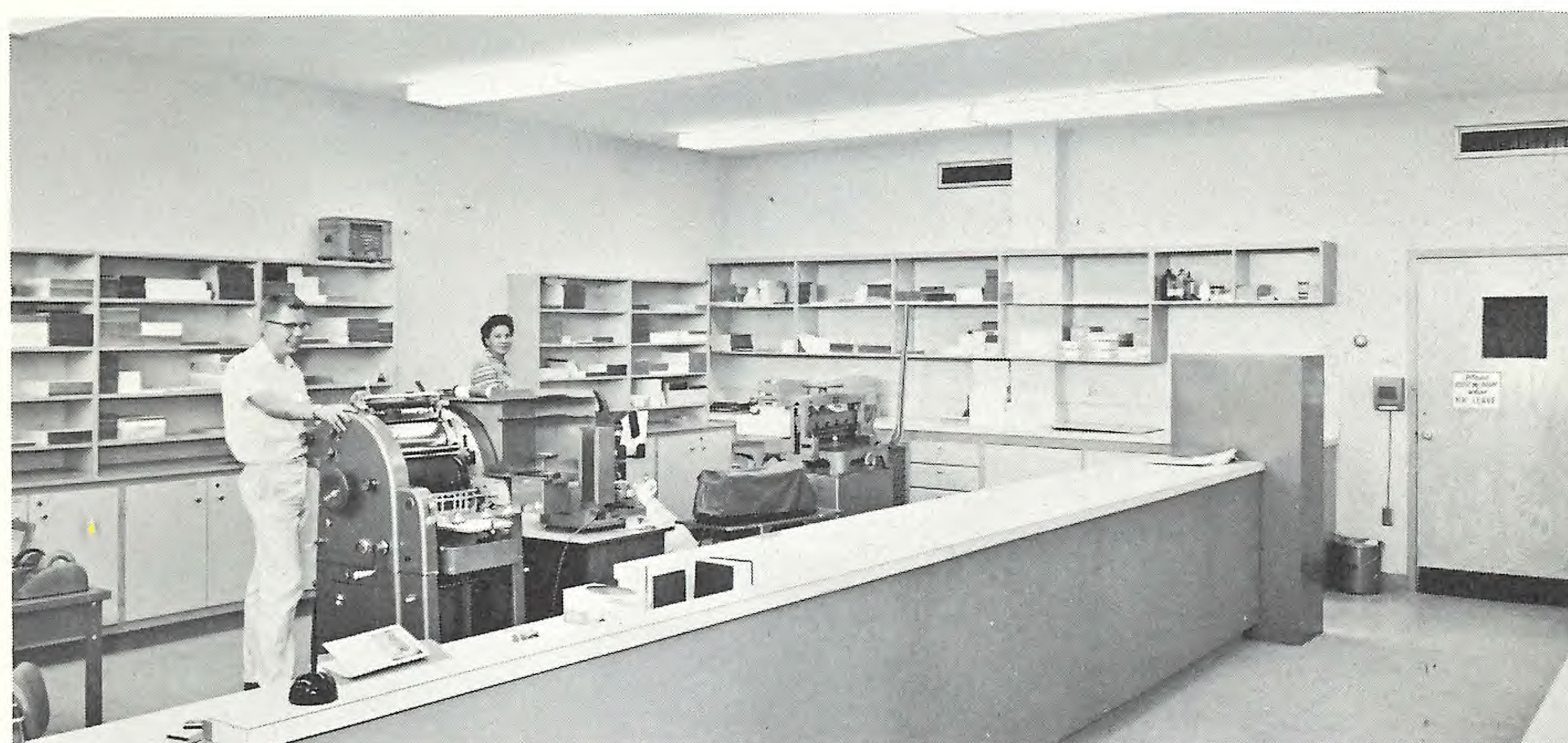
Patients awaiting service at the old Canteen.



Patients, employees and visitors being served in the new Coffee Shop.



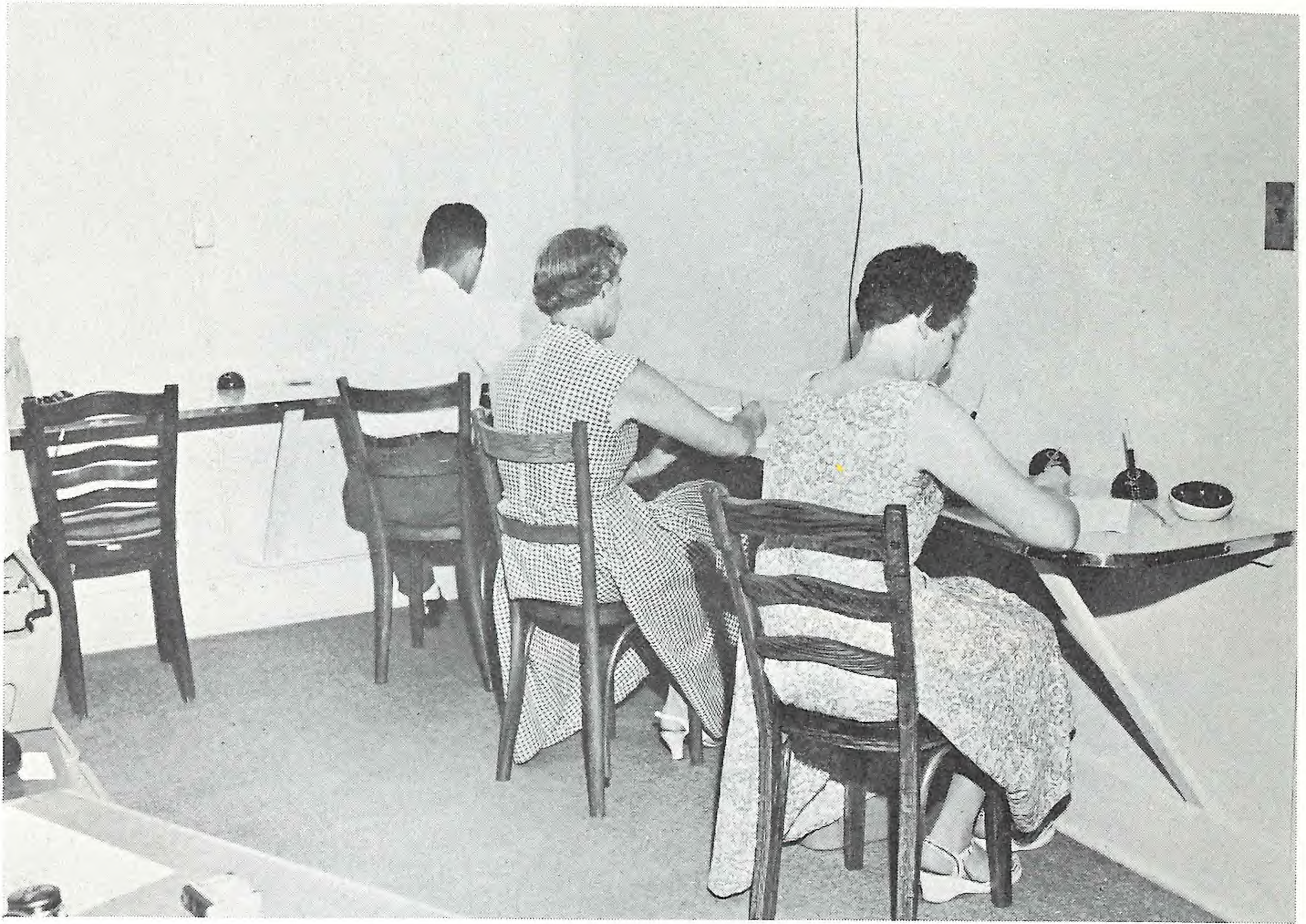
Old duplicating office.



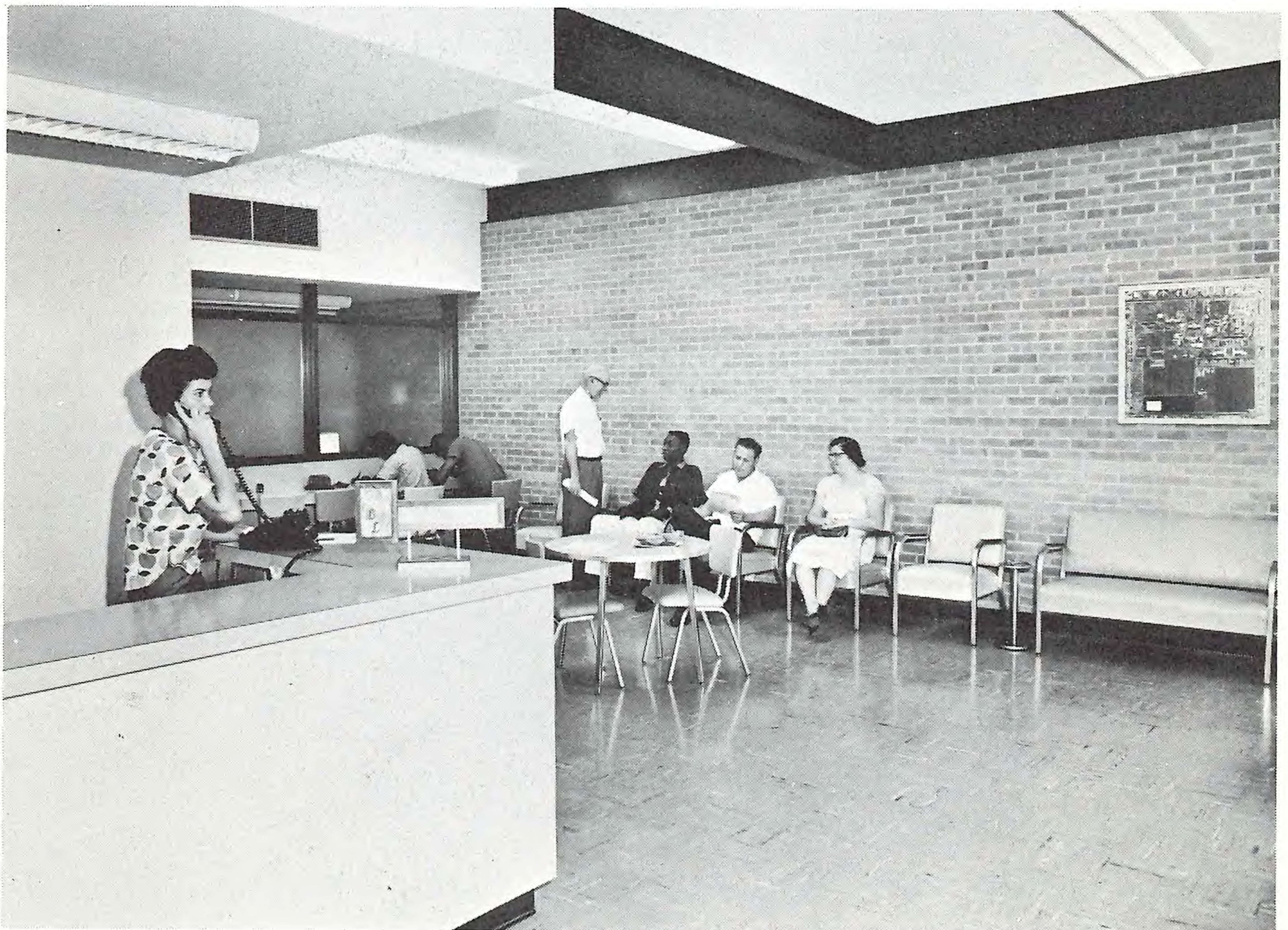
Offset Printer and related equipment in the new duplicating office.



Letterpress and other duplicating equipment in the new office.



Applicants for positions seated in the old Personnel headquarters.



The lobby of the new Personnel Building.



Crowded conditions in the former Central Supply area.



A portion of the new Central Supply area.



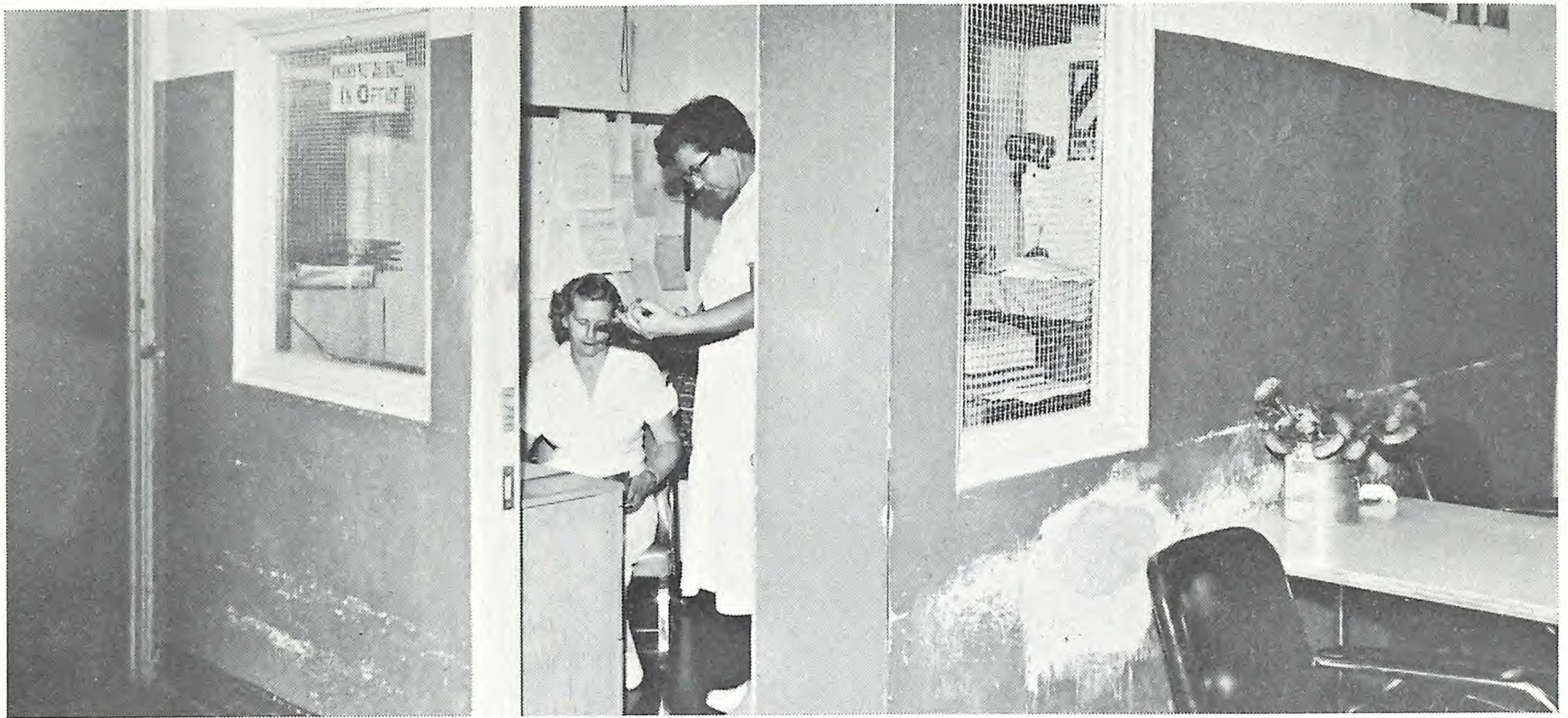
Employees in the former Recreational Therapy Lounge.



One corner of the new Recreational Therapy Lounge.



Patients work out in the gymnasium area in the Recreational Therapy Lounge.



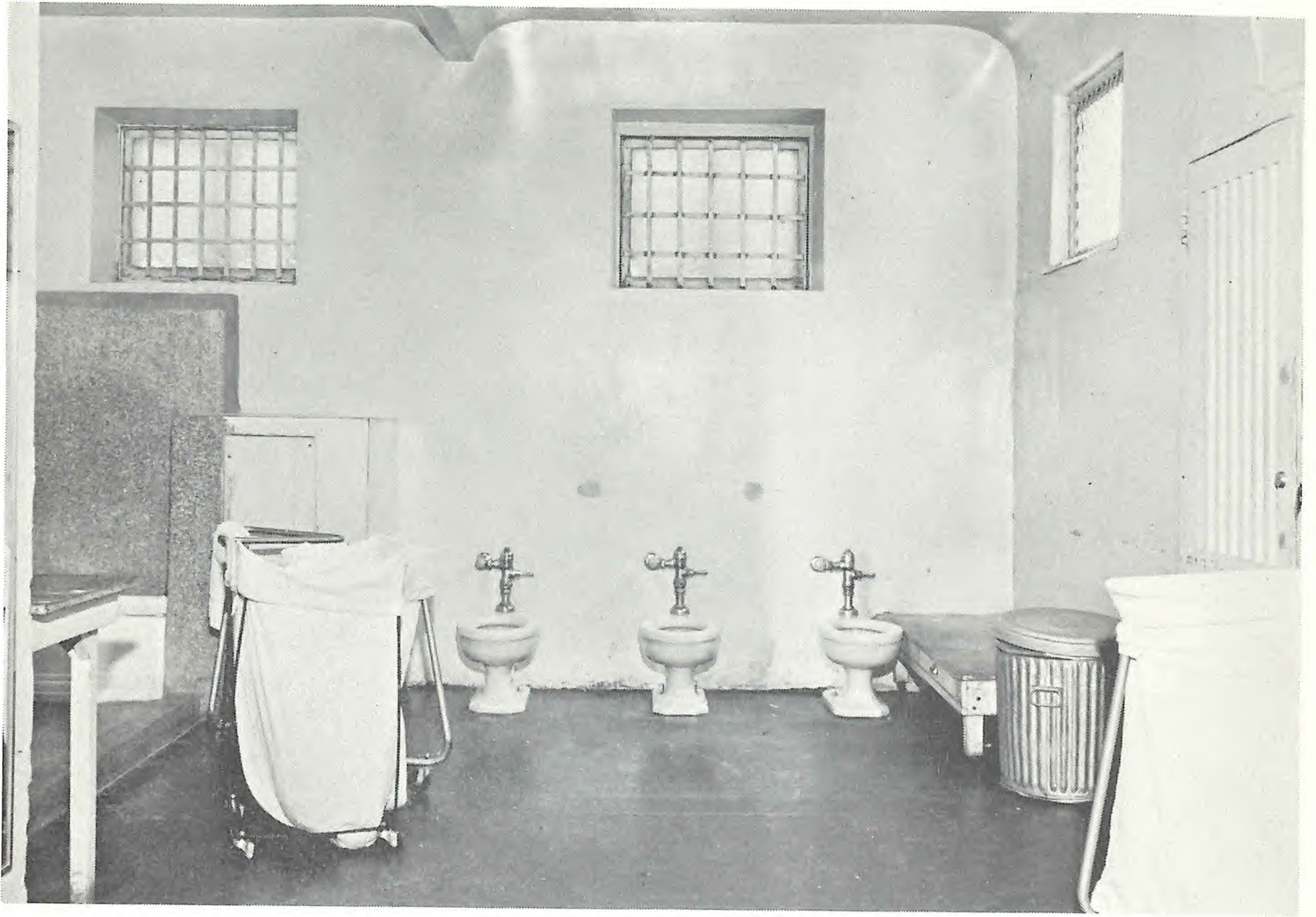
Nursing Station in Building-A, as it was last year.



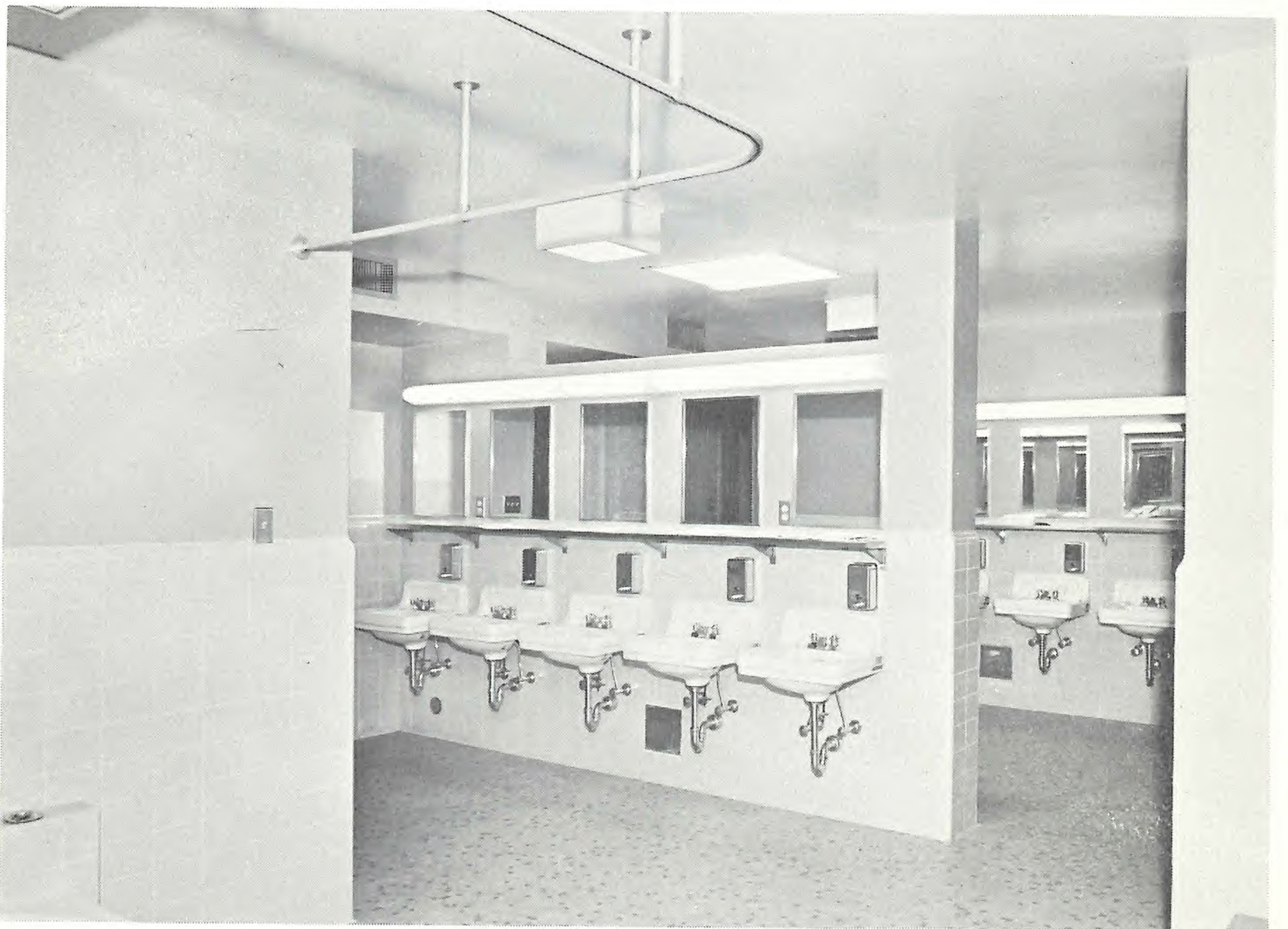
Nursing Station in the revised Building-A.



Dayroom with reading and visiting areas in the revised Building-A.



One portion of the bathroom area in the women's Building-A, as it was last year.

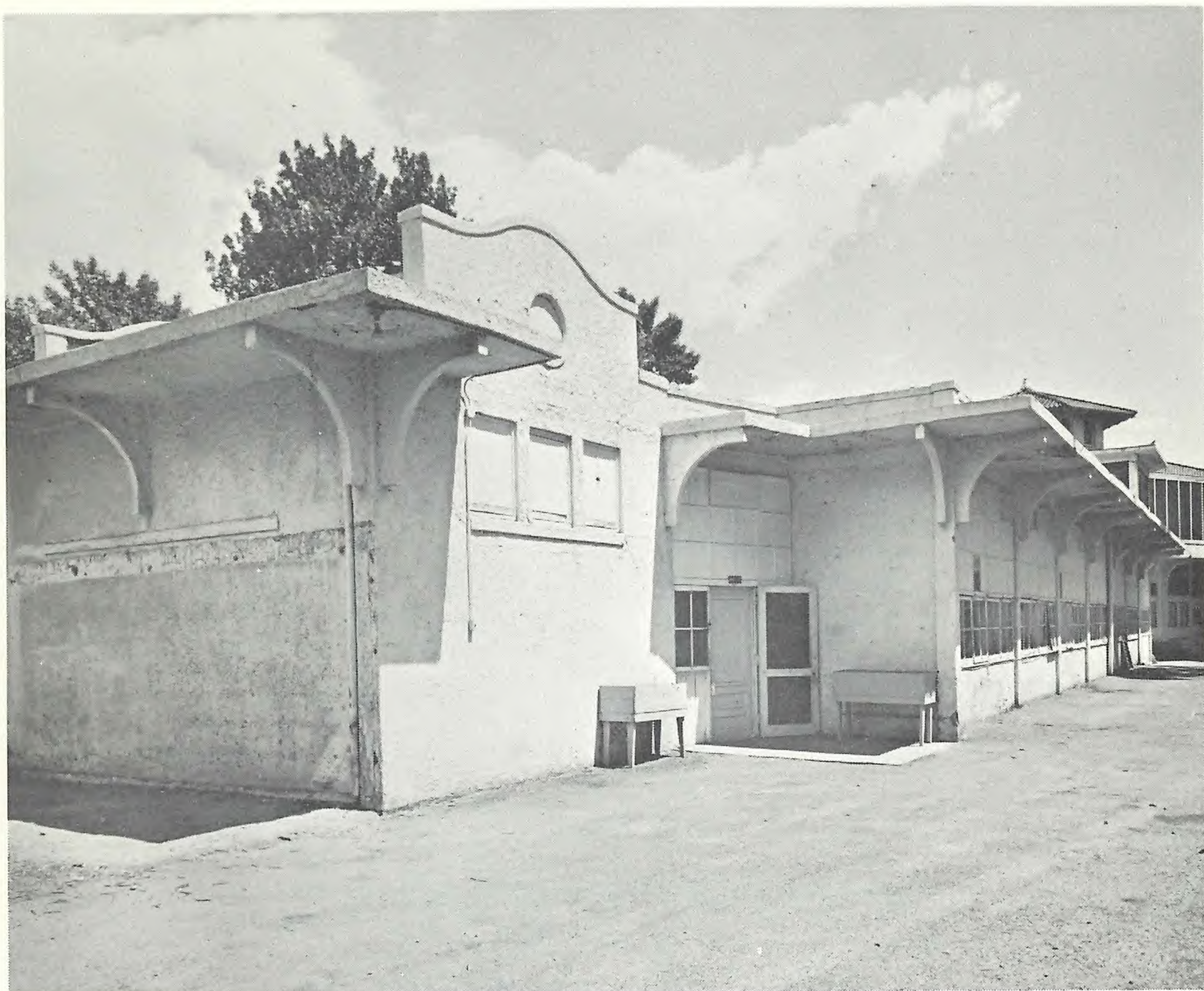


A portion of the bathroom area in the revised Building-A. Not shown in this picture are other bathroom facilities affording necessary privacy.

A full-page photograph of a desert canyon. A large, reddish-brown rock formation dominates the upper half, featuring a prominent natural archway. Through the arch, a bright blue sky with scattered white clouds is visible. The lower half of the image shows the rugged, layered rock walls of the canyon, with some sparse green vegetation and small trees growing on the left side. The overall color palette is dominated by the warm, earthy tones of the rock and the cool blues of the sky.

“STILL NEEDED”





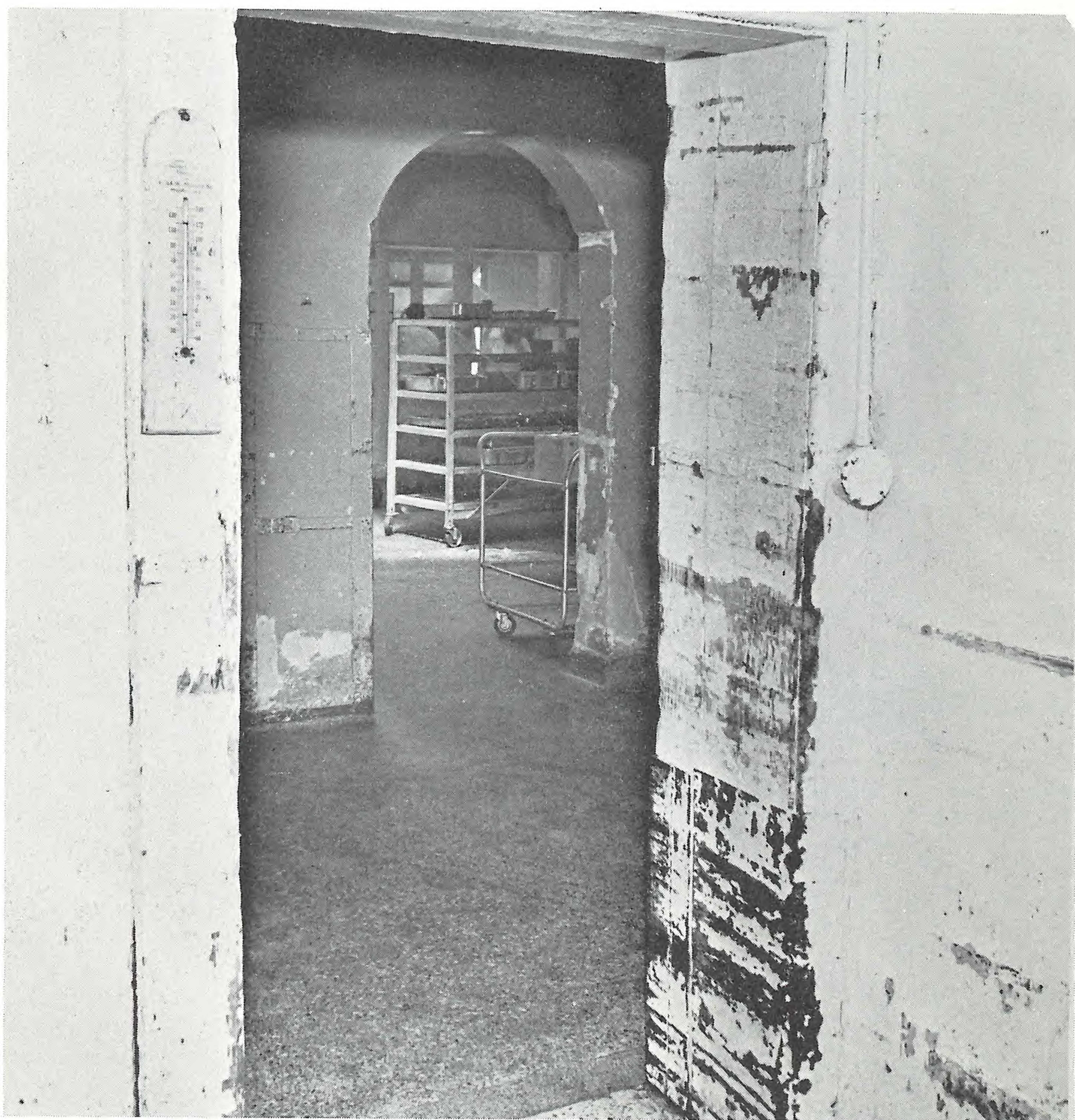
This "last century" building is scheduled for gradual removal as other new buildings progress.



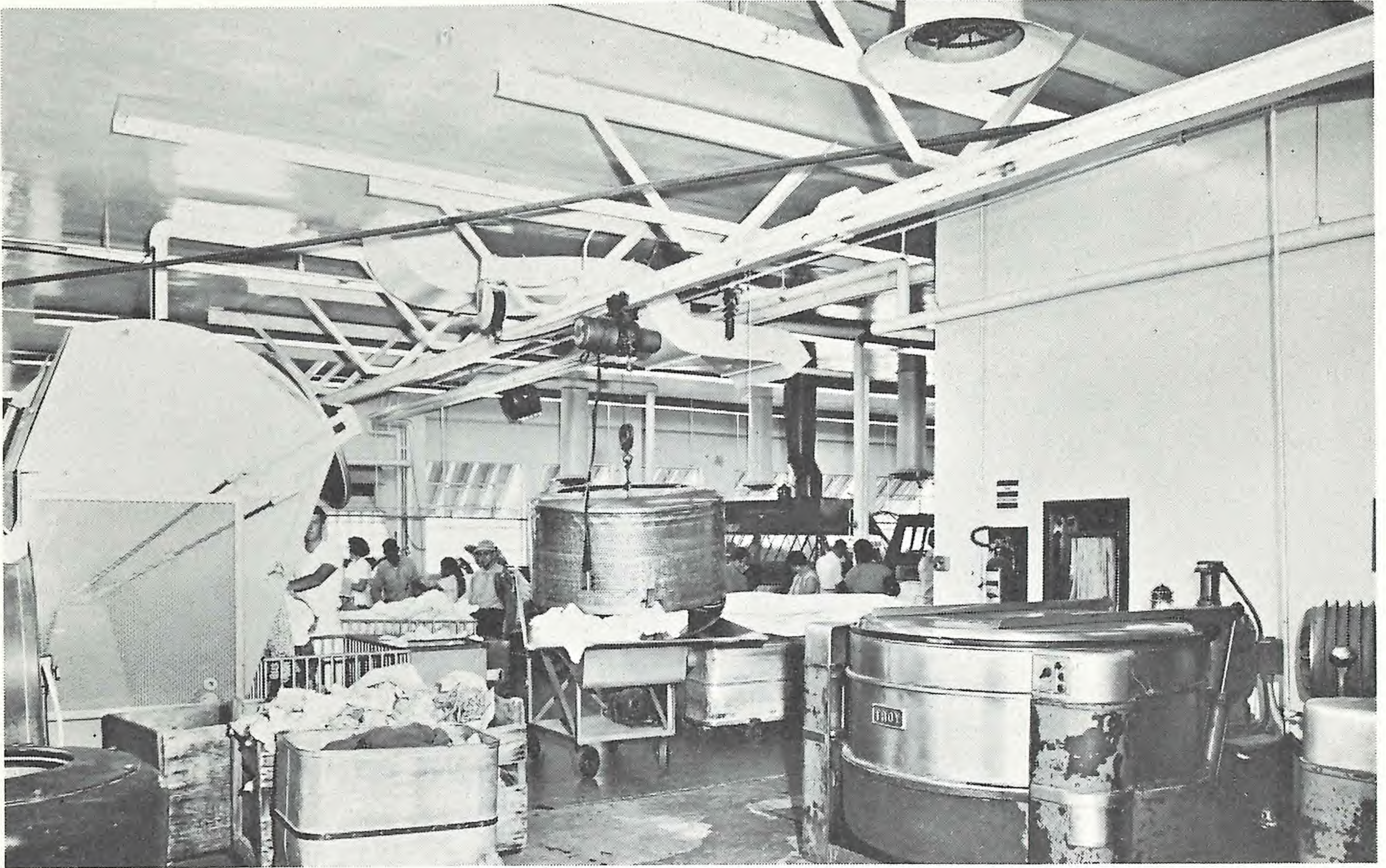
Looking up through the ceiling of one section of the Hospital's Main Kitchen. It is obvious that this much-repaired building should be replaced with new Dietary facilities.



Patients prepare vegetables for the Main Kitchen in an area that is difficult to maintain in order to meet required food-handling standards.



A view from the Main Kitchen cold box into the bakery area demonstrates the continual repair work required on this old Dietary facility.



The new General Services Building will remove some functions currently housed in the Laundry building. This will allow proper location of laundry equipment to remove such bottlenecks as are shown here.



The Dietary Department stores a minimum supply of foods for immediate use. It is housed in an old building, shown here, and should be incorporated in a new Dietary structure.



Our annual picture of "the building that cannot be repaired."



Case goods and dry groceries are purchased (economically) in quantities larger than can be easily accommodated in our present Storeroom. This storage problem will be relieved when the new Dietary building is erected.



